



25<sup>th</sup> ANNUAL

# Diabetes Fall Symposium for Primary Health Care Professionals

October 16, 2021

Virtual Conference

[DSC-2021.eventbrite.com](https://DSC-2021.eventbrite.com)



*Virtual Conference*

Joint providership by the Medical University of South Carolina and the Diabetes Initiative of South Carolina (DSC), University of South Carolina College of Pharmacy, Lowcountry AHEC. In cooperation with DSC Midlands Site, SC Department of Health and Environmental Control - Division of Diabetes, Heart Disease, Obesity, and School Health.



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## CONFERENCE OVERVIEW

The **25th Annual Diabetes Fall Symposium for Primary Health Care Professionals** is a 1-day virtual symposium designed to update primary health care professionals on current management and treatment guidelines for people with diabetes. The program offers workshops on topics such as pharmacology, pregnancy and diabetes, weight management, and telehealth, and is specifically designed for Primary Care Physicians, Podiatrists, Endocrinologists, Pharmacists, PharmDs, NPs, APRNs, PAs, RDs, and CDEs. The information to be presented is equally relevant to RNs, LPNs, and Social Workers.

## OVERALL OBJECTIVES

Upon completion of this virtual conference, participants should be better able to:

- Describe the impact the COVID-19 pandemic has had on South Carolinians with diabetes.
- Define health disparities for the patient with diabetes.
- Contrast the parallels in acute versus chronic pathology of COVID-19 infection and diabetes.
- Discuss lipid management in diabetes.
- Compare the vision with the mission of DFSC (Diabetes Free South Carolina).
- Appraise quality-based approaches to nutrition to manage diabetes.
- Summarize the management of the pregnant patient with diabetes.

## DIABETES INITIATIVE OF SOUTH CAROLINA

This program is presented by a collaborative effort of the Medical University of South Carolina and the Diabetes Initiative of South Carolina, which was created by the SC State Legislature in July 1994, as Section 44-39-20 et.seq. of SC Code of Laws, 1976 as Amended. The Diabetes Initiative is a statewide program of education, surveillance, clinical research, and translation of diabetes treatment methods to serve the needs of South Carolina residents with diabetes, with oversight functions by the Diabetes Initiative of South Carolina Board.

## ACCREDITATION STATEMENT

This activity has been planned and implemented in accordance with the Essential Areas and policies of the Accreditation Council for Continuing Medical Education through the joint providership of the Medical University of South Carolina, and the Diabetes Initiative of South Carolina. The Medical University of South Carolina is accredited by the ACCME to provide continuing medical education for physicians.

## AMERICANS WITH DISABILITIES ACT

It is the policy of the Medical University of South Carolina not to discriminate against any persons on the basis of disabilities. If you feel you need services or the auxiliary aids mentioned in the disabilities act in order to fully participate in this continuing medical education activity, please call the Diabetes Center at 843-792-2939, by September 30 or attach a note to your registration form.



## QUESTIONS?

Contact Natalie Wilson  
at 843-792-2939 or  
titcomb@musc.edu



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## CREDIT DESIGNATION



**Pharmacists:** The University of South Carolina College of Pharmacy is accredited by the Accreditation Council for Pharmacy Education as a provider of continuing pharmacy education. The program is accredited for a total of 7.0 live contact hours of knowledge-based and application-based learning activities for pharmacists. Instructions on how to complete evaluations and have credit reported to the NABP CPE Monitor will be provided. Evaluations must be completed within 30 days; any credit claimed greater than 60 days from the program will be rejected by the CPE Monitor. To view learning objectives for pharmacists and ACPE UANs, visit [cop.sc.learningexpressce.com](http://cop.sc.learningexpressce.com) to view the full activity announcement for pharmacists.

**Physicians:** The Medical University of South Carolina designates this live activity for a maximum of 7.0 *AMA PRA Category 1 Credit(s)*<sup>TM</sup>. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

**Nurses:** This nursing continuing education activity awards a total of 7.2 contact hours. Lowcountry AHEC is an approved provider of continuing nursing education by the South Carolina Nurses Association, an accredited approver with distinction, by the American Nurses Credentialing Center's Commission on Accreditation.

