



Tradd Street, Charleston, SC

53rd Annual
OB/GYN
Spring Symposium

March 14-15, 2024
The Hyatt Place
Historic Charleston, South Carolina

Presented and Sponsored by the Medical University of South Carolina
Department of Obstetrics and Gynecology, College of Medicine

musc.edu/cme



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COURSE FACULTY

CONFERENCE CHAIR

Rachael Cowherd, MD
Assistant Professor of Obstetrics & Gynecology

VISITING FACULTY

Alyse Kelly-Jones, MD, FACOG, IF
Sexual Medicine and Menopause Provider
Tryon Women's Center
Charlotte, North Carolina

Joseph R. Biggio, Jr., MD, MS
System Chair and Service Line Leader, Women's Services
Professor
Ochsner Clinical School
University of Queensland

HOST FACULTY

Eugene Chang, MD
Professor
Obstetrics & Gynecology

Lisa Bystry, MD
Associate Professor
Obstetrics & Gynecology

Angela Dempsey, MD, MPH
Professor
Obstetrics and Gynecology
William M. Bristow Endowed Chair of Family Planning

Constance Guille, MD
Professor
Departments of Psychiatry and Behavioral Science
and Obstetrics and Gynecology

Charly Harris, MS, CGC
Genetic Counselor

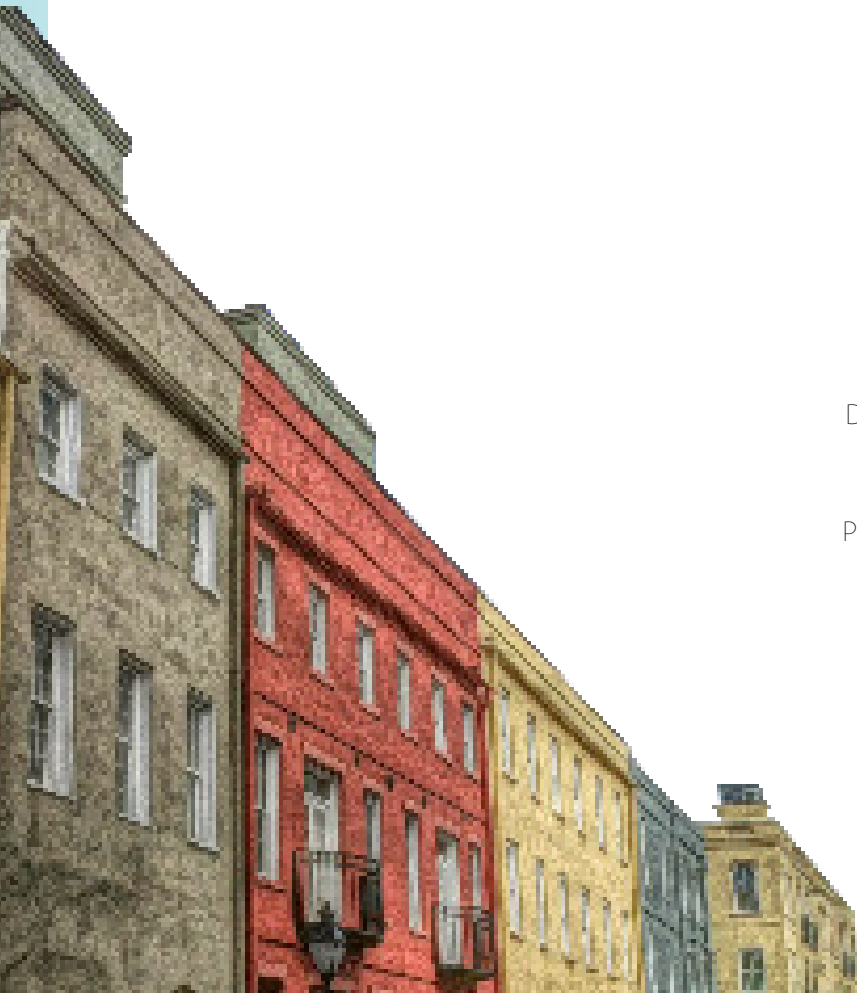
Wendy Lazenby, MD
Professor
Obstetrics and Gynecology
and Medicine Division of Infectious Diseases

