



# SLEEPY TIMES

VOLUME 11, ISSUE 12 DECEMBER 2017



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### MESSAGE FROM THE CHAIRMAN: HAPPY HOLIDAYS! -SCOTT T. REEVES, MD, MBA

I cannot believe that we are now officially in the holiday season. My family always has so much anticipation and excitement about Christmas. It is a time when all my children are home, and Cathy and I get to hear about what has been going on in their lives. In addition, our home is festive due to the decorating that Cathy does.

This year will be particularly special as we will have the next generation represented with my grandson, Fletcher Griffin. As my children get married and start families of their own, it is also a time to pass down holiday traditions and create new ones.

Cathy and I also look forward to our annual Christmas party with the department. I intentionally try to book the first weekend in December for the party in order to minimize any conflicts with your family celebrations. Since it is so early, it marks the beginning of the holiday celebrations in the Reeves's home. This year we will again be blessed with our departmental band, the *Induction Agents*. They have been practicing for months, and I know they will do a fabulous job. I am sure Glennda Ross will outdo herself with decorations and food selection as well.

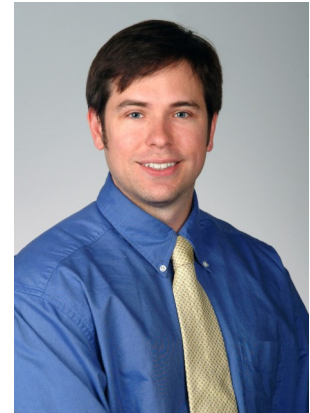
The season can also be very hectic. I hope we can all slow down from our busy routines to enjoy time with family and friends.

MERRY CHRISTMAS to you all!



### DR. ERIC BOLIN NAMED UNIVERSITY HOSPITAL O.R. MEDICAL DIRECTOR

Eric Bolin is originally from Winston-Salem, North Carolina. Go Tarheels! After medical school at the University of North Carolina at Chapel Hill, he came to MUSC for residency. After residency, Eric spent several years in private practice and also completed a fellowship in regional anesthesia. He is currently a member of the Regional and Acute Pain Service. Eric is actively involved in research and resident education. During the last year, he had the opportunity to speak at the South Carolina Surgical Quality Collaborative and the American Academy of Orthopedic Surgeons national meeting. Outside of work, he enjoys traveling. Last year, Eric traveled to Japan, France, Belgium and the Netherlands. Congratulations, Eric!



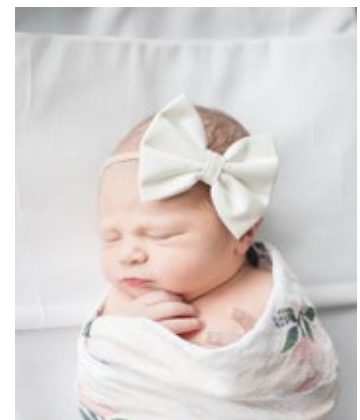
### WHITE COAT CEREMONY FOR BRITTAN CARTER, FORMER DEPARTMENT RESEARCH SPECIALIST FROM 2015-2017



### NEW BABY IN THE DEPARTMENT



Congratulations to Larry and Elizabeth Field on the arrival of Scarlett Ensley! She was born on 11/1/17 at 11:47pm, weighing in at 7.3 lbs and 20.5 inches!



**CRNA RETIREMENT PARTY FOR TRINI ALDEA, GLORIA BURBAGE, & KATE WENDORF**



## TOYS FOR TOTS HOLIDAY DRIVE

It's that time of the year again! The department will collect unwrapped toys for the Marine Corps Toys for Tots Foundation, as we did last year. We have a large box for unwrapped toys set up in the copier area of SEI 301. If you would prefer to donate cash, we will be happy to do the shopping for you! Simply give your donation to Jackie Fisher (SEI 315) or Sarah Hameedi (SEI 302) or to the Administrative Assistant in your area and we'll take care of the rest. The last day to donate toys is Friday, December 15th. Thank you in advance for your kindness and generosity!



## HOLIDAY DOOR DECORATING CONTEST

Dr. Reeves would like to invite the department to participate in the annual Holiday Door Decorating Contest! While in the holiday spirit, you can decorate your office door or a shared door (ex: resident library door, on-call rooms, etc.) in any fashion you'd like. The doors will be judged on **Thursday, December 21, 2017**. There will be a prize for the winning door! We hope to get a lot of participation this year! Please [email Jackie Fisher](mailto:jackie.fisher@mc.marines.mil) if you plan to participate in the contest so that we have a list of doors for judging. Here are the 1st and 2nd place winners from 2016!



