



# SLEEPY TIMES

VOLUME 16, ISSUE 11 NOVEMBER 2022

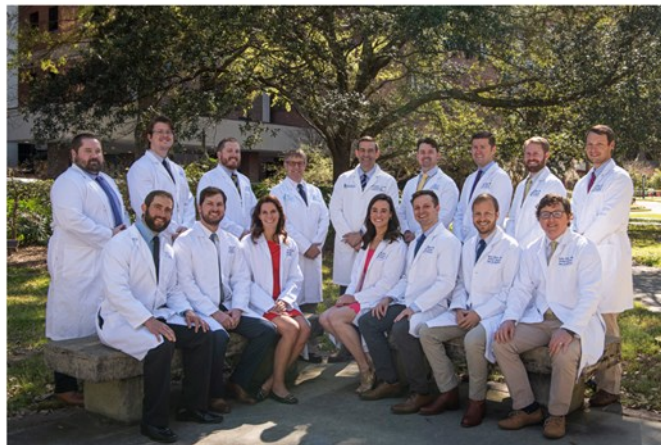
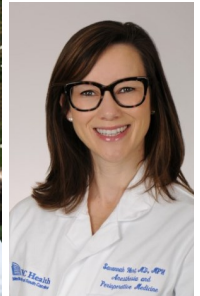
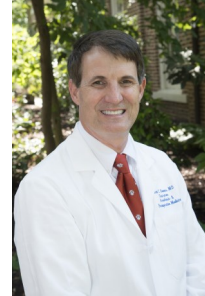
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**MESSAGE FROM THE CHAIRMAN: EDUCATION SPOTLIGHT BY SAVANNAH HURT, MD**

**-SCOTT T. REEVES, MD, MBA**

The inaugural class of MUSC Department of Anesthesia Residency training was established in 1950 by Dr. John Marion Brown with one trainee – Dr. Emily McDuffie Ferrara. Since those humble beginnings, we have grown into a department of 87 faculty attendings, 60 (current) residents, eight fellows, and have four different locations across our downtown Charleston campus for trainees in which to rotate. It is truly a testament to the steadfast promotion of clinical education, excellence in patient care, and advancement of medicine within our department to see how far we've come in such a short time.



Resident Class of 2022

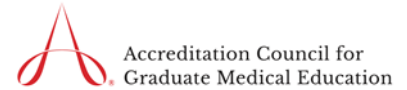


\*\*\*Most recent graduates of MUSC Anesthesiology Residency Program\*\*\*

Follow @MUSC\_Anesthesia

## OPENING STATEMENT CONTINUED

It is with great enthusiasm that we would like to formally announce that MUSC has been approved by AC-GME for 18 residents per class. With 72 resident physicians, we are now one of the largest Anesthesiology training programs in the Southeast and only one of two programs in South Carolina. Even with this 20% increase in the size of each class we certainly don't anticipate any issues filling these positions as we've had over 1750 applications for the Class of 2027!



With that being said, we have officially entered recruitment season – AKA the most wonderful time of the year! We had our first interview in mid-October, and the wheels won't slow down until Christmas. There was an outpouring of faculty interest in conducting interviews this year, which is certainly a demonstration of how invested our department is in education and the selection of top tier future residents. This is also an opportunity to show off what a diverse and collaborative group of attending faculty we have in regard to sub-specialty training, clinical work, and research interests.

### Education Website Revitalization

As mentioned last month, we are doing an overhaul of our Education portion of the departmental website including new organizational structure, LOTS more information, and new professional pictures. We'll have a professional photographer coming through our clinical locations in early November to capture some of the extraordinary work that our faculty, residents and staff are doing on a daily basis.

You will also find a new section highlighting our department's Diversity, Equity, and Inclusion initiative. This committee is composed of individuals from all parts of our department including faculty, residents, CRNAs, anesthesia techs, administrative and research staff. Over the next few weeks, the DEI Committee will be meeting to create a mission statement and other initiatives going forward. Stay tuned for further updates and details regarding their work.

**Anesthesia & Perioperative**

- Residency Training
- Application Process
- Career Development & Advisors
- Clinical Experience
- Didactics
- Commitment to Diversity
- Meet Our Residents
- Research Opportunities
- Resident Career Paths
- Resident Life
- Teaching Hospitals
- Workshops SIM And Journal Club

### Meet Our Residents

#### Meet our Current Residents

**MUSC**  
2022-2023 CA-3 Class

**Chief Residents**

- Melissa Mahajan, MD
- Chloe Regalado, DO
- Blaine Thomas, MD

**Resident Photos:**

- Mark Anderson, MD
- Stephen Coates, MD
- Stephen Evans, MD
- Willy Elmore, MD
- Mary Fox, MD
- Daniel Goring, MD
- Blake Winkles, MD
- Alexa Huntington, MD
- Andrew Spence, MD
- Austin Ryan, MD
- Brendan Hines, MD
- Stephen Beall, MD

#### Chief Residents

**Melissa Mahajan, MD** - Dr. Mahajan is from upstate NY (Go Bills) and went to undergrad at Hobart and William Smith Colleges. She went on to medical school in Syracuse at SUNY Upstate. She moved down to the low country with her fiancé Pat who is a resident here in urology. They have two cats and a dog who they love bringing on outdoor adventures, whether it's to a brewery or to the beach!

