



SLEEPY TIMES

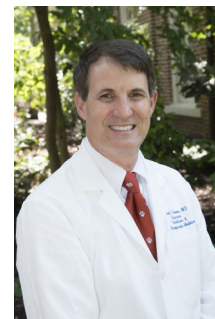
VOLUME 16, ISSUE 9 SEPTEMBER 2022

Inside This Issue:

Opening Statement	1
Education Website Revitalization	2
Resident Space Expansion	2
Cultural Awareness and Education	3
APRN of the Year	4
Innovatively Speaking Podcast	4
Prepare to Vote Early	5
Faculty global health impact grant	5
APP Promotion	6
Meet our New APP Fellows	6
Dr. Buddy Inabinet Retires	7
SC/NC/Tenn Annual Meeting	
Research Corner	8
Blood Drive	9
Grand Rounds	11
I Hung the Moon	12

MESSAGE FROM THE CHAIRMAN: RESIDENT RECRUITMENT SEASON HAS BEGUN

-SCOTT T. REEVES, MD, MBA



October marks the beginning of our resident recruitment season. Unfortunately, the ACGME has again mandated a virtual interview year. Fortunately, potential candidates will be able to visit the department unofficially after interviews have closed.

The Journal of Education in Perioperative Medicine recently published an article entitled “Content Evaluation in Residency Websites for All 159 Anesthesiology ACGME Programs in the USA.” The authors evaluated each departments’ websites based on three major domains, Recruitment, Education and Diversity and Inclusion. Within these three major domains, they evaluated 26 subdomains. Our website tied for the 6th position as providing the most useful information for resident applicants. Sixth place out of 159 programs is not bad, however, GJ and I were not satisfied so we recruited Savannah Hurt to specifically address any deficiencies as outlined in the manuscript. She has been working to update our educational section on our home page to include such important items as resident bios, updated pictures and our new DEI committee.

In addition, the residency office consisting of Elizabeth, Kim and Mollie have been busy completing our Anesthesiology Residency Program booklet as well as scheduling various Team based “Meet and Greets.” These activities allow us to greatly expand upon the information found online. The residents led by Chloe Regalado and Melissa Mahajan have been updating our social media presence via Instagram, Facebook and Twitter. These activities are critical to highlight our excellent education and training environment especially since candidates cannot interact with us in person and take tours, break bread with us etc.

During our annual resident review in May, we identified the need to expand our resident learning space on the 3rd floor of Storm Eye. This has been a 6-month project to get our desk ledges built and other supplies such a flooring, computers etc. purchased and delivered. The global supply chain concerns are real. My Executive assistant, Glenda Ross, made a large sacrifice moving her office to a smaller location directly across from me which allowed our Anesthesiology Administrator, Jenny Ann, to move into the vacated Ross office. Once that was done, we were able to expand substantially the resident learning area. After reviewing the pictures below, I suspect everyone would agree it was a job well done.

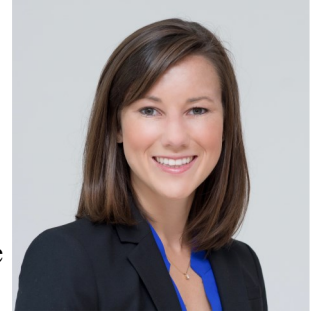
In conclusion, as we begin our resident interview season, I want to thank everyone in advance for assisting in the recruitment of another excellent future resident class.



EDUCATION WEBSITE REVITALIZATION BY SAVANNAH HURT, MD

As most of you are likely gearing up for fall with oysters, football, and maybe even a sweater - here in the education department we're getting ready for the official beginning of our resident recruitment season! We are heading into year three of virtual interviews, and while we've been very successful and have become accustomed to this new method, it is certainly still sad to not be able to show off our wonderful faculty, residents, and beautiful campus in person.

