



# SLEEPY TIMES

VOLUME 14, ISSUE 3 MARCH 2020



## MESSAGE FROM THE CHAIRMAN: SHAWN JENKINS CHILDREN'S HOSPITAL AND PEARL TOURVILLE WOMEN'S PAVILION OPENS

-SCOTT T. REEVES, MD, MBA

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On February 22, the ambulances were lined up and the move of pediatric patients from the Ashley Avenue Children's Hospital to the Shawn Jenkins Children's Hospital and Pearl Tourville Women's Pavilion began. By the end of the day, all the patients were nicely in place in our new \$385 million facility. The new facility has 250 patient beds which is a 20% increase over the previous facility and contains new state-of-the-art facilities.



The pediatric operating rooms along with the cardiac catheterization laboratories and MRI are all located on the 3rd floor allowing better continuity of anesthesia care. Labor and delivery are located on the 4th floor a short distance via a cross walk to the Ashley River Tower operating rooms allowing for substantial additional resources if ever needed.

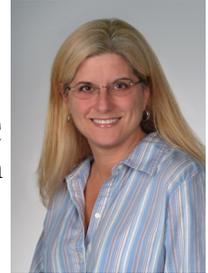
I want to personally thank all the faculty, residents, CRNAs, and administrative staff that worked on "transition" Saturday. Enjoy the pictures below. I personally like the sunrise taken by Dr. Sabbagh at the new building. A new day is dawning at MUSC.



**OPENING STATEMENT CONTINUED...**

**TEAMWORK DOES MAKE THE DREAM WORK**  
**BY: LAURA ROBERTS, MD, FASA**

I want to take this opportunity to highlight events from our opening day at the new MUSC Shawn Jenkins Children's Hospital/Pearl Tourville Women's Pavilion. The opening began in the early morning hours on Saturday February 22, 2020 with the transfer of pediatric and obstetric patients from our main university campus facility. As the Anesthesia In-house Call Attending on duty that day, I want to recognize the tremendous effort of all the staff that helped make the transition and opening a success. Despite the inherent stress and challenges that come with an endeavor like this, our team worked well together throughout the day and night. To note, our obstetric service was quite active. We performed the very first procedure in our new facility – a successful external cephalic version under combined spinal epidural anesthesia, as well as, the first surgical case – an emergent Cesarean delivery under general anesthesia. The teamwork was outstanding during this emergency. All team members responded well, and the result was a positive outcome for both mother and baby. The obstetric team reported our response time was 11 minutes from triage to delivery!! (Goal is <15 minutes) That's incredible teamwork!! Way to go, team!! A huge "THANK YOU" to ALL!!



Daniel Young MD, Parin Garg MD, Travis Pecha MD, Jennie Cannon CRNA, Samantha Kinninger CRNA, Katie Smith, Anesthesia Tech, Lisa Crusenberry, Anesthesia Tech, Kevin Massey, Anesthesia Tech, Carla Simmons, Anesthesia Tech

**MEET THE NEW CHIEF RESIDENTS FOR 2020-2021****BY GJ GULDAN, MD**

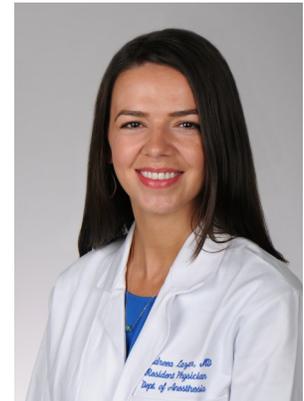
I am happy to announce our new chief residents for the 2020-21 academic year! Please congratulate Drs. Daniel Young, Ellen Hay, and Andreea Lazar. I look forward to working with them and know they will do a fantastic job! I also want to thank the current chiefs again, Drs. Ryan Mims, Zach Jeanes and Clark Sealy, for their tireless hard work and dedication.



Ellen Hay, MD

Ellen Hay grew up in Charleston as the middle of three girls. After 12 years at Ashley Hall, Ellen attended the University of Georgia Honors College. She graduated with a degree in Banking and Finance. However, after going on a medical mission trip to Belize, she ultimately decided to pursue a career in medicine and entered medical school at MUSC. Her husband, Addison, is a third year medical student at MUSC (despite her best efforts, he's not considering a future in anesthesiology). They have a 5 year-old Boykin Spaniel, Zoe. In her free time, she enjoys spending time with family, going in the boat, and traveling.

Originally born and raised in Romania, Andreea moved to the United States when she was 21 years old. She went to Clemson University and majored in Microbiology. She attended medical school at MUSC after being offered an early acceptance. Andreea is planning on completing a fellowship in Cardiothoracic Anesthesiology at MUSC after residency. Her husband, Constantin is a mechanical engineer at Boeing. Andreea enjoys spending time with family and her dog Sigma. She also loves the beach, traveling and snowboarding in her free time.