Eliza McElwee, MD
Assistant Professor
Obstetrics & Gynecology

John Schnorr, MD
Associate Professor
Director, Division of Reproductive Endocrinology and Infertility
Coastal Fertility Associates, Mt. Pleasant, SC

David Soper, MD
Paul B. Underwood, III Professor of Obstetrics and Gynecology
Senior Medical Director, Women's Health
Vice Chairman, Clinical Affairs

Steven Swift, MD
Professor of Obstetrics and Gynecology
Director Division of Urogynecology
and Reconstructive Surgery



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THURSDAY, MARCH 14, 2024

- 7:15 am Registration and Continental Breakfast
- 8:15 Welcome and Opening Remarks
- 8:30 **What is the Role of Surgery in the Treatment of Fertility?**
John Schnorr, MD
Distinguish the role of myomectomy for patients with infertility. Recognize the role of salpingectomy for patients with infertility. Discuss the role of isthmocele repair for patients with infertility. Define the role of ablation of endometriosis for patients with infertility.
- 9:15 **Evaluating AUB and Management Options of Leiomyomata**
Lisa Bystry, MD
Discuss the importance of the history and goals of care and future fertility. Review the overview of evaluation options. Define Hereditary Leiomyomatosis. Summarize medical management and surgical management. Discuss emerging options.
- 10:00 **Hepatitis C in Women**
Gweneth Lazenby, MD
Appreciate the epidemiology of chronic Hepatitis C infections worldwide. Recognize the impact of chronic HCV on maternal and neonatal outcomes. Recognize how to evaluate chronic HCV infection prior to treatment. Become familiar with Direct-Acting Antivirals for HCV.
- 10:45 Break/Exhibitors
- 11:15 **Navigating Hereditary Breast and Ovarian Cancer Screening and Testing: A Guide for OBGYN Providers**
Charly Harris, MS, CGS
Demonstrate understanding of available genetic testing for hereditary breast and ovarian cancer. Recognize genetic testing needs based on personal and family history. Update knowledge of current genetic testing for hereditary breast and ovarian cancer. Gain confidence in accessing patient risks and identifying tailored risk management. Facilitate informed decision making for patients.
- 12:00 **Hit the Refresh Button on Contraceptive Care**
Angela Dempsey, MD, MPH
Incorporate recently approved contraceptive methods into their practice. Provide patient-centered contraceptive services to historically marginalized groups of patients. Update longstanding contraceptive practices based on recent evidence.
- 12:45 Lunch on your own

THURSDAY, MARCH 14, 2024 (CONTINUED)

- 1:45 **Get On Top of HSDD: A Journey Through Each Decade**
Alyse Kelly-Jones, MD
Identify the most common sexual concerns in your patients. Treat the most common sexual concerns including medication and basic sex therapy. Refer as appropriate, for additional treatment outside the scope of your practice.
- 2:30 **When an Itch is More than an Itch: A Methodical Assessment of Vulvar Disorders**
Alyse Kelly Jones, MD
Identify the most common vulvar disorders in your patients. Perform a vulvar/vaginal examination, including biopsy, if necessary, to evaluate these disorders. Treat these conditions with first line and second line therapy.
- 3:15 Closing Remarks/Adjourn