Since the world of MUSC Department of Anesthesia and Perioperative Medicine is now seen through the lens of a computer screen and/or smartphone, we're undergoing a revitalization project for the education portion of our website. A recent study in *The Journal of Education in Perioperative Medicine* noted the profound importance that a clear, comprehensive, and accurate website now plays in how medical students choose from and apply to programs. While we've already scored very highly in regards to our website content, there is certainly room for growth and improvement. Over the coming weeks, you'll notice a change in layout, content, and media on our MUSC Anesthesia & Perioperative Medicine Education website. In the meantime however, be sure to check in on our social media presence on Instagram @muscanesthesiology!

**RESIDENTS' EDUCATIONAL SPACE EXPANSION**

CULTURAL AWARENESS AND EDUCATION

Each year, Americans observe National Hispanic Heritage Month from September 15 to October 15, by celebrating the histories, cultures and contributions of American citizens whose ancestors came from Spain, Mexico, the Caribbean and Central and South America.

The observation started in 1968 as Hispanic Heritage Week under President Lyndon B. Johnson and was expanded by President Ronald Reagan in 1988 to cover a 30-day period. It was enacted into law on August 17, 1988, on the approval of Public Law 100-402.

The day of September 15 is significant because it is the anniversary of independence for Latin American countries Costa Rica, El Salvador, Guatemala, Honduras and Nicaragua. In addition, Mexico and Chile celebrate their independence days on September 16 and September 18, respectively. Also, Columbus Day or Día de la Raza, which is October 12, falls within this 30 day period.

We are fortunate to have Hispanic American champions serving in a variety of significant roles across the nation and in our MUSC community, some of whom have served for many years and others who are emerging as new leaders, providing important leadership across all our missions..

Interim Dean Steyer invites you to join together in celebrating the Hispanic heritage and culture and encourages you to participate in the fun and educational activities being held in honor of National Hispanic Heritage Month. There are presentations, the Fiesta Latina on Oct. 12, and a variety of Hispanic food trucks on the Greenway throughout the month.

"Unidos : Inclusivity for a Stronger Nation"

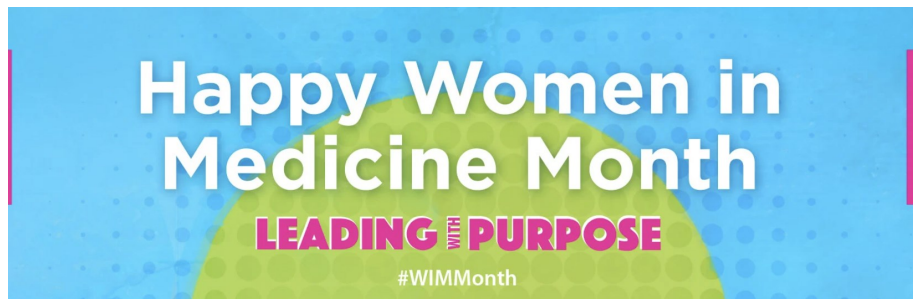
Featuring Dr. Hermes Florez

Chair, MUSC Department of Public Health Sciences

October 12 | 12:00 - 1:00 p.m. (On Teams)

[Registration required via RedCap](#) | **Attendees will receive 1.0 DEI Credit Hr**

Sponsored by the MUSC Department of Diversity, Equity, and Inclusion



September is Women in Medicine Month. This academic year has started out with a bang for our amazing women faculty. The department recognized the substantial contributions of Dr. Latha Hebbar by honoring her with a named Endowed Chair in Anesthesiology. Drs. Carlee Clark, Julie McSwain and Catherine Tobin were promoted to the rank of Professor. Catherine Tobin was appointed to be the Medical Director of the new College of Medicine Simulation Center and was named the Lewis Blackmon Endowed Chair in Patient Safety. Dr. Renuka George was named our Regional Fellowship Director. Dr. Tara Kelly was appointed the Rutledge Tower Medical Director. Finally, Dr. Savannah Hurt was appointed as an Associate Residency Director.