**Chloe Regalado, DO** - Born in College Station, raised in San Antonio, TX apparently Dr. Regalado came into this world just as expressive (some would say loud) as she is today. She received her undergraduate degree in Biomedical Sciences at Texas A&M University and worked in property management all throughout college. Following a Master's degree, she went to medical school at TCOM in Fort Worth where she was accepted off the waitlist on the first day of orientation because someone didn't show up. Easily the most chaotic 24 hours of her life. In her fourth year of med school, she did an away rotation here at MUSC and that's when she realized she had found her people. She was fortunate enough to match here later that year. It's been a minute now and even on the longer days, Dr. Regalado says that she is so thankful she gets to be around and learn with great people she gets to call friends. When not at work, she enjoys spinning on Peloton, finding new sours at any of the local breweries, and zipping around downtown in her golf cart with her significant other, Jerad (recent MUSC Anesthesia grad), their roommate Jake (one of her co-CA3's) and the most important member of their household, their black lab, Duke.

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**Contact Us**

**Anesthesia and Perioperative Medicine**

Department Main: 843-792-2322

Pain Clinic: 843-792-2500

Pain Clinic Fax: 843-876-0848

Department Fax: 843-792-9314

167 Ashley Avenue  
Suite 301  
MSC 912  
Charleston, SC 29425-9120

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### Resident Career Paths



Resident Class of 2022

#### Career Paths of Graduated Residents

##### Chief Residents

- Matthew Graves, MD:** CT Anesthesia Fellow- MUSC, Charleston, SC
- Nicholas Papadea, MD:** Anesthesiologist- Prisma Health Baptist & Parkridge Hospitals, Columbia, SC

- Blake Winkles:** Anesthesiologist- Prisma Health Palmetto Baptist, Columbia, SC

##### Resident Class of 2022

- Madison Aspirit, MD:** Pediatric Anesthesia Fellow- MUSC, Charleston, SC
- Jared Beall, DO:** Anesthesiologist- Roper Hospital, Charleston, SC
- Drew Boehmer, DO:** Anesthesiologist- Metro Anesthesia, Dallas, TX
- Taylor Carter, MD:** Anesthesiologist- Specialty Management Solutions of Ouachita, Monroe, LA
- Eugene Cicardo, MD:** Anesthesiologist- Mid-Louisiana Anesthesia Consultants, Alexandria, LA
- Dudley Colhoun, MD:** Anesthesiologist- Roper Hospital, Charleston, SC
- Matthew Kofeod, MD:** Anesthesiologist- Prisma Health, Greenville, SC
- Hill Felton, MD:** Anesthesiologist- Carolina East Medical Center, New Bern, NC

# OPENING STATEMENT CONTINUED

Anesthesia & Perioperative

Clinical Experience

Teaching Hospitals

## Teaching Hospitals

Learn more about the teaching hospitals that each resident will rotate through during their time at MUSC below.

**Medical University Hospital-** This is the main hospital at MUSC, which is a 700-bed University hospital and research center. MUSC educates and trains more than 3,000 students and 700 residents in 6 colleges (Medicine, Dental Medicine, Nursing, Pharmacy, Health Professions, and Graduate Studies). The MUSC University Hospital has been named a "Top 100" hospital for the last 10 years.



**Ashley River Tower-** First opened in 2008, Ashley River Tower (also referred to as ART) is an example of MUSC's commitment to patients and their families. This is a 156-bed hospital that includes an ICU, ORs, and Labs.



Rutledge Tower



Shawn Jenkins Children's Hospital- Shawn Jenkins Children's Hospital has

Home > Residency Training > Resident Life > Living in Charleston

## Anesthesia & Perioperative

### Resident Life

Benefits

Living in Charleston

Resident Wellness

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## Living in Charleston



## About Charleston

Consistently voted as one of the top cities in the country to visit, Charleston offers a wide variety of extracurricular activities to suit everyone's interests. There is no shortage of historical festivals and cultural events in the Lowcountry. From the Food + Wine Festival and the Spoleto Festival to the Cooper River Bridge Run and the Credit One Charleston Open Tennis Tournament, there is never a dull moment in Charleston!

For those wishing to explore new scenery or have a long weekend away from home, popular driving destinations include Edisto Beach, SC, Kiawah Island, SC, Savannah, GA, Charlotte, NC, and Asheville, NC.

Best City in the US by Travel + Leisure for 10 years straight

Best Restaurants- 4 of the 25 best fine dining restaurants in the US are in Charleston

Best Small City in America by Conde Nast Traveler for the 11th time

## Fast Facts About Charleston

- According to the 2020 Census, the Charleston metro population is 452,741.
- The average yearly high is 73F and the average yearly low is 59F.
- US News and World Report ranked Academic Magnet High School the second best high school in America.
- Charleston is home to several sports teams, including the Charleston Battery (USL Championship soccer team), the Charleston RiverDogs (NY Yankees affiliate minor league baseball team), and the South Carolina Stingrays (Washington Capitals affiliate hockey team).

## Helpful Sites for Charleston Visitors

Explore Charleston

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Learn About Residency Training

Make a Gift

Learn About Residency Training

Make a Gift

Thank you to Mollie Hartley for all her hard work on the website revitalization project!

