

The Medical University of South Carolina  
Department of Otolaryngology – Head & Neck Surgery

# The Charleston Pharyngoesophageal Manometry Training Program

January 10 - 11, 2020

Hyatt House Mount Pleasant - Midtown | Mount Pleasant, SC

Course Director: **Ashli K. O'Rourke, M.D.**

Evelyn Trammell Institute for Voice and Swallowing

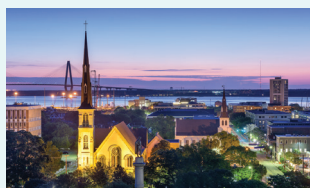
[musc.edu/ent/cme](https://musc.edu/ent/cme)



# The Charleston Pharyngoesophageal Manometry Training Program

Medical University of South Carolina | Otolaryngology - Head & Neck Surgery

This 1-3/4 day introductory/intermediate program, designed for speech language-pathologists, laryngologists, and otolaryngologists, will consist of didactic sessions to introduce participants to the basics of pharyngoesophageal high-resolution manometry (HRM). Hands on training experiences and case based examples will then serve to expand participants' understanding of the clinical applications of HRM. Both pharyngeal and esophageal examinations will be covered. We will focus on the diagnostic and therapeutic capabilities of HRM as well as protocols for pharyngeal dysphagia patients.



Charleston named  
Top U.S. City for the  
9th consecutive year!

Condé Nast Traveler  
Readers' Choice Awards.

## Keynote Speaker

**Gregory N. Postma, M.D.**

Professor and Vice Chairman

Department of Otolaryngology-Head & Neck Surgery

Medical College of Georgia at Augusta University

## MUSC Course Director

**Ashli K. O'Rourke, M.D.**

Associate Professor

Evelyn Trammell Institute for Voice and Swallowing

## MUSC Speakers

**Kate Davidson, MS, CCC-SLP**

Research Associate, Speech Pathology

**Julie Blair, MA, CCC-SLP**

Speech Pathology

**Angelina Schache, MS, CCC-SLP**

Speech Pathology

**Caroline Warren, MS, CCC-SLP**

Speech Pathology

Complete faculty disclosures can be found on our website:  
[muscd.edu/ent/cme](http://muscd.edu/ent/cme)

## Objectives

Upon completion, the participant should be better able to:

- Name at least two potential benefits of incorporating HRPM into laryngology and/or speech pathology clinical practices.
- Identify normal versus abnormal pharyngeal patterns on high resolution pharyngeal manometry tracings.
- Identify basic pharyngeal regions using HRPM.
- Demonstrate appropriate technique in placing manometry catheter.
- Identify patient populations that are appropriate for manometric studies.
- Explain the role of HRPM in the evaluation of swallowing disorders.
- Explain the role of HRPM in the treatment of swallowing disorders.


# Course Overview

Hyatt House Mount Pleasant - Midtown, 1430 Midtown Ave, Mount Pleasant, SC 29464

High resolution pharyngeal manometry (HRPM) is an emerging technology that is changing the diagnosis and management of pharyngeal dysphagia in exciting ways.

**Dr. Ashli O'Rourke** is an expert in dysphagia and high resolution manometry and leads the International High Resolution Pharyngeal Manometry Working Group that is publishing guidelines for interpretation of and training for HRPM. In collaboration with her colleagues, Dr. O'Rourke has established expertise in the standardization of training, interpreting, analyzing and reporting visual observation of pharyngoesophageal swallowing impairment from HRPM.