Sue Ratzlaff, 1st Place Winner



Heather Highland, Rhi Davis, & Rita Meyer, 2nd Place

**MUSC NAMED LEVEL 1 TRAUMA CENTER AGAIN****Level 1: MUSC trauma center keeps top ranking**

Dear MUSC Health Medical Staff,

Congratulations to the MUSC Health Trauma Center for again achieving recognition as a Level 1 Trauma Center, the highest national recognition for trauma centers through **the American College of Surgeons**. This distinction makes us the only hospital in Charleston with this accomplishment! We are proud of our incredible trauma team for their continued commitment to provide the highest quality trauma care.



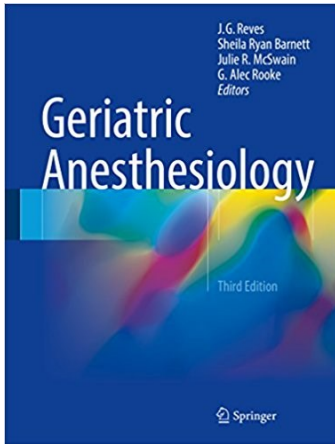
Dr. Pat Cawley

In 2008, MUSC was the first hospital in South Carolina to achieve this rating. Achieving re-verification means that the team has met criteria that improves the standard of care as outlined by the American College of Surgeons' Committee on Trauma's current Resources for Optimal Care of the Injured Patient manual. Only after meeting hundreds of demanding criteria is a hospital awarded this distinction.

The trauma center at MUSC Health provides care for patients with very serious injuries or illnesses. They offer 24/7 immediate care for life- and limb-threatening injuries, and provide trauma patients with instant access to the most advanced technology, surgical suites, and critical care services, which can make all the difference in saving lives and decreasing disabilities.

**DEPARTMENT HOLIDAY PARTY INVITATION**

**NEW BOOK PUBLISHED**



Dr. Reves



Dr. McSwain

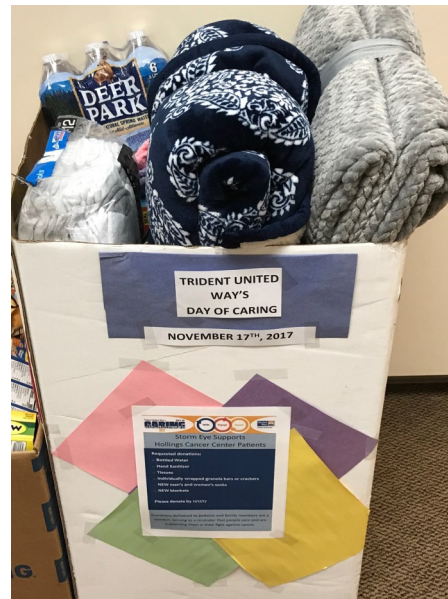
Congratulations to Drs. Jerry Reves and Julie McSwain on getting their book *Geriatric Anesthesiology* published!

**TRIDENT UNITED WAY DAY OF CARING: HOLLINGS CANCER CENTER**

We had amazing departmental participation in Trident’s United Way Day of Caring on Friday, November 17, 2017! This year, we selected the Hollings Cancer Center as our team project. Please see the excerpt below from the Trident United Way website:

*“Hollings Cancer Center is asking the Lowcountry community to participate by collecting items to hand out to our patients to put a smile on their face. Our Patient Courtesy Cart is available to patients and their friends and/or family members while they are visiting the cancer center. We rely completely on donations to provide these items to patients. These donations are a comfort to patients and their family members and serve as a reminder that people care and are supporting them in their fight against cancer.”*

Thanks so much to all who participated, and a special thank you to the PreOp Staff!



## FIRST PHASE OF GREENWAY ON DOUGHTY STREET BY HELEN ADAMS FOR THE CATALYST

November 8 marked the beginning of a series of changes that will make Doughty Street the heart of what will become the Charleston Medical District Greenway. Doughty permanently closed to vehicles this morning between Ehrhardt and President streets, and one lane of Doughty from Courtenay to Ehrhardt will become the beginning of the greenway.

More changes will take place over the next couple of weeks as leaders from the Medical University of South Carolina, the city of Charleston, Roper Hospital and the Ralph H. Johnson VA Medical Center get ready to celebrate the beginning of Phase I of the greenway on Nov. 20 with an event from 11 a.m. until 1 p.m.

They're using a process called "tactical urbanism" to launch the effort.

### What is tactical urbanism?

According to Ray Huff of Ray Huff Architect, it's a way to quickly and inexpensively reclaim a street and establish it as a space for people to walk, sit and relax. Huff is part of the team transforming Doughty Street.

