



**Department of Medicine  
Internal Medicine Residency Program**

**RESIDENT AND INTERN WORK HOUR REGULATIONS**

Per the ACGME regulations regarding duty hours, resident and interns will adhere to the following:

1. Duty hours will be limited to 80 hours per week, averaged over a four-week period (320 hours in 4 weeks), inclusive of all in-house call activities.
2. One day (one continuous 24-hour period) in 7 will be free of all educational and clinical responsibilities, averaged over a four-week period, inclusive of call.
3. Adequate time for rest and personal activities will be scheduled by allowing at least an 8-hour time period between daily shifts of duty and after in-house call.
4. In-house call will occur no more frequently than every three days, averaged over a four-week period.
5. Continuous on-site duty, including in-house call for upper-level residents and intern will not exceed 24 consecutive hours plus no more than an additional 4 hours to participate in didactic activities, transfer care of patients, maintain continuity of medical care, and conduct outpatient clinics.
6. No new patient admissions will be accepted by a resident or intern after 24 hours of continuous on-site duty.
7. See program policy, Admission and Patient Load, for information on the number of patients to be assigned to residents and interns.

Duty hours are defined as all clinical and academic activities related to the residency program, i.e., patient care (both inpatient and outpatient), administrative duties related to patient care, the provision for transfer of patient care, time spent in-house during call activities, and scheduled academic activities such as conferences. Duty hours do not include reading and preparation time spent away from the duty site.

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