



SLEEPY TIMES

VOLUME 14, ISSUE 1 JANUARY 2020



MESSAGE FROM THE CHAIRMAN: HAPPY NEW YEAR!!!

-SCOTT T. REEVES, MD, MBA



Inside This Issue:

| | |
|-------------------------------------|------|
| -Message from Chairman | 1 |
| -Holiday Party 2019 | 2-5 |
| -Toys for Tots | 5 |
| -Door Decorating Contest | 6-7 |
| -Women in Anesthesia Yoga Event | 8 |
| -New Grand Rounds Attendance Method | 9-10 |
| -Patient Scores | 11 |
| -Research Corner | 12 |
| -Department Events | 13 |
| -Grand Rounds | 14 |
| -Future Events/Lectures | 15 |

I am very excited about welcoming 2020. This will be an incredible growth year for the department. I can confidently say that the Shawn Jenkins Children’s Hospital will open sometime this year. The West Ashley Ambulatory Surgical Center will open this month. The East Cooper Ambulatory Surgical Center will soon follow.

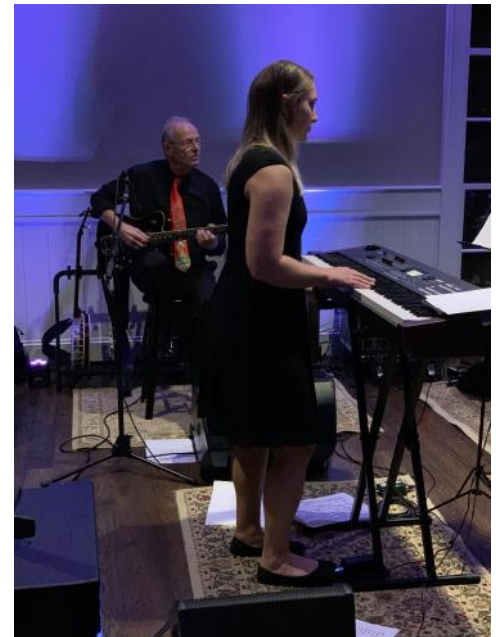
As we move into 2020, let’s take a brief look back into 2019 by enjoying pictures from our annual Holiday Party and performance from our own *Induction Agents*.



HOLIDAY PARTY 2019



HOLIDAY PARTY 2019 CONTINUED...



HAPPY
NEW YEAR



HOLIDAY PARTY 2019 CONTINUED...



HOLIDAY PARTY 2019 CONTINUED...



TOYS FOR TOTS HOLIDAY DRIVE

Our donation boxes were overflowing this year! The Toys for Toys Drive was a huge success thanks to all of you! Our watchful Sailor was delighted with the turnout. Thank you to everyone who participated!



MARINE
TOYS FOR TOTS
FOUNDATION

HOLIDAY DOOR DECORATING CONTEST

Here are the winners and participants of the 2019 Holiday Door Decorating Contest. Well done, everyone!



Susan Watson, 1st Place Winner



Laura Matthews, 2nd Place Winner



Sadira Abu-Arja, 3rd Place Winner

HOLIDAY DOOR DECORATING CONTEST CONTINUED...

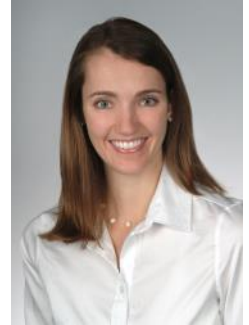


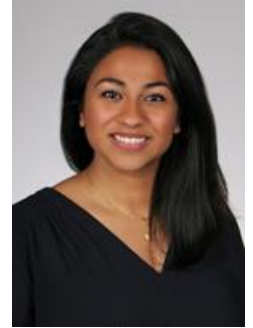
WOMEN IN ANESTHESIA YOGA EVENT BY CATHERINE TOBIN, MD

MUSC’s chapter of Women in Anesthesiology held a yoga event on Saturday, November 23. We did an outdoor yoga class at Dr. Tracy Wester’s home. Before class, the instructor told us, “You must take care of yourself, so you can take care of others.” That quote stuck with me. All physicians, nurses, and health care technicians need to remember this. As I was laying on my back in a pose during the class, I looked up to see a magnificent blue sky, white clouds, and part of a beautiful oak tree while hearing the sound of birds chirping and kids playing in the distance. I should do this way more often, I thought to myself. I felt so calm and relaxed.