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FRIDAY, MARCH 15, 2024

- 7:15 **Registration and Continental Breakfast**
- 8:15 **Welcome/Opening Remarks**
- 8:30 **Hormone Therapy and Breast Cancer**
David Soper, MD
Leverage the use of both relative and absolute risk regarding hormone therapy (HT) in counseling women with menopause syndrome. Develop a pragmatic approach to prescribing HT in women at high risk for breast cancer. Manage the side effects of anti-estrogen therapy in premenopausal women. Manage the side effects of anti-estrogen therapy in postmenopausal women.
- 9:15 **Leveraging Technology to Improve Maternal Mental Health Screening and Treatment**
Constance Guille, MD
Identify and briefly assess maternal mental health and substance use disorders. Describe what resources are available to improve provider and practice screening and treatment of maternal mental health and substance use disorders. Explain what resources are available to refer patients for treatment.
- 10:00 **Urogynecology Update: What Works and What's New**
Steven Swift, MD
Describe 1 new techniques for treating urinary incontinence, fecal incontinence, urinary tract infections and pelvic organ prolapse. Initially counsel patients on new techniques available for treating Urge incontinence and fecal incontinence. Recognize how newer therapies fit into the treatment algorithms.
- 10:45 **Break/Exhibitors**
- 11:15 **Short Cervix in Twin Pregnancy and Preterm Birth Prevention**
Joseph Biggio, Jr., MD, MS
Discuss the interventions demonstrated to be ineffective in preventing preterm birth in twin gestations. Discuss the current state of evidence regarding interventions that may be helpful in preventing preterm birth in twin gestations. Use the information in this session to formulate an evidence-based approach to the management of patients with twin gestations
- 12:00 **The Pregnant Cervix: How Short is too Short and What to do About it**
Joseph Biggio, Jr., MD, MS
Discuss the diagnostic criteria and significance of a short cervix in the mid-trimester. Develop an evidence-based treatment plan for singleton gestations with a short cervix with and without a history of prior preterm birth. Deveop an evidence-based treatment plan for singleton gestations with a short cervix with a history of prior preterm birth.
- 12:45 **Lunch on your own**

FRIDAY, MARCH 15, 2024 (CONTINUED)

- 1:45 **Emerging Concepts in Preeclampsia**
Eliza McElwee, MD
Optimize aspirin administration for prevention of preeclampsia. Discuss screening strategies for preeclampsia. Utilize evidence from the CHAP trial to improve pregnancy outcomes.
- 2:30 **Fetal Growth Restriction: Diagnosis and Management**
Eugene Chang, MD
Define Fetal Growth Restriction. Discuss significance of Fetal Growth Restriction. Discuss diagnosis of Fetal Growth Restriction. Describe management of Fetal Growth Restriction.
- 3:15 **Closing Remarks/Adjourn Until 2025**



East Battery Home, Charleston, SC

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CONFERENCE DESCRIPTION

The 53rd Annual OB/GYN Spring Symposium will provide engaging, evidence-based updates on a range of obstetrical and gynecological challenges, aimed at enabling clinicians to update their practice, improve the quality of care for their patients, and optimize patient outcomes and satisfaction. The symposium focuses on enhancing participants' knowledge of new evidence and trends in the field and highlighting practical applications for this knowledge. Conference faculty include nationally known guest faculty and distinguished MUSC faculty. Content is chosen for this CME activity based on needs assessment and educational gaps derived from local, regional, and national data including peer review, literature updates, and specialty society information. Content is presented through key updates on emerging topics, expert presentations, and interactive panel discussions. Please see the agenda for a detailed description of topics and learning objectives to be addressed within this two-day conference.

TARGET AUDIENCE & SCOPE OF PRACTICE

The conference is designed for care providers in the field of Women's Health with particular interest in reproductive issues and overall wellbeing. Obstetrician gynecologists, nurse practitioners, physician assistants, midwives, registered nurses, and other interested health professionals are encouraged to attend.

ELECTRONIC SYLLABUS - PLEASE NOTE!

We're going green! In our efforts to "go green," the syllabus will be provided on our website, www.musc.edu/cme. Information will be emailed to you the week prior to the conference so that you may download a copy. Internet connection will also be available in the meeting room.