Andreea Lazar, MD



Daniel Young, MD

Daniel grew up on Lake Murray in Chapin SC. He has a younger sister who is a paramedic supervisor for Lexington county SC. Daniel completed his undergraduate degree at the University of South Carolina in Columbia, where he completed a Bachelors of Science in Nursing. He attended MUSC for Medical school. He currently serves as a Captain in the US Army National Guard. Daniel lives in downtown Charleston with his long time partner Adam, who is in the Orthopedic surgery residency program.

# Physician Anesthesiologists Week

JANUARY 26 - FEBRUARY 1, 2020



## FACULTY VS. RESIDENT BOWLING COMPETITION BY GRAYCE DAVIS, MD



On Tuesday, February 18, 2020, the department held the thirteenth iteration of the annual Faculty versus Residents Bowling Tournament. As one might predict, number 13 was not so lucky for the heroes in our story, the attendings. Dr. John Green, representing the residents, was the overall winner with a score of 155. Dr. Robert Harvey was the high scorer for the faculty and second place winner overall with a score of 152, another achievement of many that wasn't quite enough, but at least he tried.

When asked for comment following the awards ceremony, Dr. Harvey replied, "I never really knew that bowling scores went over 100 points. I'm not quite sure what happened out there. More importantly, though, I would like to commend Dr. Green for his win tonight. It's really remarkable that someone with, uh, that much 'life experience' is still putting himself out there, doing his thing. I hope when I reach that age that I still have that much vigor."

The evening was filled with camaraderie, refreshments, casual bloodthirst for victory, and a nice opportunity to socialize outside of the clinical setting. Other contributions to another great bowling tournament come from Dr. Tracy Wester, who showed up but once again did not participate. (Aside: if you are interested in starting your own 501(c)(3), please contact Dr. Wester to attend her seminar "Your Presence Is a Gift: How to Let Your Friends and the IRS Know That".)

Dr. Brent Holway served as Dr. Reeves's personal Bumper Butler. While historically use of gutter bumpers constitutes means for disqualification, the Boss definitely did not use bumpers, no one saw anything, and this entire point is moot.

The winner of this year's Sports Individualism award goes to Dr. Tara Kelly for bravely wearing a t-shirt extolling "I just want both teams to have fun." Thank you, Dr. Kelly, for your courage to make such a conflict-free statement from the safe confines of the winning team. Additional thanks go out to all who participated in this year's tournament. We look forward to another great evening next year.

### BOWLING TOURNAMENT HALL OF CHAMPIONS

2008	Matt Springs	188	<b>Cal Alpert</b>	212
2009	Wes Hudson	143	<b>Scott Reeves</b>	148
2010	Missy Reed	165	<b>Tom Epperson</b>	180
2011	Missy Reed	161	<b>Jake Freely</b>	170
2012	<b>Bennett Cierny</b>	<b>159</b>	Larry Fied	152
2013	Parker Gaddy	150	<b>Cal Alpert</b>	171
2014	<b>Tony Lawson</b>	<b>216</b>	Scott Reeves	152
2015	<b>Tony Lawson</b>	<b>194</b>	GJ Guldan	132
2016	<b>Carey Brewbaker</b>	<b>142</b>	Alison Ellis	119
2017	<b>Tony Lawson</b>	<b>211</b>	Scott Reeves	126
2018	Kevin Draper	<b>184</b>	<b>Rob Mester</b>	186
2019	Armando Aguilera	<b>132</b>	<b>Joel Sirianni</b>	143
2020	<b>John Green</b>	<b>155</b>	Robert Harvey	152

FACULTY VS RESIDENTS BOWLING COMPETITION CONTINUED...



## ERAS QUALITY PROGRAM

Enhanced Recovery After Surgery (ERAS) programs have changed the approach to perioperative care over the last decade with an increased focus on preoperative optimization, multimodal analgesia, goal directed fluid therapy, and early postoperative ambulation and feeding. The Joint Replacement Program was recently awarded the designation “ERAS Quality Program of the Year” by MUSC leadership. The collaborative care provided to patients undergoing joint replacement is truly excellent. The Preoperative Assessment Clinic and the Regional/Acute Pain service have been recognized for their involvement in the success of the Joint Replacement ERAS program. Congratulations to all who participate in the care of these patients!



Dr. Katie Bridges

## Podcast: The Past, Present and Future of Tele-Anesthesia

Dr. Kathryn H. Bridges, from the Medical University of South Carolina, reviews the history of tele-medicine and how it recently integrated into perioperative medicine. One of the authors of the article, [“To Infinity and Beyond: The Past, Present, and Future of Tele-Anesthesia.”](#) published in the February 2020 issue of Anesthesia & Analgesia, Dr. Bridges discusses the growth of hospital-based tele-medicine services in the areas of stroke care and ICU services.