Yoga is a mind and body practice that is over 5,000 years old! It combines physical postures, breathing techniques, meditation, and relaxation. There are many types of yoga including Bikram, Hatha, Power, Yin, Restorative, and the list goes on. One should not be intimidated or overwhelmed to try yoga. The benefits are numerous, including increased flexibility, increased muscle tone and strength, protection from injury, increased energy and vitality, weight reduction, and increased happiness. Our job as anesthesiologists is super stressful. Consider bringing a yoga mat to your office to take a 15-minute yoga break!

Dr. Grayce Davis chairs the committee in our department for health, wellness, and burnout prevention. The committee has been working on overall health and wellness improvement for our group. More information and exciting improvements are to come.

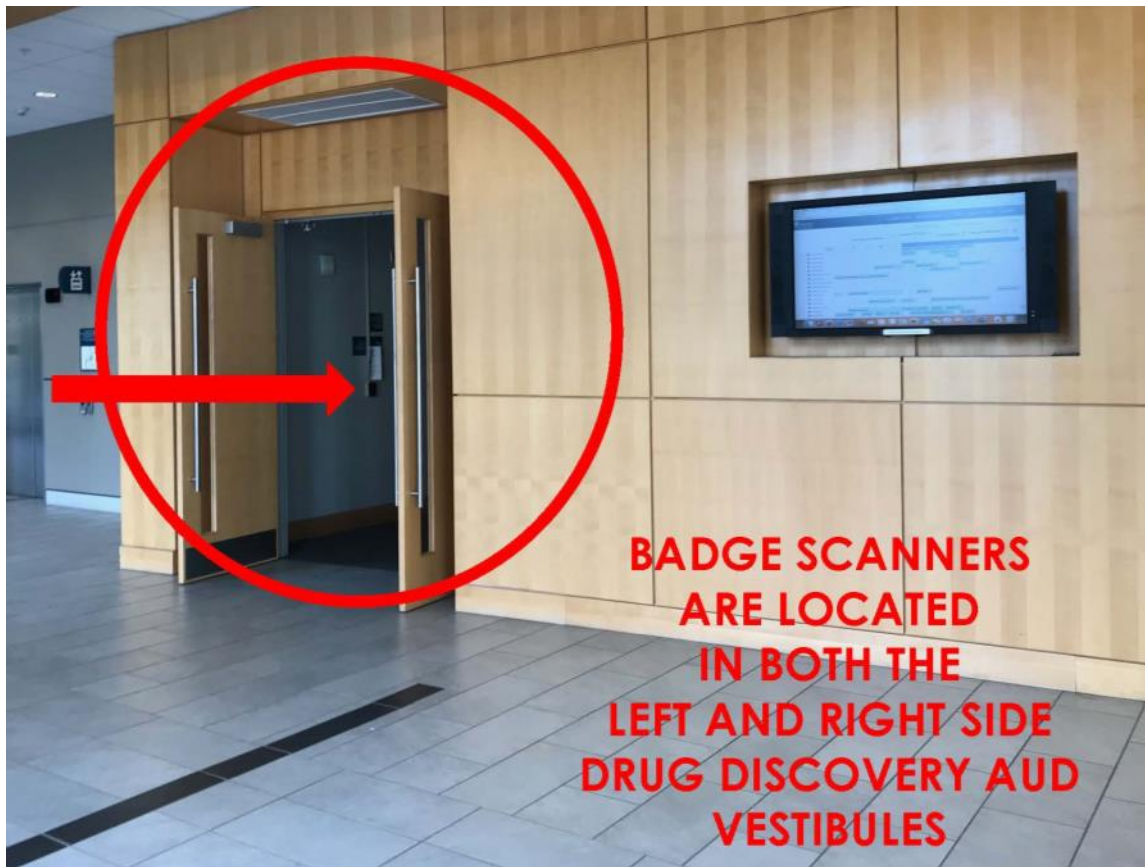


**GRAND ROUNDS ATTENDANCE
BY RENUKA GEORGE, MD**

Dear All,

Going forward, we are moving away from signing in on the hard-copy roster to more streamlined, digital methods of capturing your attendance at Tuesday morning Grand Rounds/M&M sessions:

1. Badge Scan is available in either left or right entrance vestibule of the Drug Discovery Auditorium to capture your attendance at each Grand Rounds session. If swiping after another person, please wait until the light stops blinking and turns red before scanning your badge, and make sure light turns green to fully catch your badge scan – see pictures for details. We will still have hard copy attendance sheets for the next week or so just in case.
2. WebEx for those sessions that are available via live stream (please note, we will not live stream M&Ms). Please note you must be ‘actively viewing’ the stream in WebEx for the entire duration of the presentation to get credit for streaming, per the CME office (i.e., you will not be active if it you have the stream up but open another tab and navigate away from WebEx).



**BADGE SCANNERS
ARE LOCATED
IN BOTH THE
LEFT AND RIGHT SIDE
DRUG DISCOVERY AUD
VESTIBULES**

GRAND ROUNDS ATTENDANCE CONTINUED...

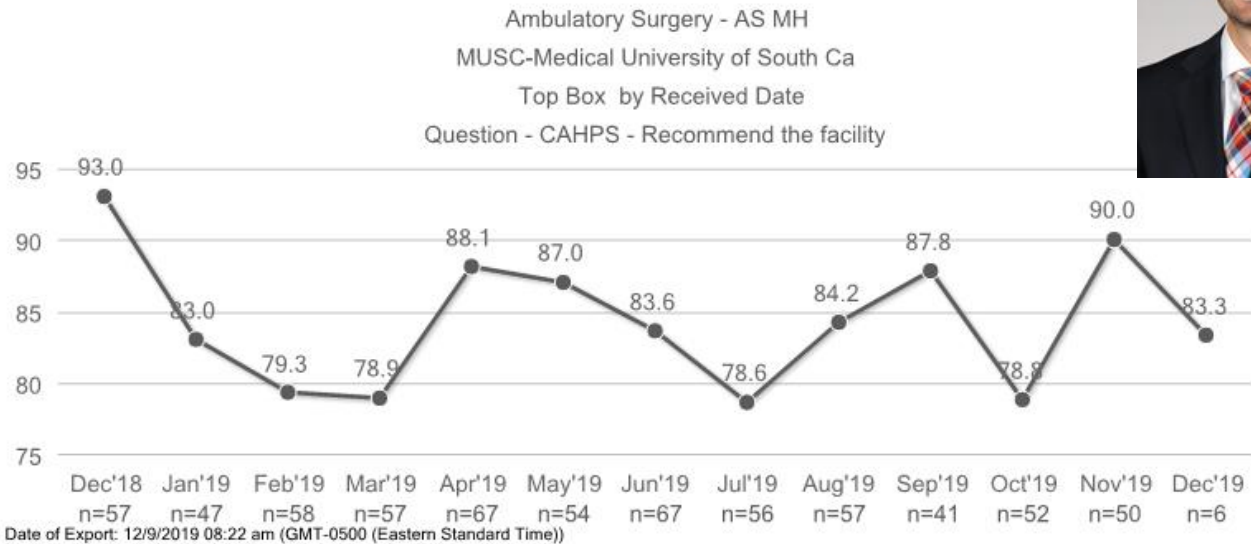
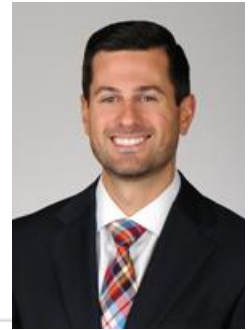