CANCELLATIONS

A refund for conference registration will be made upon written request prior to **February 13, 2024**; however, \$100 will be retained for administrative costs. No refunds will be made after February 13, 2024. We reserve the right to cancel the program if necessary. Full registration fees will be refunded for canceled programs. The Medical University cannot be responsible for reimbursement of airline or other transportation fees, hotel or rental car charges, including penalties. *By registering for this conference, you acknowledge and agree to this cancellation policy.*

CREDIT DESIGNATION

The Medical University of South Carolina designates this live activity for a maximum of **12.0 AMA PRA Category 1 Credit(s)**[™]. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

ACOG: Application has been approved by the American College of Obstetricians and Gynecologists.

Nursing Credit: Most states accept CMEs that apply to a specific nursing specialty as nursing continuing education. Please check with your respective State Board of Nursing to ascertain the equivalent number of contact hours offered for **12.0 AMA PRA Category 1 Credit(s)**[™].

DISCLOSURE

In accordance with the ACCME Standards for Integrity and Independence in Accredited Continuing Education anyone involved in planning or presenting this educational activity will be required to disclose any financial relationships with any ineligible companies. An ineligible company is any entity whose primary business is producing, marketing, selling, reselling, or distributing healthcare products used by or on patients. Any financial relationships with these ineligible companies have been mitigated by the MUSC Office of CME. Speakers who incorporate information about off-label or investigational use of drugs or devices will be asked to disclose that information at the beginning of their presentation.

ACCREDITATION

The Medical University of South Carolina is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

AMERICANS WITH DISABILITIES ACT

It is the policy of the Medical University of South Carolina not to discriminate against any person on the basis of disabilities. If you feel you need services or the auxiliary aids mentioned in this act in order to fully participate in this continuing medical education activity, please call the Office of CME at 843-876-1925 or attach a note to your registration form by February 8, 2023.

MORE INFORMATION

For more information, please contact the MUSC Office of CME at 843-876-1925 or email Monica Conetta, conetta@musc.edu.

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REGISTRATION INFORMATION

	Early Bird <i>Received On or By 1/31/24</i>	Regular <i>Received After 1/31/24</i>
Physicians in Practice (In person)	\$655	\$700
Residents, Nurses, NPs, PAs, CNM (In-person)	\$585	\$645

The fee for in-person attendance includes tuition, breaks, online syllabus and certificates of attendance.

Pre-registrations will be accepted until March 8, 2024 or until the conference capacity is reached. After this date, you must contact the MUSC Office of CME (cmeoffice@musc.edu or 843-876-1925) to see if space is still available.

REGISTRATION METHODS

(Please use ONE of these methods to register. Do not mail if previously faxed or telephoned).

- **Mail:** send registration form with check made out to “Medical University of South Carolina” or credit card information to:
Office of CME, Medical University of South Carolina, 96 Jonathan Lucas Street, HE601, MSC 754, Charleston, SC 29425
- **Telephone:** (843) 876-1925 – Registration by credit card only
- **Fax:** (843) 876-1931 – Registration by credit card only
- **Online:** Visit www.musc.edu/cme and select “Current Activities” on the left hand side, next select “Live Conferences” then scroll down to find to find this activity, select the blue “Online Portal” button, and follow directions as prompted.

ACCESS TO RECORDED PRESENTATIONS

The MUSC Office of CME, with the permission of each speaker, will be recording each presentation of the conference. The videos will be posted online after the conference and be available for those who are not able to live stream the entire conference. Viewing the videos will offer the same amount of CME credit and can be viewed for up to 14 days following the posting date. The non-refundable fee for this service is \$100.00 and is only available to individuals registered for the conference. Access to the videos will be granted to attendees who purchase this option in advance of the conference. **Credit Designation:** The Medical University of South Carolina designates this enduring material for a maximum of 0.75 *AMA PRA Category 1 Credit(s)*TM for each video. Physicians should only claim the credit commensurate with the extent of their participation in the activity.

