



SLEEPY TIMES

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Inside This Issue:

Opening Statement	1-2
West Campus Expansion	3
APP Week	4
Welcome to the Department	5
New Baby in the Department	5
Safety Hero	6
Faculty of the Quarter	6
2025 Annual Meeting of Carolinas & Tennessee Anesthesiology	7
Resident of the Month	8
Hazardous Weather Plan	8
Research Corner	9-10
Grand Rounds	11
I Hung the Moon	12

MESSAGE FROM THE CHAIRMAN: THE FISH GOT BIGGER (SO DID MY EXPECTATIONS) *A REFLECTION ON A LIFE IN ANESTHESIOLOGY*

-Scott T. Reeves, MD, MBA

This summer I had the opportunity to fish with a good friend in his home waters of Montana. Scott is an investment portfolio manager who constantly has interesting words of wisdom about fishing. As we enter a new resident recruitment season and all its opportunities, I thought I would share my reflections on his wisdom of how fishing changes as we age and apply it to anesthesiology.

When I was a child, all I wanted was to catch a fish.
Just one.

The thrill of the line tugging, the joy of shouting,
“Pawpaw, I caught a fish!”



Grandson, Fletcher



Grandson, Jason

Back then, simple victories felt enormous.
As I grew into youth, that one fish wasn't enough.
I wanted many buckets full, stringers weighed down as if quantity meant success.
As if more meant better.
That feeling followed me into medicine.
In my training, I chased every skill, every procedure, checking off milestones like fish on a stringer.
Each intubation, each smooth case, each code run a quiet win.

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OPENING MESSAGE CONTINUED

In my teenage years, my focus shifted again.

Now I dreamed of catching the big ones.

The complex cases, the high-risk surgeries, the patients who put their trust in me.

I wanted to prove myself important, capable, trusted.

Then came full adulthood personally and professionally.

Personally, my friends and I judge our outings by who caught not only the largest fish but the most large fish.

Professionally, I wanted not just big cases, but a full OR schedule.

Success was now measured in volume and acuity.

Back-to-back inductions.

Flawless emergence.

No room for error, no time to breathe.

I chased all of it with everything I had.

But now, in the twilight of my career or perhaps just in a quieter phase

I am concentrated on the next generation over personal triumphs,

My movements more deliberate,

My eyes better trained to notice what others miss.

I've learned that joy doesn't come from how many cases I manage,

or how complicated they are.

It comes from the privilege of still being here
of watching over patients in their most vulnerable
moments, of earning trust without needing recognition.

It's not about what I catch.

It's about the rhythm. The stillness.

The focus, the subtle art.

The peace of knowing that being present, steady, and
kind is more than enough.

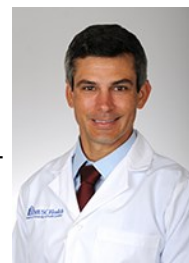
Now, I am just happy that I am able to go fishing.



**Hanging out on the Missouri River with
Scott**

WEST CAMPUS EXPANSION—CAREY BREWBAKER, MD

The West Campus ambulatory surgery center (ASC) opened January 6, 2020 containing two ORs and two procedural rooms with 20 pre/post beds and a pharmacy. The facilities have been primarily utilized by orthopedic surgery for outpatient surgeries including total joint arthroplasty and gastroenterology for screening/diagnostic endoscopy. Phase 2 expansion was completed about 1.5 years ago with the addition of an interventional radiology (VIR) suite which is currently utilized by IR and vascular surgery. Phase 3 expansion has been underway for almost a year and the footprint of the space will essentially be doubled to add 3 ORs, an additional endoscopy suite, and a cath lab accompanied by additional pre/post space including 23-hour observation capabilities. This expansion is currently slated to be finalized in December 2025 for a total of 10 procedural sites; the plan is for the 5 operating rooms to be primarily utilized by the orthopedic surgery service with procedures including hand, foot/ankle, sports medicine (i.e. ACL reconstruction and rotator cuff repair), joint arthroplasty, and spine surgery.



