DEPARTMENT OF ANESTHESIA AND PERIOPERATIVE MEDICINE



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SLEEPY TIMES



VOLUME 19, ISSUE 5 MAY 2025

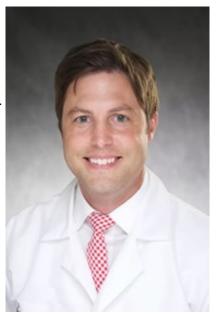
MESSAGE FROM THE CHAIRMAN: COMPREHENSIVE PAIN CENTER LED BY JUSTIN WIKLE, MD

-Scott T. Reeves, MD, MBA

The Department and Anesthesia ICCE have received approval to create a Comprehensive Pain Center. This center will aid the national and state push to address the opioid epidemic by establishing a patient -centered multidisciplinary coordinated care model

that provides an innovative clinical framework to transform care by enhancing service to our patients and reducing costs. The Pain Center allows for optimization in the preoperative period and ongoing support and care post discharge for the sub-acute period. The initial pilot will focus on MUSC spine surgical patients and will be led by Justin Wikle, MD. Complicated spine patients will be seen weeks prior to their surgery in order to optimize their pain regiment and functional status. Intraoperatively, a multimodal anesthetic plan will occur, and the patients will be taken care of post operatively by a combination of physicians and APPs dedicated to this new service. Once discharged, the patient will be closely followed to address

ongoing pain issues with gradual opioid weaning occuring. By establishing evidence-based, outcome driven pain care pathways, this center will decrease inpatient LOS and cost of care, decrease ED visits and readmissions for pain postsurgery, as well as decrease chronic pain patients in Primary Care. Over time, it is expected the program will grow to care for additional complex acute or chronic pain surgical patients. If you are interested in learning more and participation in this exciting new program, please reach out to Justin.

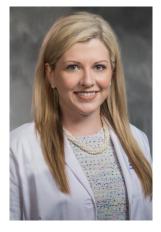


Justin Wikle, MD Associate Professor



🎔 Follow @MUSC_Anesthesia

WELCOME TO THE DEPARTMENT



Amande Faulkner, MD

Dr. Amanda Faulkner joins MUSC as a neuroanesthesiologist and intensivist. Originally from Eastern Kentucky (fun fact: her hometown is the birthplace of KFC!), she completed medical school, residency, and CCM fellowships at UK. She also completed a fellowship in neuroanesthesia at Duke, where she has worked for the last five years. Her clinical interests include awake craniotomies, intracranial vascular procedures, and complex spinal deformity procedures. In her spare time, she enjoys reading, cooking, and all things sports (currently, it's hockey season!). She also has a 14-year-old white furball named Luna, and avows not to become the crazy cat lady. She's excited to get to know everyone and promote further interest in neurosurgical anesthesia.

RESIDENT OF THE MONTH NOMINATION-DR. JON CONWAY

On behalf of the Recognition & Wellness Committee,

That's a wonderful acknowledgment for Dr. Conway! Being nominated for Resident of the Month is a significant achievement and reflects his hard work and dedication. Even though he was not chosen as Resident of the Month, please convey congratulations to him for this well-deserved recognition from the Wellness & Recognition Committee it's truly something to be proud of!



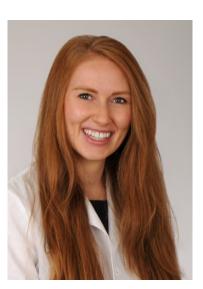
- Above and beyond excellent educator. Teacher and leads constructive rounds. Amazing rotation thus far.
- Excellent teaching.
- John goes above and beyond to educate and teach on rounds while fostering a healthy and inclusive environment.

FACULTY PROMOTIONS



Katie Bridges, MD Professor

Dr. Katie Bridges, a Louisiana native, moved to South Carolina over a decade ago to complete her anesthesiology residency at MUSC, graduating in 2014. Since that time, she has remained on faculty and serves as the Medical Director of the Preoperative Assessment Clinic. The evolution of the preop clinic has been a source of pride (and sometimes frustration), but in its current state represents a culmination of 8 years of work and steady progress. Dr. Bridges is heavily involved in the Society for Ambulatory Anesthesia (SAMBA), serving as a committee member and familiar face as an abstract session moderator and speaker. Dr. Bridges performs numerous roles at the American Society of Anesthesiologists (ASA) annual meeting, including recurring presenter, committee member, abstract reviewer, and voting member of the ASA House of Delegates. She has served as cochair of the NCSA/SCSA annual meeting and invited speaker on various perioperative medicine topics. Dr. Bridges is involved with numerous quality-related committees and projects throughout the MUSC system and looks forward to future growth in this domain. She would like to thank Dr. Reeves for his support and guidance over the years as she has progressed from resident, to new hire, to Professor, and all the promotions in between. She would especially like to thank her mentors, in particular Drs. Sylvia Wilson, Julie McSwain, Latha Hebbar, and Carlee Clark who have advocated, supported, and guided her through hurdles ranging from her first ever primary author publication (that's you, Sylvia), to curriculum development, to speaking roles and involvement at the hospital, state, and national level. When she's not working, Dr. Bridges lives in absolute chaos with her husband Jack, three children, and a rambunctious Frenchie. She loves every minute of it.



