



SLEEPY TIMES

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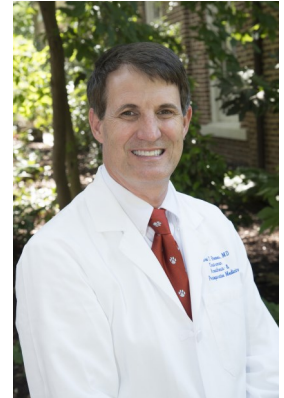
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MESSAGE FROM THE CHAIRMAN: CARLEE CLARK MD AWARDED THE INAUGURAL LATHA HEBBAR, MD ENDOWED CHAIR IN ANESTHESIOLOGY

-SCOTT T. REEVES, MD, MBA

As the department begins 2024, I cannot think of a better start to the new year than to recognize Dr. Carlee Clark as the first recipient of the Latha Hebbar, MD Endowed Chair in Anesthesia and Perioperative Medicine. The MUSC Board of Trustees approved the department's recommendation at their recent board meeting.



Latha Hebbar M.D. Endowed Chair in Anesthesia and Perioperative Medicine

The Latha Hebbar M.D. Endowed Chair in Anesthesiology was created to recognize the substantial contributions of Dr. Latha Hebbar to the department. She has frequently been awarded the resident teacher of the year and has dedicated her professional life to the development of the next generation of anesthesiologists. She has taken her love for resident education and expanded it to include faculty development in her role as the Vice Chair for Faculty Development. The entire department owes her a debt of gratitude for their personal and professional development. Without question, she exemplifies what it means to be an academic anesthesiologist, mentor and friend.

A native of India and now a United States citizen, Dr. Hebbar earned her medical degree and completed Anesthesiology residency in India followed by training in Anesthetics in the United Kingdom. Her US medical training began at MUSC in 1994 as a PGY 4 anesthesia resident. Upon completion of residency at MUSC, she remained here to begin her now 27-year tenure progressing from a basic science research fellow in cardiothoracic anesthesia to Professor and Vice Chair for Faculty Development.

Dr. Hebbar has been an integral part of the various missions of the department, serving as the Program Director for the Residency Program, Medical Director of Non-Operating Room Anesthesia, Chair of the Quality Improvement Committee, Chair of the Resident Clinical Competency Committee, Director of Obstetric Anesthesiology and, most importantly, Vice Chair for Faculty Development. As Vice Chair for Faculty Development, she has promoted and developed a robust departmental faculty mentoring program. She is the founding faculty member of the College of Medicine's Anesthesia Interest Group and continues to serve as a mentor for aspiring medical students interested in anesthesiology.



OPENING STATEMENT CONTINUED

With her clinical interests in obstetric, liver transplantation and neuro-anesthesia, she is well published with over 130 presentations and publications in obstetric, transplant, cardiothoracic, and other prominent anesthesia journals. She has addressed academic communities at international, national, and regional meetings. She is an active member of her professional societies and is a contributing author to the American Society of Anesthesiologists Continuing Medical Education publications in both general and obstetric anesthesiology areas. In 2017, she was named the Claudia Oxner Simmons Endowed Chair in Anesthesiology.

Dr. Clark received her B.A. degree in Psychology from Miami University and her M.D. degree from the Ohio State University College of Medicine and Public Health. She completed an internship at Riverside Methodist Hospital, followed by a residency in anesthesiology at Columbia University/New York Presbyterian Hospital, serving as chief resident. She then completed a fellowship in Critical Care Medicine at Columbia University/New York Presbyterian Hospital. At the completion of her fellowship, she joined the faculty at MUSC as an Assistant Professor and has now achieved the rank of Professor.



After a brief acclimation period to MUSC, Dr. Clark immediately began assuming administrative roles within our department, next collaborating with other departments and then within the hospital. The increasing levels of responsibility led to her two current most significant clinical roles: Chief of the Anesthesia Integrated Center of Clinical Excellence (ICCE) and Vice Chair for Clinical Operations. Since being named ICCE Chief in 2014, the role has expanded exponentially primarily due to the growth of the Charleston Division and the recent inclusion of the Regional Health Network. In addition to these major clinical roles, she maintains a heavy clinical practice in the area of critical care medicine with assignments in the cardiovascular intensive care unit and operating rooms.