## Journal Club

As we slowly get back into the swing of in person events – Journal Club has returned! It has been so fun to be able to gather students, residents, and attendings to enjoy our fabulous city while discussing landmark anesthesia literature. So far this year we've covered Chronic Pain, Regional, and OB. Next up is Vascular and Cardiac

Photo credit – Chloe Regalado



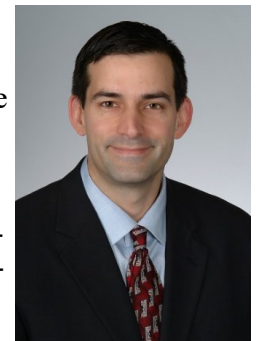
#MUSCANESTHESIA

**OPENING STATEMENT CONTINUED**



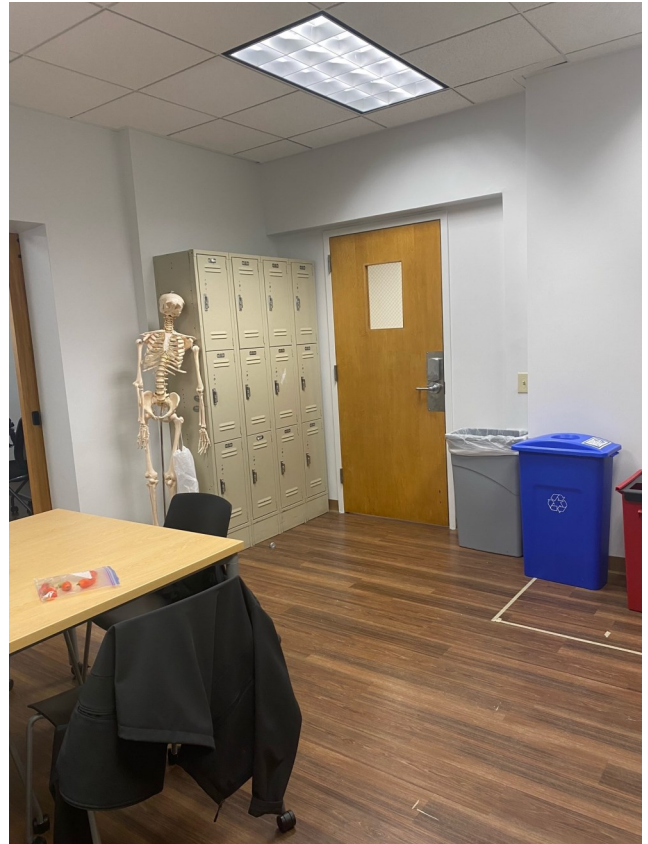
**ACGME RESIDENT EXPANSION BY GJ GULDAN, MD**

It is with great pleasure that I announce the ACGME decision to approve our expansion to 18 residents per class. We will be recruiting 18 for our 2023 intern class as well as 3 CA-1 positions to backfill our current intern class in this year's match. This is quite a milestone as this makes us one of the largest programs in the southeast with 72 resident physicians. We will have no problem filling these spots because as of today we have 1750 applications for the 21 spots. This is a testament to all the effort that faculty, residents and staff put forth to make our program excellent. I would like to especially thank my education office team lead by Elizabeth Morrison for their hard work making this happen as well as Dr. Reeves for his unwavering support of education in the department.



## RESIDENTS' EDUCATIONAL SPACE EXPANSION ALMOST COMPLETED

It is with great enthusiasm that GJ and I announce the conclusion of the resident educational space expansion. As you can tell from the finalized pictures, it will be well utilized space for both chart and educational computer needs as well as relaxation. Keep an eye out for pictures of the new couch, coming soon!



**NEW OFFICES—JENNY ANN SMOAK AND GLENDA ROSS**

Jenny Ann—SEI



Glenda Ross—SEI

**NEW MSICU APP LEAD—MOIRA CHANCE, PA**

Hello! My name is Moira Chance and I am originally from Alexandria, VA. After graduating from Columbia University, where I played lacrosse and received my B.A. in Political Science and Art History, I worked on Capitol Hill for several years. Ultimately, I decided politics was not for me and, instead, decided to pursue a career in medicine. I went to Wake Forest for PA School and spent the first six years of my PA career in Interventional Radiology at a trauma hospital in Washington D.C. I joined MUSC in 2018 and have spent the last four years in the MSICU with the best APPs in the whole wide world. I have two children, a dog and a husband and that's enough for me!