I am so thankful for all the contributions of our women faculty and residents. I hope we can all take a moment to thank one of our women faculty for their contributions to education, research, and patient care.

SONJA MCCASLIN, DNAP, CRNA NAMED APRN OF THE YEAR FOR MUSC HEALTH SYSTEMS

Congratulations to Dr. McCaslin on being overwhelmingly nominated for this award. The announcement was made on 9/27 by Dr. Megan Fulton, Director of APP Practice. This is a prestigious award presented on behalf of the peer group across the practices. Sonja's is the Lead CRNA for Rutledge Tower. She is a graduate of MUSC 2008 and Texas Wesleyan 2018. She has been in MUSC since 2018 after several years in practice in the Upstate. She is currently attending the Emerging Leadership Program at MUSC.



INNOVATIVELY SPEAKING: PAINLESSLY SAVING LIVES PODCAST FEATURING NICOLE MCCOY, MD



At any given time about 7,500 Americans are actively searching for bone marrow donors but only 2% of the population is a registered donor, possibly due to fear of the pain and side effects. This week, Kevin and Jesse are joined Nicole McCoy, M.D., whose innovative technique is eliminating pain in bone marrow transplants.



Painlessly Saving Lives
Innovatively Speaking

Science

[Listen on Apple Podcasts ↗](#)

PREPARE TO VOTE IN EARLY NOVEMBER

This November we will have the opportunity to vote in the general election. In our roles as healthcare providers and support staff, it may be difficult to make it to the polls following our typical workday.

Fortunately, it is very easy to vote early or via absentee in South Carolina but requires us all to submit the approximate request to our election offices.

The following link walks you through the process: <https://scvotes.gov/voters/absentee-voting/>

Voting early is based on the following timetable and you can find the widely available locations available through the link above.

Early Voting Periods by Election

Statewide General Elections:

Monday, 15 days prior to election day, through Saturday, three days prior to election day.

8:30 a.m. – 6:00 p.m.

Closed Sundays and state holidays.

The second method is to vote absentee. Absentee applications can only be requested by phone, mail or in person. One approved reason to vote absentee is:

Persons with employment obligations which prevent them from voting during early voting hours for the duration of the early voting period, and during the hours the polls are open on election day.

I signed up for absentee voter registration via phone in less than 2 minutes, but everyone will need to allow for time to get the process completed via the US postal service.

Please take a few minutes this week to plan whether you desire to vote early or get registered to vote absentee.

FACULTY GLOBAL HEALTH IMPACT GRANT

Project: Society for Pediatric Anesthesia (SPA) Global Visiting Scholar Program

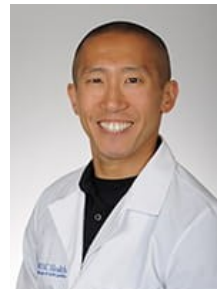
Location: MUSC and Nairobi, Kenya

The risk of mortality after surgery for children is much higher in East Africa than in the United States. Much of this disparity is due to inadequate workforce and training limitations for pediatric anesthesia. The Society for Pediatric Anesthesia (SPA) Global Scholars Program began as a way to support newly begun pediatric anesthesia fellowship programs in low- and middle-income countries through continued training and a two-week observ-ership at prominent pediatric hospitals in the United States.

Linking the academic resources of centers in the U.S. to anesthesia clinicians and educators in East Africa is a key way to support the development of local leaders for anesthesia capacity building. Dr. Choi's project aims to connect MUSC's Department of Anesthesia and Perioperative Medicine and the SPA Global Scholars program to promote capacity building, as well as provide the potential to expand bi-directional educational and service opportunities.

MUSC will host a SPA-selected fellow from the University of Nairobi. This young leader is expected to become one of only a handful of physician anesthesiologists with pediatric training in Kenya. The fellow will spend two weeks observing all aspects of pediatric anesthesia care at MUSC Shawn Jenkins Children's Hospital while participating and providing lectures to residents and fellows. The fellow will also be sponsored to attend the American Society of Anesthesiologists meeting and mentored to present an abstract and network with other anesthesiologists.