**Counselors & Therapists:** This program is approved for 7.2 hours of continuing education credit. The South Carolina AHEC system is recognized as a permanent sponsor of continuing education by the South Carolina Board of Examiners of Licensure of Professional Counselors, Marriage and Family Therapists, and Psycho-Educational Specialists.

**Registered Dietitians:** This program provides a total of 7.2 contact hours.

**Social Workers:** This program is approved for a total of 7.2 non-social worker contact hours. The South Carolina AHEC system is recognized as an approved provider of continuing education by the South Carolina Board of Social Work Examiners.

**All participants:** This program is approved for 0.72 CE (7.2 clock hours) by Lowcountry AHEC and meets South Carolina AHEC Best Practice Standards. **Participants must attend 90% of the program to receive a certificate. No partial credit will be given.**

*Lowcountry AHEC is an equal opportunity employer and adheres to the requirements of the ADA statements. Neither Lowcountry AHEC nor the American Nurses Credentialing Center endorses or approves any products that may be associated with this continuing education activity.*

## DISCLOSURE STATEMENT

In accordance with the ACCME Essentials and Standards, anyone involved in planning or presenting this educational activity is required to disclose any relevant financial relationships with commercial interests in the healthcare industry. The Medical University of South Carolina, College of Medicine will employ appropriate mechanisms to resolve potential conflicts of interest to maintain the standards of fair and balanced education to the participant. This information will be made available to participants at the beginning of the activity. Speakers who incorporate information about off-label or investigational use of drugs or devices are required to disclose that information at the beginning of their presentation.



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## 2021 AGENDA

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### SATURDAY, OCTOBER 16

#### ONLINE:

Attend virtually through Live Streaming

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- 7:50 am Welcome/Moderator, **Usah Lilavivat, M.D.**
- 8:00 am The Impact of the COVID Pandemic in SC Related to Diabetes, **Joshua Sellner, MSPH, Ph.D.(c)**
- 9:00 am Addressing Health Disparities in Diabetes: Intersection of Structural Racism, Social Determinants and Racial/Ethnic Disparities, **Leonard Egede, M.D.**
- 10:00 am BREAK
- 10:15 am COVID-19 in Adult and Pediatric Patients with Diabetes, **Kathy Lewis, M.D.**
- 11:15 am Lipids Management in Diabetes, **Harsha Karanchi, M.D.**
- 12:15 pm BREAK
- 12:45 pm Diabetes Free South Carolina, **Timothy Lyons, M.D.**
- 1:45 pm Managing Diabetes through Quality Based Approaches to Nutrition, **Makala Smith, MS, RDN, CDCES, BC-ADM**
- 2:45 pm Pregnancy and Diabetes, **Usah Lilavivat, M.D. and Berry Campbell, M.D.**
- 3:45 pm Adjournment
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[medicine.musc.edu/diabetes-symposium](https://medicine.musc.edu/diabetes-symposium)

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## COURSE FACULTY

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### CONFERENCE PLANNING COMMITTEE

Pamela C. Arnold, MSN, APRN, BC-ADM, CDE  
Diana Caron, MEd, BHS, RN  
Kathie L. Hermayer, M.D., MS, FACE  
Carolyn Jenkins, DrPH, APRN, BC-ADM, CDE, FAAN  
Katherine Lewis, M.D.  
Usah Lilavivat, M.D.