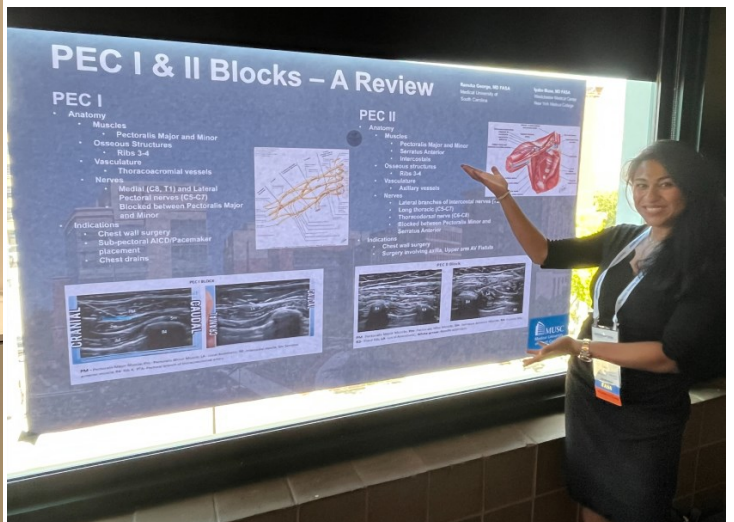
## AMERICAN SOCIETY OF ANESTHESIOLOGISTS ANNUAL MEETING UPDATE



The American Society of Anesthesiologists annual meeting was very successful for the department with multiple members presenting.

Saturday, October 22	Sunday, October 23	Monday, October 24	Tuesday, October 25
<b>7:30 – 9:00 AM</b>	<b>10:00 – 11:30 AM</b>	<b>9:30 – 10:30 AM</b>	<b>12:15 – 1:15 PM</b>
<b>TARWADE</b> –Basic POCUS and TEE in Critical Illness Workshop with case-based learning & decision making (Session 806) [Room 271-273]	<b>Wilson, S</b> -Lower Extremity Blocks – High Yield UGRA Peripheral Nerve Block and Simulation (Session 820A) [Room 280-282]	<b>Clark</b> –Cardiovascular dysfunction: exploration of shock beyond hypovolemia (Session ST302) [Room 252-254]	<b>McSwain</b> – The US Experience (Training Competent Geriatric Anesthesiologists: An International Perspective) (Session ST420) [Room 231-232]
<b>8:0 AM – 12:00-- PM</b>	<b>1:00 – 3:00 pm</b>		
<b>George</b> – Cadaveric Procedural Skills Lab Boot Camp (Session 807A) [Room 343-345]	<b>Iraya</b> - Global Scholars Poster Session (Hall C, Monitor 20)		
<b>10:00 – 11:30 AM</b>	<b>3:30 – 5:00 PM</b>	<b>9:30-11:00 AM</b>	
<b>George/Kelly</b> –Regional Anesthesia in Cardiac Surgery and Related Procedures: Workshop (Session 804) [Room 346-347]	<b>Wilson, S</b> – Lower Extremity Blocks – High Yield UGRA Peripheral Nerve Block and Simulation (Session 820B) [Room 280-282]	<b>Wilson, S</b> – Lower Extremity Blocks – High Yield UGRA Peripheral Nerve Block and Simulation (Session 820C) [Room 280-282]	
<b>1:00 – 5:00 pm</b>			
<b>Matos</b> - Cadaveric Procedural Skills Lab Boot Camp (Session 807B) [Room 343-345]			
<b>1:15 – 2:15 PM</b>		<b>1:15 – 2:45 PM</b>	
<b>Bridges</b> –Non-Operating Room Anesthesia (Ambulatory Anesthesia News: A Review of Noteworthy Literature Published within the Last Year in Ambulatory Anesthesia) (Session ST112) [Room 224] <b>Wilson, S</b> – Regional Anesthesia (Ambulatory Anesthesia News: A Review of Noteworthy Literature Published within the Last Year in Ambulatory Anesthesia) (Session ST112) [Room 224]		<b>Wilson, S</b> – Lower Extremity Blocks – High Yield UGRA Peripheral Nerve Block and Simulation (Session 820D) [Room 280-282]	
<b>2:30 – 3:30 PM</b>		<b>3:00 - 5:00 PM</b>	
<b>Tobin</b> – (SAMBA) Maintaining Safety While Pushing the Envelope in Ambulatory Surgery (Session 608) [Room 211-213]		<b>Furse</b> – Workshop (moderator) – Perioperative Resuscitation and Life Support (PeRLS) Simulation (Session 823) [Room 343-345]	
		<b>4:20 - 4:30 PM</b>	
		<b>McMillan</b> – Bilateral Erector Spinae Plane Catheters for Exploratory Laparotomy (Medically Challenging Cases) (MC3687 - Monitor 19) [Hall C]	

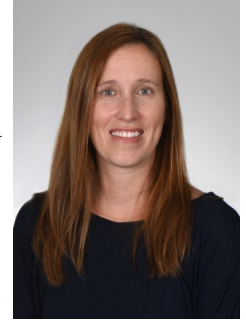
# AMERICAN SOCIETY OF ANESTHESIOLOGISTS ANNUAL MEETING UPDATE





## ASA'S PERIOPERATIVE DIAGNOSTIC EXCELLENCE FOR THE OLDER ADULT BY JULIE MCSWAIN, MD

As chair of the ASA's Committee on Geriatric Anesthesia, I am very excited to announce that the ASA was one of 11 medical specialties to receive a \$100,000 educational grant to promote perioperative diagnostic excellence in the older adult. This is one of the few grants that ASA has received that is not industry sponsored, and it is funded both through the Council of Medical Specialty Societies as well as the John A. Hartford Foundation. It will allow us to put together a 4-piece toolkit consisting of 3 webinars and one live town hall related to common perioperative diagnostic issues surrounding older adults. The need for this educational push became apparent a few years ago when an ASA survey<sup>1</sup> showed that while a vast majority of anesthesiologists provide anesthetic care to adults over the age of 65, the vast minority incorporate preoperative screening for frailty or dementia, preoperative consultation/discussion for common perioperative cognitive disorders, and postoperative screening for delirium.