While completely fulfilling the missions of clinical care, education and research, Dr. Clark has contributed in significant roles in the area of administration at all levels:

- Global Health Rotation Director
- Medical Director of the Post Anesthesia Care Unit, Ashley River Tower
- Medical Director of the Operating Room, Ashley River Tower
- Associate Chief Medical Officer for Anesthesia Services
- Chief, Anesthesia Integrated Clinical Center of Excellence
- Vice Chair for Clinical Operations
- Society of Critical Care Anesthesiologists – Board of Directors; Chair, Membership Committee
- American Board of Anesthesiologists Applied Board Examiner

The most important factor in naming her the Latha Hebbbar, M.D. Endowed Chair are her leadership skills. At the time of her recruitment, it was obvious that she was destined to be a leader both within our department and specialty. Although self-driven, she has a unique leadership style consisting of being both a good listener as well as an excellent problem solver, which is evidenced by the way she engages with other groups. She frequently volunteers for tough health system-wide assignments as evidenced by her leadership during the COVID-19 pandemic with developing pre-procedural testing guidelines and perioperative personal protective equipment guidelines as a key member of the Health System Pandemic Executive Team.

I along with the whole department want to recognize these two remarkable women.

ADMINISTRATIVE STAFF HOLIDAY BREAKFAST



On December 14th, we took our administrative staff to breakfast. Good food and conversations were had by all. Thank you to this group for everything you do for the department!

TOYS FOR TOTS



We had another wonderful year of collections for our Toys For Tots program. We were able to collect over three huge boxes of toys for children. Because of all your donations and support, there are a lot of children in our less fortunate communities that received Christmas gifts this year. We look forward to helping again next year. Thank you for all of your donations! Y'all are awesome! Happy Holidays!!
-Trey Hiott

HOLIDAY DOOR DECORATING CONTEST

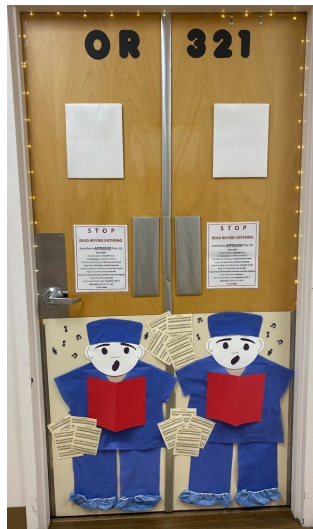
**1st Place—
Education Office**

**2nd Place—
RT CRNAs**

**3rd Place—Tie between Mary Chiappardi/
Kayla Pope and Trey Hiott**



HONORABLE MENTIONS—THANKS TO ALL WHO PARTICIPATED!





AMERICAN HEART ASSOCIATION HEART WALK—ANESTHESIA SLEEP WALKERS

The Lowcountry Heart Walk is **Saturday, February 25, 2023**. Please join the Anesthesia Sleep Walkers team from the link below!

Please keep an eye out for our department fundraising efforts!

[Click here to join our team!](#)



American Heart Association®

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CULTURAL AWARENESS AND EDUCATION; HAPPY KWANZAA

Dr. Michael C. Lewis, Interim Chairman of the Department of Anesthesiology, Wayne State University at Michigan State University College of Human Medicine has created an insightful series regarding holidays celebrated in the United States. The series is very well done and educational. Intermittently, they will be included in this year's Sleepy Times.

December 26 starts the uniquely African American celebration of Kwanzaa. Family and friends will gather in homes over the next six days until January 1st across this country to impart good tidings, break bread and share fellowship in honor of the holiday. Kwanzaa is a commemoration of African American culture concluding in a shared banquet termed Karamu, that is typically held on the sixth day. It was first celebrated in 1966. Both the name and the celebration were devised by Maulana Karenga, a professor of Africana studies at California State University and an important figure in Afrocentrism. It is an occasion for families and communities to gather, recall the past and celebrate African American culture.