Click [here](#) to listen to the podcast.

## NATIONAL WOMEN PHYSICIANS DAY

### NATIONAL WOMEN PHYSICIANS DAY – FEBRUARY 3, 2020

The department recognized national women physicians’ day on February 3. Medical school training has come a long way from the days of Dr. Elizabeth Blackwell with class composition being approximately equal between men and woman.

We are fortunate to have outstanding women role models within our department. I wish all our women faculty and residents the best as we recognize their compassion to patient care and our department.

#### Celebrate National Women Physicians Day on Monday, Feb. 3

On Monday, we celebrate National Women Physicians Day, recognized on the birthday of Dr. Elizabeth Blackwell, the first woman to receive a medical degree in the United States. We are honored to recognize women physicians everywhere who followed in Dr. Blackwell’s footsteps, and celebrate the hundreds of amazing women physicians who make up the MUSC Health care team. Thank you for your passion, long hours and innovations. Thank you for your commitment to our patients and their families. On behalf of the entire MUSC family, Happy National Women Physicians Day!

## RESEARCH CORNER



Dr. Michael Scofield

ORIGINAL ARTICLE | [Full Access](#)

## Amperometric measurements of cocaine cue and novel context-evoked glutamate and nitric oxide release in the nucleus accumbens core

BM Siemsen ✉, JA McFaddin, K Haigh, AG Brock, MN Leath, KN Hooker, LK McGonegal, MD Scofield

First published: 04 January 2020 | <https://doi.org/10.1111/jnc.14952>

## A Work Systems Analysis of Sterile Processing: Sterilization and Case Cart Preparation

Myrteide Alfred, Ken Catchpole, Emily Huffer, Kevin Taaffe, Larry Fredendall

Structural Approaches to Address Issues in Patient Safety

ISBN: 978-1-83867-085-6, eISBN: 978-1-83867-084-9

ISSN: 1474-8231

Publication date: 24 October 2019 [Reprints & Permissions](#)

Dr. Ken Catchpole

### Abstract

While highly dependent upon the individual skills of the sterile processing technicians, making the sterilization process less complex and more visible, managing interruptions during case cart preparation, improving communication with the OR, and improving workspace and technology design could enhance performance in instrument reprocessing.



Dr. Myrteide Alfred

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Original research

Work systems analysis of sterile processing: decontamination

Myrteide Alfred<sup>1</sup>, Ken Catchpole<sup>1</sup>, Emily Huffer<sup>2</sup>, Larry Fredendall<sup>3</sup>, Kevin M Taaffe<sup>2</sup>

## HIPAA TIP SHEET



### HIPAA TIP SHEET

Employees of the Medical University of South Carolina are expected to protect patient information in accordance with HIPAA privacy and security rules. This is a fundamentally important aspect of all patient care for everyone. This tip sheet highlights key HIPAA focus areas. Many of the tips below are covered under policy [C-003, Patient Confidentiality Handbook](#); please refer to that policy for additional information.

#### Access

The HIPAA rule allows access to the medical record for payment, treatment and healthcare operations. Any access outside of what is permitted is considered unauthorized, i.e. “snooping” and constitutes a HIPAA breach.

Examples of unauthorized access include viewing:

- a co-worker or family member’s medical record out of curiosity or concern
- a record of a celebrity or newsworthy patient
- a record of a patient you treated in the past, when you are not involved in their current treatment
- a record to look up an address, birthday or any other demographic information

#### Email

- Only send the “minimum necessary” protected health information (PHI)
- Always verify the recipient prior to sending
- Communication of sensitive tests and emergency information via email is prohibited

#### External:

- Use MyChart to communicate directly with patients (**Best Practice**)
- If a patient requests communication via private email:
  - Document the request in the medical record
  - Send a test message and have the patient reply
- Emails sent outside of MUSC must be [encrypted](#).
  - Type **SEND SECURE** in the subject line of the email

#### Receiving Email:

- External email has a banner that says “Caution: External”
- **Never** respond to an email asking you for your user name and password; the OCIO will never ask you for your user name and password via email
- If you need to respond to an external email chain with PHI in the message, you must encrypt that message (see above)

#### Mobile Devices

- In cases where texting and/or paging clinical information is the most appropriate means of communicating time sensitive information, the minimum amount of PHI necessary should be included in the text/page. Per CMS, all providers must use texting/communication platforms that are secure and encrypted. MUSC’s approved communication platform is the Simon paging system, which includes [Spok mobile](#) for your mobile device and MUSC’s encrypted pagers. When using approved technologies, contents related to patient care/treatment must be documented in the medical record.
- Beware of automatic cloud backup for sensitive information.
- If you plan to use a device for photos/videos, you must enroll in the Canto/Haiku app.
- Employees may use mobile devices for work purposes but must ensure that they follow the Mobile Devices Management policy and are required to use [Two Factor Authentication](#).