These resources will be free and available to anyone with access to an internet, not just ASA members. ASA members, however, will be able to claim MOCA part 4 Quality Improvement (QI) CME credit. If you are interested in receiving notifications for when these products come on-line, please fill out this brief NotifyMe form from either the URL hyperlink <https://www.asahq.org/diagnosticexcellence> or QR code below.



### References:

1. Deiner S, Fleisher LA, Leung JM, et al. Adherence to recommended practices for perioperative anesthesia care for older adults among US anesthesiologists: results from the ASA Committee on Geriatric Anesthesia-Perioperative Brain Health Initiative ASA Member Survey. *Perioper Med* 2020; 9(1): 4-11.

## Educational Grant Objectives

### 01

Aim 1: To develop free, educational, CME-accredited virtual learning products to train 200 physician anesthesiologists on the use of important diagnostic tools needed to improve the care of older adults.

### 02

Aim 2: Create a marketing and communications campaign that broadly promotes the use of the toolkit.

### 03

Aim 3: Conduct a survey to measure the impact of the implementation of geriatric screening tools by practitioners.

## CULTURAL AWARENESS AND EDUCATION; ASA/SPA VISITING SCHOLAR: DR. ANTHONY MUNGAI IRAYA

# SPA Global Committee: Spotlight on University of Nairobi Global Scholars

By Aruna Kamath, MD, MPH

Seattle Children's Hospital



Dr. Aruna Kamath

SPA Global Committee would like to spotlight three rising pediatric anesthesiologists from University of Nairobi Pediatric Anesthesia Fellowship, supported by SPA and WFSA. I interviewed them in May to learn more about their fellowship experience, their successes and hurdles, healthcare inequities within their countries, and career aspirations. Please read on to hear from Global Scholars: Dr. Tirunesh Busha, Dr. Anthony Iraya, and Dr. Blen Lemma.

### Program Overview

Over the last nine years, SPA and WFSA have proudly partnered with the University of Nairobi to develop the first formal pediatric anesthesia training program in Africa. Focusing on education as a sustainable solution towards safer anesthesia care for children, this fellowship-accredited program has now graduated 18 pediatric anesthesia experts to date, with a rippling impact as they return to their home countries across East, Central, and West Africa. Many serve as the only pediatric anesthesiologist for their entire country.

### Meet the University of Nairobi Global Scholars

Dr. Tirunesh Busha – is from Ethiopia. She studied at Jimma University for undergraduate, medical school, and anesthesia residency. After training, she served at a public hospital for three years. She now works at CURE, a pediatric orthopedic and plastics hospital in Addis Ababa. Accepted in 2019 for the pediatric anesthesia fellowship, she began her training this year due to the pandemic.

Dr. Anthony Iraya is from Kenya. After completing his anesthesia residency in 2017, he works at the main referral hospital for the military, which is based in Nairobi.

Dr. Blen Lemma is from Ethiopia. She graduated from Jimma University, and then joined the anesthesia residency program at Black Lion Hospital. Since 2020, she continues to work as faculty at Black Lion Hospital, a teaching institution at Addis Ababa University.

### Q&A

#### 1. What inspired you into pediatric anesthesia?

Tirunesh: "When I joined anesthesia, there were only 23 anesthesiologists in the country (Ethiopia). There was a big need for a population over 110 million, so there's a big gap. I wanted to start somewhere. If I look at where to go first, pediatric anesthesia is where the risk is more increased, and more teaching is needed. So, if we have to train people, the first fellowship should be pediatric anesthesia because of the specific population that they are and the anesthesia risks that they have. Plus, I had this anxiety of taking care of kids, so I want to overcome my anxiety first. I want to be more comfortable in caring for them. And then also, teach anesthesia students in the future, show them how to care for children during anesthesia



Pictured L to R: Drs. Anthony Iraya, Tirunesh Busha, and Blen Lemma.

## CULTURAL AWARENESS AND EDUCATION; ASA/SPA VISITING SCHOLAR: DR. ANTHONY MUNGAI IRAYA

Blen: "My ultimate goal is to provide safe anesthesia for this very demanding group, or population. I have always been interested with pediatric anesthesia during my residency program. It has been very demanding but also rewarding, and so I've been attracted to that. Also, I wanted to create more confidence in residents in that area."

Anthony: "When I was finishing my residency, we didn't have a huge volume, but we did have some ... I purposely dedicated myself to pediatric cases. My passion grew ... I found myself to be a bit hawk-eyed, and I find children to benefit the most from being very keen on small details. For adults, even when something is wrong, they have a lot of reserve. I enjoy comforting, staying with the patient, being hawk-eyed. That's why I enjoy being there."