Mariah Tanious, MD Associate Professor

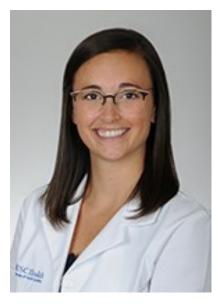
Dr. Mariah Tanious, MD, MPH, FAAP completed her Anesthesiology residency at Brigham and Women's Hospital followed by Pediatric Anesthesiology fellowship at Boston Children's Hospital and Bioethics fellowship at Harvard Medical School. She started her career in Boston and then joined the pediatric anesthesiology division at MUSC in 2021. Since joining the faculty, she has assumed roles as the Co-Director of the Bioethics/ Statistics Course within the MUSC College of Medicine and Capstone Course Preceptor within the Harvard Masters of Bioethics. She serves on the national ASA Committee for Ethics as well as the AAP Section on Ethics and is an invited lecturer for perioperative ethics and end-of-life topics around the country. She likewise co-leads a multidisciplinary research group of bioethicists whose peer-reviewed findings have been presented internationally. Dr. Tanious has been thrilled to share her work in high-impact journals (including JAMA, Pediatrics, and Annals of Surgery), and has received multiple awards for clinical, teaching and research excellence across her time in training and as faculty. None of this would be possible without the unwavering support of her husband, Adam, who is a surgeon at MUSC, the love of their two children, Theo (4) and Eli (2), and the incredible generosity of mentors and colleagues along the way.

WELCOME TO THE DEPARTMENT



Carey Brewbaker, MD Associate Professor

I am enthusiastic about what the future holds for me being a member of MUSC faculty in the coming years. I look back on my previous five years and am satisfied with my accomplishments; however; there is much room for growth in leadership at the medical director level and for clinical instruction. My research interests continue to blossom, and I've found that the participation in ongoing research leads to increased opportunities for more publications. I am currently involved in the ACL study, a total hip replacement study looking at the duration of two different spinal medications, and a fluid management study as well as submitting an IRB for a study on continuous regional anesthesia for foot and ankle surgery. I am also excited to see through the expansion of our west campus with regards to the addition of three ORs, one procedure room, and a cath lab. I look forward to participation in additional national conferences and hope to continue to gain momentum as a presenter in these venues. At the end of the day, I am eager to continue to grow as a daily learner and to not lose sight of those intrinsic needs of patients and learners that I encounter on a daily basis.



Gabrielle Fisher, MD Associate Professor

Dr. Gabrielle Fisher grew up in a New Jersey suburb of Philadelphia and now lives in Mount Pleasant with her husband, Andrew—also an MUSC anesthesiologist—their 4-year-old son Noah, and their 7year-old French bulldog, Frankie. After completing her medical degree at Georgetown University and anesthesiology residency at New York-Presbyterian/Weill Cornell, she pursued pediatric anesthesiology fellowship training at the University of Michigan. After braving the cold in Ann Arbor for exactly 365 days, she and Andrew joined the faculty at MUSC in 2019.

Dr. Fisher specializes in pediatric cardiac anesthesia and serves as Director of the Pediatric Cardiac Rotation for fellows and residents. Nationally, she contributes to the Congenital Cardiac Anesthesia Society and the Society for Pediatric Anesthesia, with a growing academic focus on artificial intelligence in medicine. She is also the co-medical director for the Perioperative Care Coordination solution at Qventus, an AI-driven healthcare technology company. Dr. Fisher is deeply grateful to her mentors, colleagues, and family for their support and is excited to continue advancing perioperative care through collaboration, innovation, and education. HARASSMENT IN ANESTHESIOLOGY WEBINAR-MAY 13, 2025

JOIN THE CONVERSATION

HARASSMENT IN ANESTHESIOLOGY

Leadership Panel & Discusion

May 13th @ 8 PM EST Zoom link

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& LE

Featuring panelists: Dr. Maya Hastie, Dr. Della Lin & Dr. Iyabo Muse

Hosted by: Dr. Nicole McCoy & Dr. Scott Markowitz

Ask the panelists questions here!

