

LUPUS PATIENT EDUCATION DAY

Updates from the

On 10/22/22, the 11th annual event was sponsored by the MUSC Lupus Erythematosus (MUSCLE) Group and Duke Lupus Research Group. Thank you to all that attended and helped to make it a success!

We would appreciate you taking a few minutes to provide some feedback on the event in order to learn your thoughts on the event and how we might improve future events. Your survey is anonymous so we ask for your honest thoughts. If you did not attend the event, we would still appreciate your feedback via this brief survey:

<https://redcap.musc.edu/surveys/?s=XH9HEJP9HHDKPA8N>

PRESENTER RESOURCES

Below are some resources from the event we'd like to highlight. Please note the information below is for your personal interest/use only and are not affiliated directly with MUSC or Duke University. We strongly recommend that you discuss with your rheumatologist before changing any care needs.

Diet/Nutrition: Tanya Freirich, MS, RD, LDN, CDCES

Phone: 929-314-0955

Email: tanya@tanyabnutrition.com

Social Media: @thelupusdietitian

Website: www.lupusdietitian.com

Exercise/Activity: Regan Birr, B.Sc.

Phone: 720-470-8049

Email: reganbirr@gmail.com

Website: <http://www.reganmoves.com>

SOCIAL SUPPORT AND NETWORKING

Lambda Sigma Sigma Lupus Sorority

Phone: 773-732-6748

Email: lambdasigmasigma@yahoo.com

Website: www.lsslupus.org

Charleston Lupus Listening and Learning Support Group

Mia Barron (Facilitator) Phone: 843-364-2186

Email: Charlestonlupusgroup@gmail.com

LUPUS ADVOCACY & EDUCATION

Lupus Foundation of America (LFA):

www.lupus.org

Lupus Research Alliance (LRA):

www.lupusresearch.org

ACR's Lupus Initiative: www.thelupusinitiative.org

FOR MORE INFORMATION

How to find good health information and research opportunities: **Network of the**

National Library of Medicine (NNLM) – video

[https://www.youtube.com/watch?](https://www.youtube.com/watch?v=LnBxukSrGOE)

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Research Resources at MUSC

Interested in Research?

Please consider some of our enrolling observational studies listed. Also visit SCresearch.org for all our active enrolling studies. Use Keyword: "Lupus"

ESTROGEN RECEPTOR ALPHA | THE ER α STUDY



Female (lupus and non-lupus) volunteers are needed to help us understand the role of estrogen in lupus.

This observational study involves a one-time clinic visit at the Research Nexus at MUSC. Compensation is available for those who qualify.

Contact Kim King

✉ kingkim@musc.edu ☎ 843-792-2509



Research

MUSC Division of Rheumatology and Immunology

Social Factors



Gene Activity



Lupus

Social factors such as lifestyle choices of diet/exercise, support network systems, environmental issues/pollution, and employment/financial stressors are known to impact lupus outcomes.

The goal of the SELA Study is to understand how social factors of racial discrimination/bias can affect gene activity and influence lupus outcomes.

If you are an African American women between the ages of 18 -75, you can play an important role in Changing What's Possible at MUSC and beyond

For more information contact Quinnette King at 843-843-792-7645 or kinglu@musc.edu

Compensation is available for participation

MUSC Division of Rheumatology and Immunology

Volunteers WITHOUT a history of lupus or scleroderma are needed to help researchers advance science in the prevention and treatment of rheumatic disease.

Compensation is available for participation.

Contact Us: 843-792-3926 or lupusresearch@musc.edu



M.U.S.C.L.E



The Medical University of South Carolina
Lupus Erythematosus Research Group