More broadly, the West Campus resides in the Citadel Mall and houses clinical space for over 18 medical specialties as well as comprehensive medical imaging, physical and occupational therapy, and an ambulatory surgery center. The location provides greater access and convenience for patients throughout the low country, and the medical campus is part of a larger project known as the Epic Center which intends to turn an aging mall into a thriving hub of activity in West Ashley by revitalizing the community and developing a health and wellness district. Over the last 5 years it has been a treat to get to take care of colleagues, family, and friends (including a number of folks from the anesthesia department) in this environment.

We are quite proud of all the work that has gone into this building which could not have been accomplished without long hours put in by project managers, members of the anesthesia department, facilities, IT, nursing leadership, pharmacy, and various administrators. We continue to foster a culture of efficiency and patient-centered care with a team-centered approach. As we continue to grow and expand, the positive attitudes and work ethic of our team members toward a common goal of safety, efficiency, and patient satisfaction have been essential in creating and maintaining a successful ambulatory surgery center.



NATIONAL APP WEEK—SEPTEMBER 22-26

NATIONAL APP WEEK

Racing Toward the Future: Celebrating APPs

September 22-26, 2025



WELCOME TO THE DEPARTMENT

My name is Tori Trimble. I am originally from Columbus, Ohio but have been on Johns Island since 2020. I am married to my husband, Nate, and have three golden retrievers: Booker, Bodhi and Belle! I love to garden, bake, workout and be on the water. I love sports and am a Buckeye through and through. I went to CRNA school at MUSC and recently graduated in 2025. I'm so excited to be back with MUSC!!



Tori Trimble, CRNA



Ellen Donohue, CRNA

Ellen has worked at St. Jude's and Le Bonheur Children's Hospital in Memphis. She has had travel assignments in Portland, Oregon and Minneapolis, Minnesota.

We are excited that she has decided to spend some time here in Charleston at Shawn Jenkins.

NEW BABY IN THE DEPARTMENT

Courtney Matthews and family welcomed baby Alara Sofia Marin!

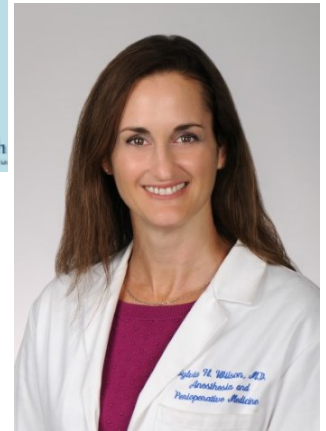
Born: 06/29/2025 at 1059am

Weight: 6lbs 9.5 oz

Head: 35 cm

Length: 45.7 cm



SAFETY HERO—DR. SYLVIA WILSON**Safely Speaking™
MUSC Health Daily Safety Tip**

Safety Hero: Sylvia Wilson, RT PACU Charleston

A complicated patient was scheduled for surgery in Charleston Rutledge Tower. Sylvia Wilson, MD, got the order of the cases changed around to have him done much earlier in the day, in case he needed further resources.

On the day of surgery, he did well until the last couple of minutes in the OR. Upon arrival in the PACU, the patient had significant hyperkalemia. Dr. Wilson was there and ready! She quickly stabilized him and got dialysis emergently completed.

Her awareness to change the order of cases, vigilance in being in the PACU, acting quickly, and working to get dialysis STAT was life saving for this patient. Dr. Wilson is always incredible to work with and serves as a wealth of knowledge and kindness!

FACULTY OF THE QUARTER

Dr. Bowen is an excellent teacher. He is humble and an active part of every care team. He jokes that the staff and patients often mistake him for a nurse because he is eager to jump in and help with whatever is necessary. He is a great support to the residents and puts a comedic spin on things to make learning fun.



Congratulations!