Dr. Tirunesh Busha

2. *What did you enjoy most during this fellowship year? Please share some highlights.*

Anthony: "Just today I am dealing with a 1.9 kg baby with multiple congenital anomalies, anemia, imperforate anus, congenital heart disease. I feel like I am becoming more refined in being able to take care of children. I'm working with highly skilled and experienced colleagues, and getting bigger challenges, and from that I think I am reaching a level that I no longer have tachycardia when I take care of a very small child! I feel I'm becoming more and more comfortable. It's no longer very stressful. It's more about what's your plan, how are you going to do it. And that confidence, because of the cases that we handle in fellowship are usually quite extreme. The exposure that I'm getting is very robust. It's giving me a lot of confidence that when I go back to my workplace, I feel that I have the necessary tools to handle whatever is put in front of me, of course in consultation, with continuous improvement ..."

Anthony: "I'm currently in a rotation outside Nairobi, in place called Kijabe, with orthopedic center where we are doing a lot of regional anesthesia for children. This is something that was not very robust in prior training. I feel like every day I'm improving in terms of my pain control care. And this is just one rotation. I can just see the different rotations making me feel more and more comfortable dealing with children. I think that's my greatest joy. That every day that passes I'm learning something new, I'm getting an opportunity, bigger challenges and see how you can handle them, and teach those around me. I am enjoying the program ... I'm very appreciative for the opportunity to gain this knowledge. I'm looking forward to learning more and more."

Blen: "The thing I like the most so far is that every time, there is something that I am gaining, in terms of knowledge or skills. Every week, there is something that I learn during my pre-anesthetic evaluation, or during intraoperative management of the patients, how to handle major blood shifts, etc. I'm also learning on how to perform in team and be successful and to be a good leader of the team. So, there is always something at the end of the week that I'm learning that will help me for my future career. So that's the most fascinating part for me."

Tirunesh: "I'm really enjoying it that we can get this fellowship and live our dream, and make our dream come true. I'm so grateful. A lot of expectations, trying to meet what I was expecting, asking for more experiences while I am still here because the medical system is more advanced in Kenya, way better than what it is in Ethiopia ... I'm expecting to learn something every day. I'm gaining skill. You are assigned to different consultants every day, so I learn tricks from different people, how they manage, and pick the best of it. I think that can benefit my career and I will share it when I go back with trainees, so they will have a better opportunity. Like Anthony mentioned, the type of patients we get here are very sick, they present very late, so how to trouble shoot those is actually very good, giving me the skill and the wisdom. So, I'm enjoying it very much."

**CULTURAL AWARENESS AND EDUCATION; ASA/SPA VISITING SCHOLAR: DR. ANTHONY MUNGAI IRAYA**

3. *What do you hope to change for your country or delivering better anesthesia care? Any challenges during this fellowship year?*

Tirunesh: "Back home in Ethiopia, we are going through a lot of issues, because of the war, because of every economic crisis. Specifically with anesthesia, the country is not getting any anesthetic drugs, and then they pull anesthetists off even overtime duties because they don't have even emergency drugs like succinylcholine. The anesthetists are demanding succinylcholine, because in most part of the country that is the only muscle relaxant they have, the only emergency drug concerning muscle relaxation. According to the country's health system, everything is down, everything is really down, and then anesthesia is the most forgotten side of it. Now, we are coming to the lowest point that we don't have the cheap drugs as well. That is the challenge we have back home."

Blen: "The challenge that I anticipate to face going back is similar as Tirunesh has already described it, all the national challenges are there. And in addition to that, there is going to be also an institutional challenge for us. It is kind of a poor operating room setup; we don't even have end tidal CO2 on our operation table. So, I will be facing a big challenge to convince the responsible people to have those appropriate equipment that are necessary for safe pediatric anesthesia. That's going to be one challenge for me. The other thing is also the attitude generally about anesthesia and pediatric anesthesia, so I want to work on that as well. I don't think people have a good understanding about anesthesiology in general and pediatric anesthesia and what safe pediatric anesthesia means, this is not only for the community but also for our surgical teams. We need more training on team development ..."

Anthony: "My biggest challenge with pediatric anesthesia that was really amplified, was when I rotated in the pediatric ICU, like two months ago. My expertise was not helpful in changing the outcomes of children who came to the pediatric ICU because they presented very late. We need to do more. This probably was not just a problem in the hospital that we are in but also the primary centers surrounding us who take care of the patients at first. The patients who came to us, were very sick, and came very late. By the time we received them, we could not do much. So yes, that has been a challenge to me. There is a big problem in our primary health and the referral system for the patients who are getting even with what we consider was probably good ICU set up, we were not able to change a lot of outcomes. I think that has been my biggest disappointment of the rotations so far. We are thinking of an approach on how we can improve that. We are losing too many babies unnecessarily ..."

4. *What are your goals for the near future?*

Blen: "When I go back, I'm going to be the first pediatric anesthesiologist for my hospital. So, I'm happy to get this opportunity. I have a plan of teaching about safe pediatric anesthesia for my residents, and for the masters in anesthesia students. I also have a long-term plan of starting a fellowship program probably there in the university because there is quite a high interest about pediatric anesthesia, but they may not get the opportunity to become one. So, I'm very glad to be a part of this and hope to contribute whatever I can to my institution and society."

Tirunesh: "When I go back, I will be the second pediatric anesthesiologist in the country for over 110 million population ... I will go back to CURE Hospital because I have a commitment with them. CURE is dedicated in improving the country's anesthesia training. I will teach in different academic settings. Also, we have a long-term plan to help Blen set up a pediatric anesthesia fellowship in the country. For our colleagues who want to join the fellowship in the future, we want them to have an option ... to join this fellowship. We want to create an opportunity for them, of course, with international support."