"Probably the best-known example of tactical urbanism is Times Square," Huff says. New York closed some lanes of Times Square to vehicles in 2009 as the city began turning the landmark into a pedestrian plaza.

"They simply put barriers, potted trees and street furniture out and people responded in an extraordinary way. They followed up with a much more permanent project," Huff says.

Dennis Frazier, project leader for MUSC, says tactical urbanism sends a message, telling people they're getting the space back from cars and trucks. "This rapid transition from vehicle to pedestrian use lets people begin to use it while we are planning the next phase with additional improvements."

Phase 1 was designed by the landscape architecture firm DesignWorks.

### What's next for the Charleston Medical District Greenway?

Some changes will occur very quickly, as leaders of the greenway effort encourage people to see the affected section of Doughty Street in a new light. The immediate changes give the community a sense of the coming improvements to the area.

Between now and Nov. 20, Doughty Street, between President and Ehrhardt streets, will be painted green to resemble the future grass and greenery of the greenway and make it clear that it's no longer available to cars. There will be electric signs that will stay up for several weeks while people learn the new flow of pedestrian and vehicular traffic. Four truckloads of trees will be placed in large planters throughout the area. They'll be lit in the evenings. There will also be outdoor furniture made from recycled materials. Frazier says the trees and the furniture will be used in future phases of the greenway as well.

"The next phase will remove much of the asphalt street to create a park with grass, trees, plants and perhaps water features. It will be a place of peace and relaxation, which is safe for the many people who now walk this area every day," Frazier says.

"It will also be a place for others on the peninsula to enjoy a time of rest and relaxation. Locations for two food trucks are planned near Ehrhardt and Doughty for this first phase. Future phases may have more permanent eating establishments for everyone to use."



## FIRST PHASE OF GREENWAY ON DOUGHTY STREET CONTINUED...

### What is the bigger picture for the greenway?

Plans for the Charleston Medical District Greenway were announced in 2015, with the idea that the physical environment is part of how people heal. Research actually backs that up, showing that patients who can see trees and gardens in a peaceful environment heal more quickly than those who see mostly institutional buildings and streets. The greenway also is envisioned as a gathering place for people visiting and working in the hospitals.

Huff says it fits into a larger picture for the city. “The greenway will be an urban asset that builds on Charleston’s rich tradition of marvelous public spaces.”

The greenway almost didn’t happen. Roper Hospital, adjacent to the MUSC campus, was getting ready to build a parking deck off Doughty Street. MUSC President David Cole approached leaders at Roper and said he envisioned a greenway.

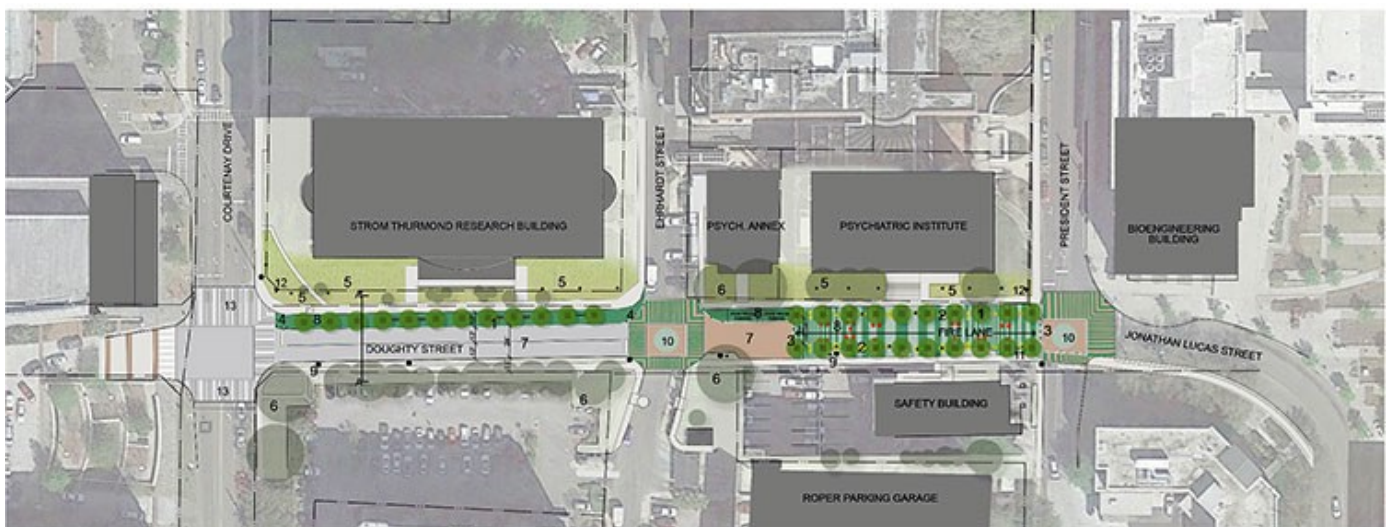
Roper’s leaders shifted gears, came up with a different parking solution and agreed to support the greenway. From there, the city and the Ralph H. Johnson VA Medical Center got involved, working with leaders from MUSC and Roper Hospital to come up with a plan. It has been approved, in principle, by the city and the Medical District team.