Timothy J. Lyons, M.D.  
Caitlin Mardis, PharmD, BCPS  
Diane Mathews, MS, MT(ASCP)SH  
Makala Smith, MS, RDN, CDCES, BC-ADM  
Odessa Ussery, MEd, CHCP

## DISTINGUISHED FACULTY

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**Berry A. Campbell, M.D.**  
Clinical Professor and EJ Dennis III, MD Chair,  
Department of Obstetrics and Gynecology  
Prisma Health-Midlands,  
University of SC School of Medicine  
Columbia, SC

**Leonard E. Egede, MD, MS**  
Chief, Division of General Internal Medicine,  
Medical College of Wisconsin (MCW)  
Professor of Medicine & Inaugural Milwaukee Community  
Chair in Health Equity Research at MCW  
Director, Center for Advancing Population Science, MCW  
Director, MCW CTSI KL2 Program and Master's in  
Clinical/Translational Research

**Harsha Karanchi, M.D.**  
Assistant Professor of Medicine  
Division of Endocrinology, Diabetes & Metabolic Diseases  
Medical University of South Carolina  
Charleston, SC

**Katherine Lewis, M.D.**  
Professor of Medicine  
Adult and Pediatric Endocrinology  
Greenville Hospital System  
Greenville, SC

**Usah Lilavivat, M.D.**  
Chair, Board of Directors  
Diabetes Initiative of South Carolina  
Carolina Diabetes & Kidney Center,  
Sumter, SC

**Timothy J. Lyons, M.D.**  
Diabetes Free South Carolina  
Director, BCBS, Columbia, SC  
John A. Colwell Endowed Chair in Diabetes Research,  
Division of Endocrinology, Diabetes & Metabolic Diseases,  
Medical University of South Carolina  
Charleston, SC

**Joshua Sellner, MSPH, PhD(c)**  
Senior Epidemiologist, SC Department of Health and  
Environmental Control (DHEC)  
Columbia, SC

**Makala Smith MS, RDN, CDCES, BC-ADM**  
Outpatient Dietitian, Diabetes Educator, Program  
Coordinator, Sumter Medical Specialists PA and  
Carolina Diabetes and Kidney Center  
Sumter, SC

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## REGISTRATION

Pricing for Attendees	Virtual
MD's	\$150
Other Health Care Providers	\$125
F/T Students, Interns, Residents, and Fellows	\$50

REGISTER ONLINE:  
[DSC-2021.eventbrite.com](https://DSC-2021.eventbrite.com)

## CANCELLATIONS

A refund of registration fees will be made upon written request prior to September 30, 2021; however, \$25.00 will be retained for administrative costs. No refunds will be made after September 30, 2021. We reserve the right to cancel the program if necessary and full registration fees will be refunded. The Medical University of South Carolina cannot be responsible for reimbursement of airline or other transportation fares, hotel or rental car charges, including penalties.



[medicine.musc.edu/diabetes-symposium](https://medicine.musc.edu/diabetes-symposium)

## CONTACT INFORMATION

For information about the Diabetes Initiative of South Carolina and this continuing education program please contact:

**Natalie Wilson**

Medical University of South Carolina

843-792-2939

[titcomb@musc.edu](mailto:titcomb@musc.edu)

OR

**Diana Caron, MEd, BHS, RN**

Continuing Professional Development

Coordinator

Lowcountry AHEC

Office: 843-782-5052

Cell: 843-442-0858

[carond@lcahec.com](mailto:carond@lcahec.com)

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## REGISTRATION FORM

*By registering for this conference, you acknowledge and agree to the cancellation policy stated below.*

Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Specialty \_\_\_\_\_ Degree/Credentials \_\_\_\_\_

Agency Name \_\_\_\_\_ County of Employment \_\_\_\_\_  
*(i.e. Charleston, Richland, etc.)*

Email Address \_\_\_\_\_  
*(please PRINT clearly)*

## PLEASE SELECT THE APPROPRIATE RATE(S)

### Virtual Rates

- |   |                                |
|---|--------------------------------|
| MD's  | <input type="checkbox"/> \$150 |
| Other Health Care Providers                   | <input type="checkbox"/> \$125 |
| F/T Students, Interns, Residents, and Fellows | <input type="checkbox"/> \$50  |

## REGISTRATION METHODS

Please use ONE of these methods to register:

- Mail registration form with check made out to "MUSC Foundation" to Diabetes Initiative of SC, Attn: Natalie Wilson, 96 Jonathan Lucas Street, CSB 812, MSC 623, Charleston, SC 29425
- Online: Visit [DSC-2021.eventbrite.com](https://DSC-2021.eventbrite.com)

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