**CULTURAL AWARENESS AND EDUCATION; ASA/SPA VISITING SCHOLAR: DR. ANTHONY MUNGAI IRAYA**

Anthony: "I like teaching. Our military is expanding and will have a medical school as part of that university. I'm looking forward to training their residents in the future. Because physician anesthetists are not many, we have started a program of training nurse anesthetists. Kenya has recently joined CANECSA, basically that is our federation for anesthetists for East, Central and Southern African countries. We hope to be certified as a center to train residents for this. I'm also looking forward to sharing my knowledge to junior colleagues and through that improve the quality of care to pediatric patients."

5. Will you be attending the ASA conference this fall? What are you looking forward to?

Tirunesh: "Blen and I are awaiting a visa which is still under question, so not sure if we will get to the conference or not. We may have to travel back to Ethiopia to get an interview at the embassy. Even before COVID, obtaining an American visa from Ethiopia was very hard for me. A few years ago, I was invited to the World Congress of Regional Anesthesia in New York, provided evidence but they denied me. So, we may not get it this time. After COVID, a visa interview appointment may take a year or more, which is longer than October."

Anthony: "ASA conference would be a great opportunity to benchmark with the international communities, to get to know what they're doing and to give us the confidence to continue to pursue and better care for pediatric patients. So yes, we're all looking forward to coming. I want to make sure that all three of us can come. It would be more fulfilling if all three of us come, and I think so many pediatric patients will benefit from subsequent care from the three of us ... to be able to benchmark and see what's happening elsewhere, highlight the heights to which you can improve and the various places all three of us will go."

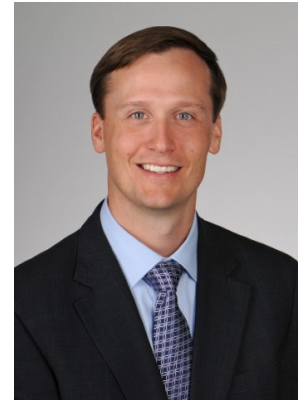
**Closing**

We hope their stories resonate with our SPA community. You can connect with them more at the upcoming ASA conference this fall and beyond. Thank you for reading and hearing their voices!



## 2022 ABA PAIN MEDICINE EXAM STANDARD SETTING WORKSHOP BY GABE HILLEGASS, MD

I was invited to participate in the 2022 ABA Pain Medicine Exam Standard Setting Workshop. This event happens any time a certification exam undergoes a major change in content and/or format. The new pain exam saw a revision of both with the creation of more practical multidisciplinary clinical questions as well as decreasing the answer choices from 4 to 3 multiple choices. The workshop involved practicing pain physicians from across the country who represented the main specialties that seek pain medicine certification (anesthesiology, neurology, physical medicine and rehabilitation). After an introduction to the psychometric process, we were given 2 hours to complete the exam and self-assess our performance. This was the same exam that was administered the week prior to the current candidates for certification (they got 4 hours). We were not supposed to prepare for the exam as the intent is for practicing physicians to rigorously evaluate the exam's content and applicability and offer any other feedback to the committee. We spent the final portion of the day iteratively discussing and ultimately arriving at the new pain exam pass/fail cut point. The ABA board of directors has subsequently accepted our recommendation. It was enlightening and encouraging to contribute to the science of test taking. I assure you that we have extremely bright psychometricians and robust question writing and analytics processes at the ABA that are the model for the entirety of post-graduate and continuing medical education.



## TRIDENT UNITED WAY SUPPLY DRIVE—SOCKS AND SHOES, HYGIENE KITS AND UNDIES FOR EVERYONE!

It's that time again! Please join the Department of Anesthesia in the MUSC Supply Drive supporting the students in Charleston County Schools through Trident United Way (Charleston Promise Neighborhood).

We are collecting Socks and Shoes, Hygiene Kits, and Undies for Everyone. See details below.

### The donation location:

**Storm Eye Building- Suite 301 (Directly through the double doors of the 3rd floor main entrance)**

Our donations will be collected by Trident United Way on **November 11th**.

Charleston Promise Neighborhood identifies needs for each school community and creates opportunities to participate in a variety of supply drives.

I hope each of you are able to help donate in some way and thank you for your donations!

**MUSC Supply Drive Supporting Charleston Promise Neighborhood**

Charleston Promise Neighborhood  
Medical University of South Carolina

**Socks and Shoes**  
Shoes and socks from sizes Child 7 – Child 13 (including half sizes) Youth 1-3

**Hygiene Kits**  
Child-size disposable masks, hand sanitizer, soap, washcloths, deodorant, baby wipes

**Undies for Everyone**  
Toddler up to size 14 undershirts, camisoles, boxers/briefs, pants in new condition

charlestonpromise.org

## ANESTHESIA BLOOD DRIVE



A big **thank you** to everyone who donated at our Blood Drive in October! We surpassed our goal of 23 donors, closing at 27 for the day!



## MUSC ALUMNI GOLF TOURNAMENT—FEBRUARY 25, 2023

Mark your calendars for some golf!

