LUPUS PATIENT EDUCATION DAY

On 10/22/22, the 11th annual event was sponsored by the MUSC Lupus Erythematosus (MUSCLE) Group and Duke Lupus Research Group. Thank you to all that attended and helped to make it a success!

PRESENTER RESOURCES

Below are some resources from the event we'd like to highlight. Please note the information below is for your personal interest/use only and are not affiliated directly with MUSC or Duke University. We strongly recommend that you discuss with your rheumatologist before changing any care needs.

Diet/Nutrition: Tanya Freirich, MS, RD, LDN, CDCES

Phone: 929-314-0955

Email: tanya@tanyabnutrition.com Social Media: @thelupusdietitian Website: www.lupusdietitian.com **Exercise/Activity:** Regan Birr, B.Sc.

Phone: 720-470-8049

Email: reganbirr@gmail.com

Website: http://www.reganmoves.com

SOCIAL SUPPORT AND NETWORKING

Lambda Sigma Sigma Lupus Sorority

Phone: 773-732-6748

Email: <u>lambdasigmasigma@yahoo.com</u>

Website: www.lsslupus.org_

Charleston Lupus Listening and Learning
Support Group

Mia Barron (Facilitator) Phone: 843-364-2186

Email: Charlestonlupusgroup@gmail.com

LUPUS ADVOCACY & EDUCATION

Lupus Foundation of America (LFA):

www.lupus.org

Lupus Research Alliance (LRA):

www.lupusresearch.org

ACR's Lupus Initiative: www.thelupusinitiative.org

FOR MORE INFORMATION

How to find good health information and research opportunities: Network of the National Library of Medicine (NNLM) – video

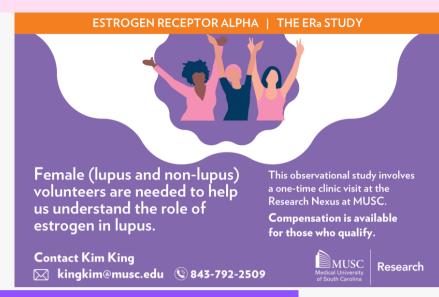
https://www.youtube.com/watch?

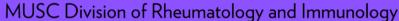
v=LnBxukSrGOE

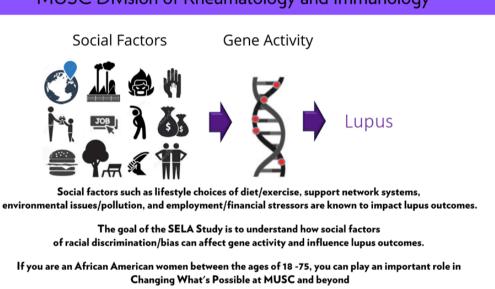
Research Resources at MUSC

Interested in Research?

Please consider some of our enrolling observational studies listed.
Also visit <u>SCresearch.org</u> for all our active enrolling studies.
Use Keyword: "Lupus"







For more information contact Quinnette King at 843-843-792-7645 or kinglu@musc.edu

Compensation is available for participation



Volunteers WITHOUT a history of lupus or scleroderma are needed to help researchers advance science in the prevention and treatment of rheumatic disease.

Compensation is available for participation.

Contact Us: 843-792-3926 or lupusresearch@musc.edu



M.U.S.C.L.E



The Medical University of South Carolina Lupus Erythematosus Research Group