Although it is thought of as a uniquely American celebration, additional countries that observe Kwanzaa include the United Kingdom, Jamaica, France, Brazil, and Canada. In the latter, it is observed in provinces including Saskatchewan and Ontario. Kwanzaa Week was initially announced in Toronto in 2018.

The holiday is created on the model of African harvest festival traditions from various parts of West and Southeast Africa. Kwanzaa is in fact a Swahili word that means "first." It signifies the first fruits of the harvest and is a celebration of African roots observed by people of all faith backgrounds. It is clearly not tied to any religion and was conceived as a nonpolitical and nonreligious holiday and is not considered to be a substitute for Christmas. In fact, the concepts and symbols of Kwanzaa derive from traditions and practices found throughout Africa and the African diaspora.

One of the fantastic things regarding Kwanzaa is the opportunity to be both expressive and creative. The holiday aims to inspire people to be united, self-determined, accountable for their communities, financially invested in African American owned businesses, purposeful with their lives, creative and full of faith. It is anchored by seven core principles known as the Ngozi Saba. Each of the seven days of Kwanzaa is dedicated to one of these principles:

1. Umoja: Unity
2. Kujichagulia: Self-Determination
3. Ujima: Collective Work and Responsibility
4. Ujamma: Cooperative Economics
5. Nia: Purpose
6. Kuumba: Creativity
7. Imani: Faith

The holiday is observed in numerous ways. Families often decorate their households with various objects of art, colorful African cloth such as Kente, especially the wearing of kaftans by women, and fresh fruits that are representative of African idealism. It is customary to include children in Kwanzaa ceremonies and to give respect and gratitude to ancestors. Libations are shared, generally with a common chalice. Food plays a large part in the celebration of Kwanzaa. Throughout the week, favorite African American dishes, as well as traditional African, Caribbean, and South American recipes, are on many menus.

CULTURAL AWARENESS AND EDUCATION CONTINUED

Other ways to celebrate may include drumming and musical selections, a reading of the African Pledge, reflection on the Pan African colors, a discussion of the African principle of the day or a chapter in African history, a candle-lighting ritual (daily lighting of the Kinara). On day one, the black candle—also known as the unity candle—is lit. On the second day, the red candle on the immediate right of the unity candle is burned. On day three, the green candle on the immediate left side of the unity candle is lit, and then the candles continue to alternate until you reach day seven, artistic performance, and, on the last day, a feast of faith Karamy Ya.

Kwanza has gained wider recognition. The first Kwanzaa stamp, designed by Synthia Saint James, was released by the US Post Office in 1997. In that same year Bill Clinton delivered the first presidential statement honoring the holiday. Succeeding presidents have also dispensed salutations to honor Kwanzaa.

Let us be united and strengthened in this expression of our diversity. Please join me in wishing all members of our team who celebrate, a "Joyous Kwanzaa".

RESEARCH CORNER

Pediatric Anesthesia

SHORT REPORT |  Full Access

The Correlation of Specific Temperament Domains with the Incidence of Pediatric Emergence Delirium

Nicole C. McCoy , Samuel P. Putnam, Jennifer Poon, Bethany J. Wolf, Andrew B. Barker



Nicole McCoy, MD

MUSC ALUMNI GOLF TOURNAMENT—FEBRUARY 25, 2023

Mark your calendars for some golf!

The 2nd Annual MUSC Anesthesia Alumni Golf Tournament will be **February 25, 2023** at **The Charleston Municipal Golf Course**. All affiliates and alumni of MUSC Anesthesia are invited! This will be a "Scramble" style tournament with **teams of four**, with awards and barbecue to follow the tournament.