The 2nd Annual MUSC Anesthesia Alumni Golf Tournament will be **February 25, 2023** at **The Charleston Municipal Golf Course**. All affiliates and alumni of MUSC Anesthesia are invited! This will be a "Scramble" style tournament with **teams of four**, with awards and barbecue to follow the tournament.

Please enter your contact info into the google doc below so we can start working on getting teams registered to play. In addition, **please help forward this to MUSC alumni who may be interested**. There will be more details to follow in the coming weeks!

[https://docs.google.com/spreadsheets/d/1TK6EJq0x-xgkftUKuGV6lyxXI8LleWgR23sO4e0U\\_TM/edit?usp=sharing](https://docs.google.com/spreadsheets/d/1TK6EJq0x-xgkftUKuGV6lyxXI8LleWgR23sO4e0U_TM/edit?usp=sharing)



**SONJA MCCASLIN, DNAP, CRNA NAMED UNIVERSITY HOSPITAL CHIEF CRNA**

I am pleased to announce the selection and appointment of Dr. Sonja McCaslin, CRNA as manager chief of the University Hospital. Dr. McCaslin has had extensive practice experiences throughout South Carolina. She is a graduate of MUSC AFN Program in 2008 and Texas Wesleyan University for her DNAP in 2018. Dr. McCaslin has been the Lead CRNA at Rutledge Tower for the past several months. I wish to thank all those who have been instrumental in this selection process.

-Dennis McKenna, DNAP, CRNA

**DENNIS MCKENNA, DNAP, CRNA NAMED DIRECTOR OF ANESTHESIA PRACTICE**

Dennis McKenna, DNAP, CRNA has been selected as the new Director of MUHA Anesthesia Providers and Support Personnel. Dennis has been a valuable member of the Anesthesia Leadership team since becoming UH Manager in 2019. We are very excited to have him in this role as we continue to focus on the hiring, retention and support of our CRNAs and Anesthesia Technicians.

-Carlee Clark, MD





**ANESTHESIA LACTATION ROOM****The Anesthesia Lactation Room is ready for use!**

We now have a lactation room assigned to Anesthesia personnel only. It is located on the 5th floor of the Extension Hospital - Room EH516. There are two private stations in the room that can be used. Please update the vacant/occupied sign on the door when you enter/exit. *Please email Kayla Pope, Kim Warren, or Jenny Ann Smoak for the **access code**.*

Please bring your own pump for now. We are expecting hospital pumps to be delivered soon and will update the group when they arrive.

A mini fridge has been ordered and will be placed in the room when delivered.

**ANNUAL FLU SHOT REQUIREMENT DEADLINE**

All care team members are required to have the influenza vaccine or have completed a declination by **midnight - December 2, 2022.**

**Get your Flu Shot!**



**GRAND ROUNDS- NOVEMBER 2022**



**“Understanding the Role of Cortical Astrocytes in Heroin Addiction”**  
**November 1, 2022**

**Michael Scofield, PhD**

**Associate Professor**

**Dept. of Anesthesia & Perioperative Medicine  
Medical University of South Carolina**



**“Cardiac Arrest in the Setting of Interscalene Nerve Block & Vancomycin Administration”**

**November 8, 2022**

**Christina Lee, DO**

**Resident Physician**

**Dept. of Anesthesia & Perioperative Medicine  
Medical University of South Carolina**



**“Annual Research Symposium”**

**November 15, 2022**

**Eric Bolin, MD**

**Associate Professor**

**Dept. of Anesthesia & Perioperative Medicine  
Medical University of South Carolina**

**November 22, 2022—No Grand Rounds - Happy Thanksgiving!**



**“Quality Improvement in Anesthesia: the DMAIC Process”**

**November 29, 2022**

**Steven Porter, MD**

**Dept. of Anesthesiology & Perioperative  
Medicine  
Mayo Clinic**

DEPARTMENT OF ANESTHESIA AND PERIOPERATIVE MEDICINE

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Fax: 843-792-9314



I HUNG THE MOON

Please don't forget to nominate your co-workers for going 'Beyond the Call of Duty.' I Hung The Moon slips are available at the 3rd floor front desk and may

[CHECK OUT OUR WEBSITE](#)

Future Events/Lectures

Intern Lecture Series

- 11/3—Preserving Renal Function—Joseph Abro
- 11/10—Management of CVA—Tracy Wester

CA 1 Lecture Series

- 11/2—Respiratory Physiology: The Effects of Anesthesia—Rishi Patel
- 11/9—Hepatic Physiology; Anesthesia for Patients with Liver Disease—Joel Sirianni
- 11/16—Acid-Base Balance; Renal Physiology & Anesthesia—Jared McKinnon

CA 2/3 Lecture Series

Per Rotations



Follow us on Facebook, Instagram, and Twitter:

<https://www.facebook.com/MUSCAnesthesia/>

<https://www.instagram.com/musc.anesthesiology/>



Holiday Party  
Saturday, December 3rd, 2022  
Carolina Yacht Club

Graduation  
Friday, June 16th, 2023 6:00pm  
Founders Hall

[ONE MUSC Strategic Plan](#)

We Would Love to Hear From You!

If you have ideas or would like to contribute to *Sleepy Times*, the deadline for the December edition will be November 20, 2022.