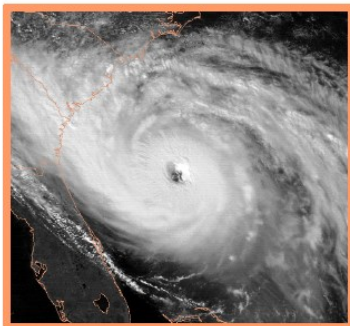
2025 ANNUAL MEETING OF CAROLINAS & TENNESSEE ANESTHESIOLOGY

The 2025 Annual Meeting of Carolinas & Tennessee Anesthesiology was held September 13-15, 2025, at the Grove Park Inn in Ashville, North Carolina. It is an opportunity for our CA 1 residents to get to meet a lot of anesthesiologists within our region and hear from the ASA president as well. This year 6 CA1's (Drs. Becnel, Boleman, Du, Greenlaw, Southard-Goebel and Coleman) presented posters as well as two medical students (Brook Rovner and Noah Ashley). The resident and medical student component of the meeting is growing exponentially.



RESIDENT OF THE MONTH—DR. HARRISON GAINES

Dr. Gaines, your nominator wrote, “I am reaching to praise one of the Anesthesia residents, Harrison Gaines. He served as MUH PACU resource attendant for 2-3 weeks. While serving as our anesthesia resident he remained calm, cool, and collective during highly acute scenarios. He consistently demonstrated professionalism and respect to the patients, families, and other health care professionals. He was attentive, caring, supportive, respectful, and overall PACUs 'Swiss army knife'. One particular day I was caring for an 80 y.o. Male Post-Op Craniotomy secondary to METs to brain, baseline oriented to self and aggressive. He assisted me in getting medications to calm patient, helped with pain control, listened to my suggestion regarding possible ETOH withdrawal, and lowering blood pressure secondary to SBP <160. In addition to helping me for close to 6 hours, I watched him intubate another patient and assist with transfer back to OR, when he got back to PACU 10-15 mins later he was assisting another nurse's patient and initiated a code blue and began compressions. Dr. Gaines left on that day around 1700-1730 (PACU resource residents typically exit the PACU at 1500). Dr. Gaines is a truly compassionate individual. I always joked with other nurses, saying that if a patient needed assistance to the restroom, he would take them. I wish Dr. Gaines the best during his professional journey and I hope he receives high praise: the future residents have big shoes to fill.”



[Click here for the updated Hazardous Weather Plan](#)

**Hazardous
Weather Plan**

RESEARCH CORNER



Contents lists available at ScienceDirect

Journal of Clinical Anesthesia

journal homepage: www.elsevier.com/locate/jclinane

Original Contribution

Ultrasound assessment of preoperative gastric volume in fasted diabetic surgical patients: A prospective observational cohort study on the effects of glucagon-like peptide-1 agonists on gastric emptying

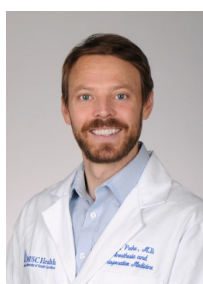
Christopher D. Wolla, M.D.^{a,*}, Travis J. Pecha, M.D.^a, Joel M. Sirianni, M.D.^a,
Lexi M. Schorg, B.S.^a, Bethany J. Wolf, Ph.D.^b, Sylvia H. Wilson, M.D.^a

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Chris Wolla, MD



Travis Pecha, MD



Joel Sirianni, MD



Bethany Wolf, PhD



Sylvia Wilson, MD

ORIGINAL ARTICLE

Using SEIPS 101 Tools to Model Surgical Count Processes

Meilan, Julia BS^{*}; Lusk, Connor PhD^{*}; Galinsky, Elizabeth K. PhD[†]; McCray, Megan BS[†]; Nare, Matthew T. MS^{*}; Shelton, William BS^{*}; Crookes, Bruce MD[†]; Catchpole, Ken PhD^{*}



Contents lists available at ScienceDirect

Neuropharmacology

journal homepage: www.elsevier.com/locate/neuropharm

Effect of an astrocyte calcium exporter on orbitofrontal cortex neuron excitability, astrocyte-synaptic interaction, and alcohol consumption