Empowerment Through Dialogue

Join us for a powerful discussion on harassment in Anesthesiology with leaders in the field. This virtual panel will provide a platform for discussion and questions. Together, we will explore strategies for empowerment and fostering a safe environment for all.

Read the article!

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AAMC EARLY CAREER WOMEN FACULTY LEADERSHIP DEVELOPMENT SEMINAR BY KATIE HATTER, MD AND AMANDA BUNNELL, MD

Attending the AAMC Early Career Women Faculty Leadership Development Seminar was an energizing and inspiring experience. We walked away with practical tools to help us grow as leaders in academic medicine—everything from navigating promotion and tenure, to improving negotiation and time management skills, to figuring out how to lead in a way that feels authentic.

One of the best parts of the seminar was connecting with women from all over the country and from so many different specialties. It was incredibly helpful to hear about the different paths people have taken and to learn from their experiences—especially knowing that we're all facing similar challenges in our careers.

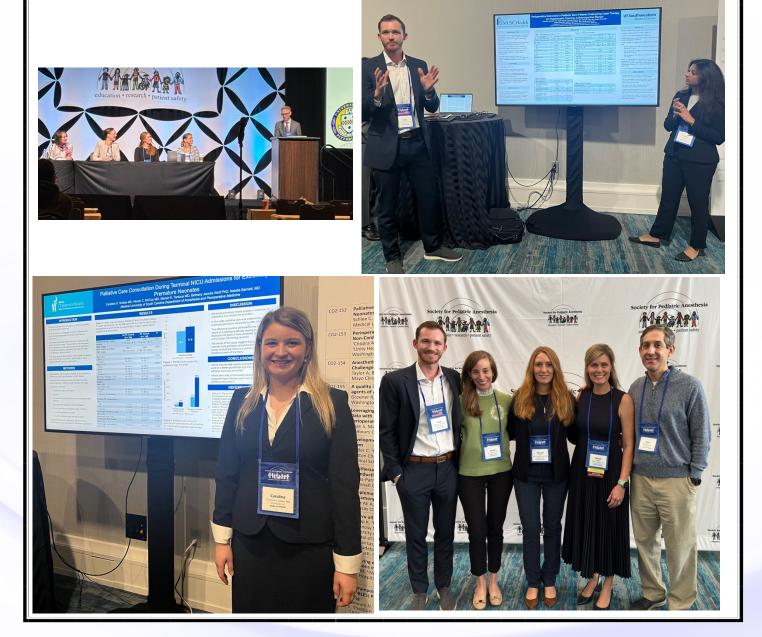
A fun and unexpected bonus: Katie ran into an old residency colleague who now lives and works in California. It was such a great surprise to reconnect after so many years and reflect on how far we've come since training.



SOCIETY OF PEDIATRIC ANESTHESIA MEETING BY SARAH STENDER, MD

This year's Society for Pediatric Anesthesia meeting was held in Orlando, Florida and was a great success with representation by both residents and faculty. Dr. Schlee presented a retrospective cohort study led by Dr. Barnett evaluating palliative care consultations in the NICU for extremely premature neonates. Her poster was selected for presentation in the lightning abstract session highlighting posters of important research significance. Dr. Stumme presented his poster titled "Perioperative Outcomes in Pediatric Burn Patients Undergoing Laser Therapy for Hypertrophic Scarring: A Retrospective Review." This study, which is led by Dr. McCoy, is a two-center study evaluating outcomes when different anesthetic and procedural techniques are employed during burn laser therapy treatment.

Dr. McCoy and Dr. Tanious were both invited to moderate panel discussions at SPA this year. Dr. McCoy led a panel discussion of clinical experts from Boston Children's, CHOP, and UCLA reviewing notable papers from the past year. Dr. Tanious moderated a panel discussion of anesthesiologists from Stanford, Seattle Children's and UPMC, guiding a thoughtful exploration of ethical dilemmas in pediatric anesthesia care. During both sessions, there was excellent audience engagement, with insightful questions fostering a rich dialogue among panelists and attendees.



ANESTHESIA TECH WEEK—MARCH 31-APRIL 4

The Department wishes all our Anesthesia Technicians a wonderful week!