The opportunity for this fellow to engage with the broader anesthesiology community will provide invaluable insight into how anesthesia care can be improved in the local East African context. The relationships built will provide opportunities for MUSC faculty and residents to participate in capacity building for pediatric anesthesia care in East Africa.



ELIZABETH POINDEXTER, PA ASSUMES A NEW APP LEAD ROLE

Elizabeth Poindexter, clinical APP in the MSICU and APP Critical Care Manager for the MUSC Charleston adult ICUs, recently accepted a supplementary position with MUSC's Best Practice Center where she will also be the ICU/Inpatient and Fellowship Manager for the MUSC System. Elizabeth is originally from Kentucky where she obtained a Bachelor of Arts in business administration and a masters degree in public administration. She has been at MUSC since 2010, during which time she obtained her masters in physician assistant studies at MUSC and completed a one-year APP surgical fellowship at Atrium Health in Charlotte, NC. While at MUSC, Elizabeth has been the PA chair-elect and PA chair for the APP Council, a sub-investigator for multiple Phase III COVID vaccine trials, and the APP Lead for the MSICU, MICU and COVID ICU. She is currently an adjunct professor for the MUSC PAS Program. Outside of MUSC, she is busy chasing around her two young boys, Gray (2 yo) and Coleman (7 mo)



MEET OUT NEW APP ICU FELOWS

Join me in welcoming our new APP ICU Fellows! The following APP Fellows will be starting in October and rotating through all adult ICUs.



My name is Maggie Miller. I grew up in Charlotte, NC I am a graduate of the MUSC PA Program and am excited to continue my time in Charleston at MUSC.

I love spending time outdoors, cooking, being active, reading, traveling, and spending time with friends and family. I enjoy learning new things, clinical and not, and trying new places around town. I am always open to a book, recipe, activity, or any recommendations :)

Hello, my name is Emily Linde, but I go by Emmy! I am a recent Acute Care NP graduate from the University of South Carolina. Pictured here is my husband, Nick, and our two fur babies, Paisley (Border Collie) & Charlie (Goldendoodle). I am originally from Charlotte, NC, but my husband and I are so excited to be planting roots in Charleston. My hobbies include traveling to new places (I've been to 37 different countries), riding my peloton, cooking new recipes, and taking walks on the beach. I am a 7 on the enneagram so I enjoy hanging out with friends, trying new things, and spontaneous plans. I can't wait to join the MUSC family!



BUDDY INABINET RETIREMENT EVENT

Our beloved, Dr. Buddy Inabinet, retired on September 2, 2022. Dr. Inabinet was a fixture in our preop clinic for over a decade and helped trained countless residents. I know we will all wish him all the best as he starts a new phase in his life with his wife, Barbara.



SC/NC/TENN ANNUAL MEETING

This year the annual meeting between the states of South Carolina and North Carolina included the Tennessee Anesthesiology Society. Just another example of everyone wanting to come to Charleston. GJ and I had the opportunity to host the CA 1 residents. It was a nice time to meet physicians throughout our state and region and hear for national speakers.



CAROLINAS & TENNESSEE ANESTHESIOLOGY

**The North Carolina Society of Anesthesiologists
The South Carolina Society of Anesthesiologists
The Tennessee Society of Anesthesiologists**

SEPTEMBER 16-18


The Charleston Marriott

CHARLESTON, SC

RESEARCH CORNER

Original research

Comparison of lateral quadratus lumborum and lumbar plexus blocks for postoperative analgesia following total hip arthroplasty: a randomized clinical trial

Tara Kelly,¹ Christopher D Wolla ,¹ Bethany J Wolf,² Ellen Hay,¹ Sarah Babb,³ Sylvia H Wilson ¹