A.R. Kastner-Blasczyk^{a,*}, S.W. Hester^a, S.E. Reasons^a, M.D. Scofield^b, J.J. Woodward^{a,*}

^a Department of Neuroscience, Medical University of South Carolina, Charleston, SC, United States

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Ken Catchpole, PhD



Michael Scofield, PhD

RESEARCH CORNER

Research Article

Coordination patterns as markers of brittleness (and resilience) in complex systems: a sterile processing case study

Jacob Hionis, Sudeep Hegde , Gabriel Segarra, Steven Foster, E. Miriam Balkin, Michael F. Rayo , Lawrence Fredendall, Kevin Taaffe & Ken Catchpole [...show less](#)

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Gabriel Segarra



Ken Catchpole, PhD




Applied Ergonomics

Volume 128, October 2025, 104555



Modeling anesthesia medication delivery using the SEIPS 101 tools

Elise DeForest ^a , Ken Catchpole ^b, Connor Lusk ^b, James H. Abernathy ^c, David M. Neyens ^d






Ken Catchpole, PhD



Article

Impact of Single-Lumen Versus Double-Lumen Endotracheal Tube on Postoperative Swallowing Function in Lung Transplantation Patients: A Single-Center, Retrospective Cohort Study

Rishi Ashok Patel ^{1,*}, Haley Nitchie ¹ , Bethany J. Wolf ² , Cecilia Taylor ¹ and Loren Francis ¹ 



Rishi Patel, MD



Haley Nitchie, MHA



Bethany Wolf, PhD



Loren Francis, MD

GRAND ROUNDS—OCTOBER 2025**“Morbidity and Mortality of Hip Fragility Fractures ”****Brenden Moore, DO, Assistant Professor****October 7, 2025****Dept. of Anesthesia & Perioperative Medicine
Medical University of South Carolina****“Faculty Meeting”****Scott Reeves, MD, Professor and Chair****October 14, 2025****Dept. of Anesthesia & Perioperative Medicine
Medical University of South Carolina****“Diagnosis and Management of High Neuraxial Blockade ”****Peter Schnaak, MD, Assistant Professor****October 21, 2025****Dept. of Anesthesia & Perioperative Medicine
Medical University of South Carolina****“Beyond the Block: Specialty Considerations for Regional Anesthesia in Cancer Surgery ”****Anastasia Jones, MD****October 28, 2025****Moffitt Cancer Center**

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[CHECK OUT OUR WEBSITE](#)

Future Events/Lectures

CA 1 Lecture Series

10/1—Fluid Management & Transfusion—Joel Sirianni

10/8—Local Anesthetics & Adjuncts to Anesthesia —Brenden Moore

10/15—Peripheral Nerve Blocks & Anesthesia for Orthopedic Surgery —William Barrett

10/22—Spinal, Epidural, and Caudal Blocks —Andrew Klein

10/29—Neuromuscular Blocking Agents—Clinton Pillow



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I HUNG THE MOON

Please don't forget to nominate your co-workers for going 'Beyond the Call of Duty.' I Hung The Moon slips are available at the 3rd floor front desk and may

Darlene Fritz—In recognition of above and beyond helpfulness, always happy to help, traveling back and forth to blood bank multiple times when the dumb waiter was down!

Drew Gianos—Recently, Drew stayed late on a weekday when he was not on call, working nearly three hours beyond his scheduled time. Throughout the entire evening, he remained upbeat and hardworking, never complaining once. He continued to provide excellent patient care and was an outstanding team member from start to finish. We are fortunate to have him on our team! - Loren Francis, MD



Holiday Party
Saturday, December 6, 2025
Carolina Yacht Club

[ONE MUSC Strategic Plan](#)

We Would Love to Hear From You!

If you have ideas or would like to contribute to *Sleepy Times*, the deadline for the November edition will be October 18, 2025.