We want to recognize you for the work and your role as part of the practice. Our anesthesia technicians cover all areas and provide strategic support to all providers. From peds, to cardiac, to trauma you will always find our anesthesia technicians with helpful hands, knowledgeable minds, and possessing a "can do" spirit. With supply chain issues, staffing issues, and increasing case numbers, our technicians continue to demonstrate how they are an integral part of our system.

Thanks to the members of each practice group and their leaders.

Thank you to **Chris Mitchell** and **Tiffany Alexander** who keep up with Tech of the Day duties every day.



Thank you to **Hercules Brown, Paul Lomigo**, and **Kadisha Jenkins** for helping revamp the training/ orientation/precepting process.

Thank you to **Tysheika Wright** who is our new OB tech and has helped tremendously with cleaning and revamping the area.

Mario Middleton and **Jason Heishman** did an amazing job during the recent snow days. They were the only 2 techs working at Main, and they were here for several days, but they did a great job!

Thank you to **Daquan Milligan, Brittney Whaley, David Herrera, Mario Middleton**, and **Caylee Stroud** for always being willing to pick up extra shifts to help out the team.

Congratulations to our anesthesia techs who have been promoted to Tech Tier II: Gwendolyn President, Sherry Morris, Alyssa Morris, Jordan Sires

New hires at UH Dhruvita Patel Darlene Fritz New hires at ART Brandy Harrison Kim Stefanski Devi Gomez Johnathan Roberts Emery DeJesus Tierra Rose

New hires at SJCH

Noah Gerwick Katie Phillips Jada Speights Tiffany McCree

SLEEPY TIMES

RESEARCH CORNER



International Journal of Obstetric Anesthesia Available online 27 March 2025, 104361

In Press, Journal Pre-proof ⑦ What's this?



Original Research

Low dose intrathecal morphine for postcesarean analgesia with scheduled multimodal pain regimen: A prospective, randomized, open blinded end-point study

K.H. Hatter ^a $\stackrel{\frown}{\sim}$ $\stackrel{\frown}{\boxtimes}$, N.W. Shugart ^a, N. Paladugu ^a, H. Nitchie ^a, B. Wolf ^b, L. Hebbar ^a



Katie Hatter, MD

Haley Nitchie, MHA



Bethany Wolf, PhD



Latha Hebbar, MD

GRAND ROUNDS-MAY 2025



"Perioperative Hyper and Hypoglycemia" Caroline Schlee, MD, Resident Physician May 6, 2025 Dept. of Anesthesia & Perioperative Medicine Medical University of South Carolina



Faculty Meeting Scott Reeves, MD, Professor and Chairman May 13, 2025 Dept. of Anesthesia & Perioperative Medicine Medical University of South Carolina



"Orthopedic and Regional Anesthesia Conundrums: Questions, Answers, and/or Best Guesses "

Rebecca Johnson, MD, Professor

May 20, 2025

Dept. of Anesthesiology & Perioperative Medicine Mayo Clinic



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Kannan Samy, MD, Assistant Professor May 27, 2025 Dept. of Surgery Medical University of South Carolina

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DEPARTMENT OF ANESTHESIA AND PERIOPERATIVE MEDICINE

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CHECK OUT OUR WEBSITE

Future Events/Lectures

CA 1 Lecture Series

- 5/7—Basic Exam Review—Jenny Matos
- 5/14—Basic Exam Review—Tara Kelly
- 5/21—Fellowship Fair (CA1s and Interns)
- 5/26—Free time for Reading



I HUNG THE MOON

Please don't forget to nominate your co-workers for going 'Beyond the Call of Duty.' I Hung The Moon slips are available at the 3rd floor front desk and may

WAMP CRNAs—Thank you for your flexibility in floating multiple days due to low census. Your help at the other campuses is greatly appreciated! - Jennifer Jones

Annette Cooper—Thank you for picking up a last minute 24 due to a team member being ill. Your flexibility is greatly appreciated! - Jennifer Jones

Anna Gilg, Jennifer Caldwell, Regan McKinney, Karen Motley, Leslie Schwade, Candace Jaruzel, Claire Ryan, Donna Embrey, Lester Kitten, Susan Heath, Susan Holem, Allison Levegue, Amy Frattaroli—Thank you for floating and covering frequent needs at Chuck Dawley and WAMP. Your help and willingness to volunteer is recognized and appreciates! - Jennifer Jones



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Graduation June 13, 2025 Founders Hall

Holiday Party Saturday, December 6, 2025 Carolina Yacht Club

ONE MUSC Strategic Plan

We Would Love to Hear From You!

If you have ideas or would like to contribute to *Sleepy Times*, the deadline for the June edition will be May 18, 2025.