**WELCOME TO THE DEPARTMENT****James Williams, MSN, CRNA**

Jim has over 21 years' experience as a CRNA. He recently retired from the Charlie Norwood Veterans Administration with 30 years of service. In addition Jim has worked at the Joseph M. Still Burn and Trauma Center for 10 years. Originally from Xenia Ohio, Jim served in the US Army and Air Force and was honorably discharged in 2002. Jim and his wife Sheila recently moved to Edisto Island, SC with the 2 schnauzers. They have 3 daughters and 3 grandchildren. Jim enjoys shrimping, fishing, boating as well as Georgia Football.

**Trey Hiott, Fiscal Manager**

Trey is originally from Charleston. He came from the Department of Pediatrics at MUSC where he was an Accountant/Fiscal Analyst. Trey received his Bachelors in Business Administration from the College of Charleston. Before his career at MUSC, Trey was a Credit Manager/Assistant Accountant for a large international company called City Electric Supply. Trey loves spending time with his 22 month old son, Jackson. His wife, Emory, is a professor at Charleston Southern University and currently working on her PhD. Trey loves spending time outdoors on the boat and fishing. He is eager to dive into the job and fulfill the position to help everyone within the department.



**GRAND ROUNDS FOR THE MONTH OF MARCH**



**Transplant  
March 3, 2020  
Dr. David Stoll, MD, Associate Professor  
Dept. of Anesthesia & Perioperative Medicine  
Medical University of South Carolina**

**Kidney Transplant: Protocol Review and Cardiovascular Risks  
March 10, 2020  
Dr. Joseph Abro, MD, Assistant Professor  
Dept. of Anesthesia & Perioperative Medicine  
Medical University of South Carolina**



**Subspecialty Meeting  
March 17, 2020  
Dept. of Anesthesia & Perioperative Medicine  
Medical University of South Carolina**

**TBD  
March 24, 2020  
Dr. David Maerz, MD  
Dept. of Anesthesia & Perioperative Medicine  
University of Pittsburgh**



**TBD  
March 31, 2020  
Dr. Tracy Wester, MD, Assistant Professor  
Dept. of Anesthesia & Perioperative Medicine  
Medical University of South Carolina**



DEPARTMENT OF ANESTHESIA AND PERIOPERATIVE MEDICINE

Email: [hiottg@musc.edu](mailto:hiottg@musc.edu)  
Phone: 843-792-7503  
Fax: 843-792-9314

[CHECK OUT OUR WEBSITE](#)

**Future Events/Lectures**

**Intern Lecture Series**

March 5—Anesthesia for Peds, Dr. Sabbagh, SEI 314

March 19—Hematologic Disorders, Dr. Finley, SEI 314

**CA 1 Lecture Series**

March 4—Anesthesia for Cardiovascular Surgery, Dr. G. Whitener, ART 1206

March 11—Obstetric Anesthesia PBL, Dr. Tobin, CSB 429

March 18—Pediatric Anesthesia PBL, Dr. Redding, CSB 429

March 25—Anesthesia Review/Jeopardy, Dr. Moore, CSB 429

**CA 2/3 Lecture Series**

March 23—Visiting Professor Lecture, All Residents, Dr. Maerz (Univ. of Pittsburg), CSB 429

**Grand Rounds**

March 3—Transplant, Dr. Stoll

March 10—Kidney Transplant: Protocol Review and Cardiovascular Risks, Dr. Abro

March 17—Subspecialty Meeting

March 24—Visiting Professor, Dr. Maerz

March 31—TBD, Dr. Wester



**I HUNG THE MOON**

Please don't forget to nominate your co-workers for going 'Beyond the Call of Duty.' I Hung The Moon slips are available at the 3rd floor front desk and may be turned in to Tammie Matusik. Thank you!



***Save the Date!***



**Resident Graduation**  
Friday, June 26, 2020  
Founders Hall

**Resident Welcome Party**  
Saturday, August 1, 2020  
Riverdogs Game

**Holiday Party**  
Friday, December 4, 2020  
Carolina Yacht Club



MUSC Leading Health Innovation for the Lives We Touch

**[Imagine 2020 Strategic Plan](#)**

**We Would Love to Hear From You!**

If you have ideas or would like to contribute to *Sleepy Times*, the deadline for the April edition will be March 20, 2020.