Tara Kelly, MD



Chris Wolla, MD



Bethany Wolf, PhD



Ellen Hay, MD




Sylvia Wilson, MD

*Journal of Clinical and
Translational Science*

www.cambridge.org/cts

Variable selection methods for identifying predictor interactions in data with repeatedly measured binary outcomes

Bethany J. Wolf^{1,†} , Yunyun Jiang^{2,†}, Sylvia H. Wilson³ and Jim C. Oates⁴



Bethany Wolf, PhD



Sylvia Wilson, MD

ANESTHESIA BLOOD DRIVE

BLOOD DRIVE



**THE BLOOD[®]
CONNECTION**

Your Community Blood Center

MUSC Anesthesia Blood Drive

171 Ashley Ave
Charleston, SC 29425

10/04/2022 | 12:00 PM–05:00 PM

All blood donors will receive a \$20 eGift card!

“ Last year I had lots of bags of blood being put into me and it saved my life and now ***I want people to donate blood so they can possibly save another child's life like mine.*** **”**

Rhys, Real blood recipient treated in SC



8984

Scan to make an appointment!
(sponsor code above)



The Blood Connection is a non-profit organization. Blood can be donated every 56 days. Donors must be 16 years or older and over 110 lbs. to donate. Sixteen year olds are required to have written consent to donate blood. Before your donate blood, make sure that you drink plenty of water and eat a healthy meal. TBC Donor ID Card (preferred) of photo ID required to donate. Gift cards and other incentives are non-transferable.



thebloodconnection.org

GRAND ROUNDS- OCTOBER 2022



“TBD”
October 4, 2022
Blair de Haan, MD
Assistant Professor
Department of Anesthesiology
UTHealth Houston McGovern Medical School



“Regional Fellow How-To”
October 11, 2022
David McMillan, MD, Regional Fellow
Kendall Headden, MD, Regional Fellow
Dept. of Anesthesia & Perioperative Medicine
Medical University of South Carolina



“M&M on Tapia’s Syndrome and Cardiac Arrest on Induction”
October 18, 2022
Teri Gilispie, MD, Resident
Elliott Mappus, MD, Resident
Dept. of Anesthesia & Perioperative Medicine
Medical University of South Carolina



“Parasternal Regional Blocks: Update on Regional Anesthesia for Cardiac Surgery ”
October 125, 2022
Chris Wolla, MD
Assistant Professor
Dept. of Anesthesia & Perioperative Medicine
Medical University of South Carolina

DEPARTMENT OF ANESTHESIA AND PERIOPERATIVE MEDICINE

Email: hameedi@musc.edu
Phone: 843-792-9369
Fax: 843-792-9314



I HUNG THE MOON

Please don't forget to nominate your co-workers for going 'Beyond the Call of Duty.' I Hung The Moon slips are available at the 3rd floor front desk and may

[CHECK OUT OUR WEBSITE](#)

Future Events/Lectures

Intern Lecture Series

10/13—Acute Oliguria & Renal Failure—Ryan Wilson

10/27—Ventilator Management—Maxie Phillips

CA 1 Lecture Series

10/5—Spinal, Epidural & Caudal Blocks—Andrew Klein

10/12—Anesthesia for Patients with Cardiovascular Disease—Toby Steinberg

10/19—Cardiovascular Physiology & Anesthesia—Hannah Bell

CA 2/3 Lecture Series

Per Rotations



Follow us on Facebook, Instagram, and Twitter:

<https://www.facebook.com/MUSCAnesthesia/>

<https://www.instagram.com/musc.anesthesiology/>



Holiday Party
Saturday, December 3rd, 2022
Carolina Yacht Club

Graduation
Friday, June 16th, 2023 6:00pm
Founders Hall

[ONE MUSC Strategic Plan](#)

We Would Love to Hear From You!

If you have ideas or would like to contribute to *Sleepy Times*, the deadline for the November edition will be October 20, 2022.