ACCOMMODATIONS INFORMATION

THE HYATT HOTEL • 560 KING STREET, CHARLESTON, SC 29403 • (843) 414-0722

Nestled in the heart of Charleston’s Upper King Historic District between the Restaurant District and Museum Row, Hyatt Place Charleston/Historic District offers a rooftop bar, restaurants, and exceptional service close to some of the most popular things to do in Charleston. Return to our spacious rooms to relax and spend a beautiful evening at our rooftop bar offering more than 40 craft beers and stunning city views. The Hyatt Place Charleston/Historic District has all the amenities you need for a luxurious stay.

Special group rates start at **\$269.00**, plus tax, per night. A limited number of guest rooms have been reserved and are being offered on a first come, first serve basis. The room block will be held until Tuesday, **February 13, 2024** however the room block may be filled prior to this date. In such a case, neither the group rate nor guest room availability can be guaranteed. Therefore, we recommend you make your reservation as soon as possible. Reservations can be made by calling the hotel directly at 843-414-0722 or 877-803-7534 and identifying yourself as a participant in this meeting, or by following the online directions below.

Link for online reservations: [MUSC OBGYN Conference 2024](#)

Online Booking Code: G-ONGY

Parking: Valet parking at the hotel is available at \$38.00 plus tax, per day and can be added to your guest folio. In addition, self-parking is available at \$20.00 per day. Rates are subject to change with notice.

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REGISTRATION FORM

By Registering for this conference, you acknowledge and agree to the cancellation policy stated in this brochure.

Name _____ Personal ID# XXX - XX - _____
As you would like it printed on your name badge. (Please Limit Credentials to 7 Characters) Please use the last four digits of your SSN

Address _____

City _____ State _____ Zip Code _____

Specialty _____ Degree/Credentials _____

Daytime Phone (_____) _____ - _____ Business Fax (_____) _____ - _____

Email _____

- YES I give permission to the MUSC Office of CME to share my name, city, and state with other attendees and the companies that will be exhibiting at and/or supporting the conference through educational grants.
- NO I do not give permission to the MUSC Office of CME to share my name, city, and state with other attendees and the companies that will be exhibiting at and/or supporting the conference through educational grants.

REGISTRATION FEES

	Early Bird Fees Received on or by 1/31/24	Regular Fees Received after 1/31/24
Physicians in Practice (In-person)	<input type="radio"/> \$655	<input type="radio"/> \$700
Residents, Nurses, NPs, PAs, CNMs (In-person)	<input type="radio"/> \$585	<input type="radio"/> \$645

The fee for in-person attendance includes tuition, breaks, online syllabus and certificates of attendance. abus, and certificates of attendance.

Please note: An In-person registration fee is required to anyone that purchased access to the videos.

ACCESS TO RECORDED PRESENTATIONS**

Yes, I would like access to the recorded videos for an additional fee \$100 \$100
No, I do not want access to the recorded videos for an additional fee N/A N/A

**The videos will be posted online after the conference. Viewing the videos will offer the same amount of CME credit and can be viewed for up to 14 days following the post date

Payment must accompany registration:

Enclosed Check Payable to MUSC MasterCard Visa Discover American Express

Cardholder's Name _____

Card Number _____

Expiration Date _____

CVV Code _____

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- **Mail:** send registration form with check made out to "Medical University of South Carolina" or credit card information to: Office of CME, Medical University of South Carolina, 96 Jonathan Lucas Street, HE 601 Suite A, MSC 754, Charleston, SC 29425
- **Telephone:** (843) 876-1925 – Registration by credit card only
- **Email/Scan** completed registration form to cmeoffice@muscd.edu
- **Online:** Visit www.musc.edu/cme and select "CME Conferences" on the left hand side, then scroll down to find this activity, select the blue "Register" button, and follow directions as prompted.