**WAIT UNTIL THE LIGHT STOPS
BLINKING AND TURNS RED
BEFORE SCANNING YOUR
BADGE.**

**MAKE SURE LIGHT TURNS GREEN
TO FULLY CATCH YOUR BADGE
SCAN.**



**PATIENT EXPERIENCE SCORES MAIN UNIT NOVEMBER 2019
BY JOEL SIRIANNI, MD**



Faculty and Residents,

Our target goal across all ambulatory surgery centers (AS ART, AS ENDO, AS MAIN, AS RT) is >89% of patients answer "definitely yes" to if they would "Recommend the Facility" on the Press Ganey OAS CAHPS Survey (below). Main hospital has been below the target goal 10 months in a row until November (hit 90%!). In the survey, there are 2 questions specifically geared toward anesthesia in the survey which we routinely score well on, but there is always room for improvement. I meet monthly with the Patient Experience Committee and am happy to present any concerns to address or ideas you feel would enhance the patient and family care experiences. Ongoing areas of focus include:

- After Surgery 1-Pager provided in Holding – educates patient on recovery time in PACU/how they will probably feel waking from anesthesia.
- Noting delays and patient concerns on paper chart from holding to PACU (tool so ALL staff can be aware and acknowledge any negative events/experiences).
- Protocol for handling delays, specific Press Ganey verbiage to be used.
- Excellent Care campaign - care team members should be telling patients we'll be "taking excellent care of you."
- Improved patient and staff flow from 4th floor waiting room to holding and PACU.
- "Comfort Campaign" – ask for volunteer assistance with providing comfort items to patients and visitors – warm blankets, etc.
- Kelly & Heather and Holding / OR Charge Nurses partnering to streamline communication between two departments about delays, improve patient flow, etc.

CAHPS Summary

| Global DOMAIN | Question | n | % |
|-------------------------------------|-----------------|----|------|
| Anesthesia info easy to understand | No | 1 | 2.0 |
| | Yes, somewhat | 2 | 4.0 |
| | Yes, definitely | 47 | 94.0 |
| | Total | 50 | |
| Anes side effect easy to understand | No | 1 | 2.0 |
| | Yes, somewhat | 6 | 12.0 |
| | Yes, definitely | 43 | 86.0 |
| | Total | 50 | |

RESEARCH CORNER

Instillation of 5% Povidone-Iodine Ophthalmic Drops Decreases the Respiratory Rate in Children Undergoing Strabismus Surgery: A Randomized Controlled Trial

Michelle S. Rovner, MD; Bethany Jacobs Wolf, PhD; Melanie Rubin, BS; Alexandra Ritter, BS; Christopher L. Heine, MD; Tracy E. Wester, MD; Cory M. Furse, MD, MPH, FAAP



Dr. Rovner



Dr. Wolf



Dr. Heine



Dr. Wester



Dr. Furse

Transversus Thoracic Plane Block: How I Do It



November 2019 Issue



Renuka George, MD

Assistant Professor, Medical University of South Carolina
Co-author



Kirsten Dahl, MD

Resident, Clinical Anesthesia-3, Regional Anesthesia Fellow 2019-2020, Department of Anesthesia and Perioperative Medicine, Medical University of South Carolina, Charleston, South Carolina
Co-author



Johanna Blair de Haan, MD

Assistant Professor, McGovern Medical School, UT Health at Houston
Co-author

Drs. George and Dahl were featured in the November 2019 edition of the ASRA Newsletter.