Here’s what the greenway will look like in the future: The asphalt will go away and grass will go in. Trees will be planted, including the ones being used in the tactical urbanism effort underway now. There will be outdoor sitting areas and some covered areas to give people shade during the hotter months.

There are also plans to “calm” traffic on Courtenay Street, which will remain open to vehicles but become more pedestrian friendly. And Courtenay could extend across Calhoun Street to Alberta Long Lake, connecting to Fourth Street and continuing on to Lockwood Drive near the Charleston City Marina. The idea is to make it easier for people to move from West Edge, The Citadel, Hampton Park and Wagner Terrace through the Medical District Greenway to Long Lake, Colonial Lake and on to the Battery.

Huff says leaders will begin working on the next phase of the greenway soon after the Nov. 20 celebration of Phase 1. That next phase is expected to be complete by 2019, when the MUSC Shawn Jenkins Children’s Hospital opens.

The architect is proud of the work of the city and the Medical District. “It will provide a place of refuge and restoration. Just to be able to sit in a beautiful park setting in the middle of a medical district is one, almost unprecedented, and two, it’s just the right thing to do.”





## GRAND ROUNDS FOR THE MONTH OF DECEMBER



### **“CIED Update”**

**December 5, 2017**

**Eric Nelson, DO, Associate Professor  
Dept. of Anesthesia & Perioperative Medicine  
Medical University of South Carolina**



### **“Morbidity & Mortality Conference”**

**December 12, 2017**

**George Guldán, M.D., Associate Professor  
Ryan Gungelman, M.D., Associate Professor  
Dept. of Anesthesia & Perioperative Medicine  
Medical University of South Carolina**



### **“NORA Anesthesia”**

**December 19, 2017**

**Srinivas Pyati, M.D., MBBS, Assistant Professor  
Dept. of Anesthesiology  
Duke University School of Medicine**

**December 26, 2017  
No Lecture—Happy Holidays!**





DEPARTMENT OF ANESTHESIA AND  
PERIOPERATIVE MEDICINE

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CHECK OUT OUR WEBSITE AT:  
[HTTP://WWW.MUSC.EDU/ANESTHESIA](http://www.musc.edu/anesthesia)

### Future Events/Lectures

#### Intern Lecture Series

December 14th—GI Morbidity (Liver, Pancreas),  
Dr. Stoll, SEI 314

#### CA 1 Lecture Series

December 6th—Acid-Base Balance; Renal  
Physiology & Anesthesia, Dr. Field, SEI 314

December 13th—Anesthesia for Patients with  
Kidney Disease, Dr. Bridges, SEI 314

#### CA 2/3 Lecture Series

December 4th—Post Anesthesia Recovery,  
Dr. Stoll

December 11th—Management of Patients with  
Psychiatric/Substance Abuse, Dr. Skorke

December 18th—Visiting Professor Lecture, All  
Residents, Dr. Pyati (Duke), CSB 429

December 25th—Happy Holidays—No Lecture

#### Grand Rounds

December 5th—CIED Update, Dr. Nelson

December 12th—Morbidity & Mortality  
Conference, Drs. Guldan & Gungelman

December 19th—Visiting Professor Lecture,  
Dr. Pyati (Duke)

December 26th—Happy Holidays—No Lecture



### I HUNG THE MOON

Please don't forget to nominate your co-workers for going 'Beyond the Call of Duty.' I Hung The Moon slips are available at the 3rd floor front desk and may be turned in to Kim Pompey. Thank you!

Jasper Cumbee, M.D.—Thanks for helping EMG start an IV for a procedure. It helped us complete the procedure more efficiently.



Department Holiday Party  
Friday, December 1, 2017  
Carolina Yacht Club



[Imagine 2020 Strategic Plan](#)

**We Would Love to Hear From You!**

If you have ideas or would like to contribute to *Sleepy Times*, the deadline for the January edition will be December 15, 2017.