Please enter your contact info into the google doc below so we can start working on getting teams registered to play. In addition, **please help forward this to MUSC alumni who may be interested**. There will be more details to follow in the coming weeks!

https://docs.google.com/spreadsheets/d/1TK6EJq0x-xgkftUKuGV6lyxXI8LleWgR23sO4e0U_TM/edit?usp=sharing



JOHN SCHAEFER, MD RETIRES BY SCOTT REEVES, MD

After 16 years at MUSC, Dr. John Schaefer is retiring. In 2006, Dr. Jerry Reeves, Dean of the College of Medicine and VP for Medical Affairs, recruited Dr. Schaefer to develop the MUSC simulation center that was housed in the College of Nursing building. Dr. Schaefer created the South Carolina medical simulation network including many hospitals and colleges throughout the state which was part of the Health Sciences South Carolina Center of Economic Excellence. In addition, he was the inaugural Lewis Blackman endowed chair in Clinical Effectiveness and Patient Safety, a Health Sciences South Carolina Center of Economic Excellence Chair. John developed many of our current and former faculty and assisted in the creation of our residents and medical students' simulation curriculum. Prior to his retirement, he allowed for a seamless transition of Dr. Catherine Tobin assuming the role of Director of the MUSC Simulation Center and the Lewis Blackman Endowed Chair in Clinical Effectiveness and Patient Safety. The new simulation center will open in early January 2023. The department sponsored a lunch in his honor on December 28. I know the whole department wishes him all the best in his retirement.



HOLIDAY PARTY 2022



HOLIDAY PARTY 2022



GRAND ROUNDS- JANUARY 2023



“Pediatric Informed Consent: Ethics, Principles, & Challenges”

January 3, 2023

Mariah Tanious, MD, Assistant Professor

**Dept. of Anesthesia & Perioperative Medicine
Medical University of South Carolina**

“QI Update and Fellows Topics TBD”

January 10, 2023

Amanda Redding, Associate Professor

Neil Patel, Pediatric Fellow

Madison Aspiri, Pediatric Fellow

Dept. of Anesthesia & Perioperative Medicine

Medical University of South Carolina



“Pediatric Regional Anesthesia: Safety and What's New at SJCH ”

January 17, 2023

Amanda Bunnell, MD, Assistant Professor

**Dept. of Anesthesia & Perioperative Medicine
Medical University of South Carolina**

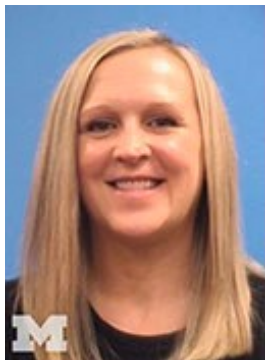


“Pediatric Noninvasive Assessment of Volume Responsiveness ”

January 24, 2023

Jenna Sobey, MD, Associate Professor

**Department of Anesthesiology
Vanderbilt University Medical Center**



“Pediatric Spinal Anesthetic: Relevance, Benefits, & Implementation”

January 31, 2023

Ashlee Holman, MD, Associate Professor

**Department of Anesthesiology
University of Michigan Health**

DEPARTMENT OF ANESTHESIA AND
PERIOPERATIVE MEDICINE

Email: hameedi@musc.edu
Phone: 843-792-9369
Fax: 843-792-9314



I HUNG THE MOON

Please don't forget to nominate your co-workers for going 'Beyond the Call of Duty.' I Hung The Moon slips are available at the 3rd floor front desk and may

[CHECK OUT OUR WEBSITE](#)

Future Events/Lectures

Intern Lecture Series

1/5—Anesthesia for GI Surgery—Ellen Hay

1/19—Endocrinology—Chris Fatora

CA 1 Lecture Series

1/18—Maternal & Fetal Physiology; Obstetric Anesthesia—Michael Marotta

1/25—Geriatric Anesthesia—Savannah Hurt

CA 2/3 Lecture Series

Per Rotations



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Twitter:

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<https://www.instagram.com/musc.anesthesiology/>

 Follow @MUSC_Anesthesia



Graduation
Friday, June 16th, 2023 6:00pm
Founders Hall

ONE MUSC Strategic Plan

We Would Love to Hear From You!

If you have ideas or would like to contribute to *Sleepy Times*, the deadline for the February edition will be January 20, 2023.