A Work Systems Analysis of Sterile Processing: Sterilization and Case Cart Preparation

Myrteide Alfred, Ken Catchpole, Emily Huffer, Kevin Taafe, Larry Fredendall

Structural Approaches to Address Issues in Patient Safety

ISBN: 978-1-83867-085-6, eISBN: 978-1-83867-084-9

ISSN: 1474-8231

Publication date: 24 October 2019 [Reprints & Permissions](#)



Dr. Alfred



Dr. Catchpole

WELCOME TO THE DEPARTMENT



Suzanne Ruda, MSN, CRNA, joined the Main Hospital in October from Alexandria, Virginia. A native of Pennsylvania, she graduated from Millersville University of Pennsylvania in 2000 with a Bachelor's in Psychology and minor in Biology. She attended graduate school at the University of Akron and received her Master's in Applied Cognitive Aging in Psychology in 2002. She received her Bachelor of Science in Nursing in 2003 from the University of Akron. She started her nursing career at Inova Fairfax Hospital in 2003 as a cardiac telemetry nurse and transitioned to the ICU at George Washington University Hospital from 2009-2011. She received her MSN in anesthesia from the University of Miami in 2013. She comes to us from Inova Fairfax Hospital, a level 1 trauma hospital outside of Washington, DC, where she started as a CRNA in 2014.

NEW BABIES IN THE DEPARTMENT



Please congratulate Grace Johnston and family as they welcome Hudson Tyler, born November 22, 2019 at 7:44pm. Hudson weighed in at 6 lbs. 10 oz. and measured 19 inches.



Please congratulate Brad and Julie Eastman as they welcome Ruby Kate, born December 18, 2019 at 12:49am. Ruby weighed in at 7 lbs. 13 oz. and measured 20 inches.



STAFF HOLIDAY BREAKFAST



Dr. Reeves treated the Administrative & Research Staff to breakfast at Sweetwater Café to help usher in the holiday season. Good food and lively conversation were enjoyed by all!

GRAND ROUNDS FOR THE MONTH OF JANUARY



“Faculty Meeting”

January 7, 2020

**Scott Reeves, MD, Professor & Chairman
Dept. of Anesthesia & Perioperative Medicine
Medical University of South Carolina**

“Pediatric Difficult Airways”

January 14, 2020

**Paul Reynolds, MD, Associate Professor
Michigan Medicine Pediatric Anesthesiology
University of Michigan**



“Mass Casualty Incident Update ”

January 21, 2020

**Cory Furse, MD, Associate Professor
Dept. of Anesthesia & Perioperative Medicine
Medical University of South Carolina**

“Hot Topics in Pediatric Anesthesia”

January 28, 2020

**Amanda Redding, MD, Assistant Professor
Dept. of Anesthesia & Perioperative Medicine
Medical University of South Carolina**





DEPARTMENT OF ANESTHESIA AND PERIOPERATIVE MEDICINE

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[CHECK OUT OUR WEBSITE](#)

Intern Lecture Series

January 9—Anesthesia for GI Surgery,
Dr. Bridges, SEI 314

January 23—Endocrinology, Dr. Tobin, SEI 314

Grand Rounds

January 7—Faculty Meeting, Dr. Reeves

January 14—Pediatric Difficult Airways, Dr. Reynolds

January 21—Mass Casualty Incident Update,
Dr. Furse

January 28—Hot Topics in Pediatric Anesthesia,
Dr. Redding



Jenny Ann Smoak, Department Administrator and Dr. Carlee Clark, ICCE Administrator showing off their festive Christmas Sweaters!



I HUNG THE MOON

Please don't forget to nominate your co-workers for going 'Beyond the Call of Duty.' I Hung The Moon slips are available at the 3rd floor front desk and may be turned in to Tammie Matusik. Thank you!



Resident Graduation
Friday, June 26, 2020
Founders Hall

Resident Welcome Party
Saturday, August 1, 2020
Riverdogs Game

Holiday Party
Friday, December 4, 2020
Carolina Yacht Club



MUSC Leading Health Innovation for the Lives We Touch

[Imagine 2020 Strategic Plan](#)

We Would Love to Hear From You!

If you have ideas or would like to contribute to *Sleepy Times*, the deadline for the February edition will be January 17, 2020.