## Credit Designation

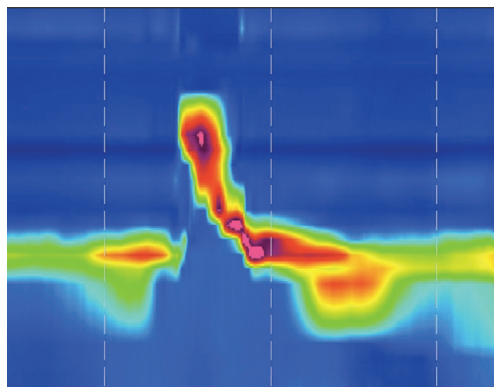
 <p>APPROVED PROVIDER ASHA CONTINUING EDUCATION AMERICAN SPEECH-LANGUAGE-HEARING ASSOCIATION</p>	<p><b>Medical University of South Carolina</b> is approved by the Continuing Education Board of the American Speech-Language-Hearing Association (ASHA) to provide continuing education activities in speech-language pathology and audiology. See course information for number of ASHA CEUs, instructional level and content area. ASHA CE Provider approval does not imply endorsement of course content, specific products or clinical procedures.</p>
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This program is offered for 1.15 ASHA CEUs (Intermediate level; Professional area.)

An annual ASHA CE Registry fee is required to register ASHA CEUs. CE Registry fees are paid by the participant directly to the ASHA National Office. The annual ASHA CE Registry fee allows registration of an unlimited number of ASHA CEUs for the calendar year. Contact the ASHA CE staff at (800) 498-2071 ext. 8591 for CE Registry fee subscription information.

## Course Supporters

Once confirmed, a list of supporters can be found at [musc.edu/ent/cme](http://musc.edu/ent/cme)



## Americans with Disabilities Act

It is the policy of the Medical University of South Carolina not to discriminate against any person on the basis of disabilities. If you feel you need services or the auxiliary aids mentioned in this act in order to fully participate in this continuing medical education activity, please call the Department of Otolaryngology – Head and Neck Surgery at 843-876-0943 or attach a note to your registration.

## Hotel Reservations

Rooms have been reserved for this conference at the Hyatt House Mount Pleasant - Midtown, 1430 Midtown Ave, Mount Pleasant, SC 29464. The rate is \$109 plus tax + fees. Please call the hotel directly at 843-388-6277 to book your room(s). Ask for the **G-MULC** group rate.

**Group rates expire December 19, 2019.**



# Friday, January 10, 2020

Hyatt House Mount Pleasant - Midtown, 1430 Midtown Ave, Mount Pleasant, SC 29464

- 7:30 to 8 a.m. Registration and Breakfast with Exhibitors
- 8 to 8:10 a.m. Welcome ..... Ashli K. O'Rourke, M.D.
- 8:10 to 8:20 a.m. Introduction to Manometry ..... Ashli K. O'Rourke, M.D.
- 8:20 to 9 a.m. The Basics of Manometry & Impedance ....Gregory N. Postma, M.D.
- 9 to 10 a.m. Normal Manometric Pharyngeal Swallowing  
..... Kate W. Davidson, MS, CCC-SLP
- 10 to 10:15 a.m. Break
- 10:15 to 10:45 a.m. The Value of Esophageal Manometry in Dysphagia Practice  
..... Ashli K. O'Rourke, M.D.
- 10:45 to 11:30 a.m. Normal Manometric Esophageal Swallowing  
..... Ashli K. O'Rourke, M.D.
- 11:30 to 12:15 p.m. Lunch (catered on site)
- 12:15 to 1:15 p.m. Abnormal Swallowing: The Interpretation of Pharyngeal Manometry  
..... Ashli K. O'Rourke, M.D.
- 1:15 to 2:15 p.m. Abnormal Swallowing: The Interpretation of Esophageal Manometry  
.....Gregory N. Postma, M.D.
- 2:15 to 2:30 p.m. Break
- 2:30 to 3:45 p.m. Therapeutic Applications of Pharyngeal Manometry  
..... Kate Davidson, MS, CCC-SLP
- 3:45 to 4:15 p.m. The Dysphagia Files: Case Presentations  
.....G.Postma, A.O'Rourke, K.Davidson, J.Blair
- 4:15 to 4:30 p.m. Questions & Daily Summary..... G.Postma, A.O'Rourke, K.Davidson
- 4:30 p.m. Adjourn - Submit CEU and evaluation forms - Thank you!

## Manometry Networking Reception

Friday, January 10, 2020 | 5:30 to 7:30 p.m.

Hyatt House Mount Pleasant - Midtown

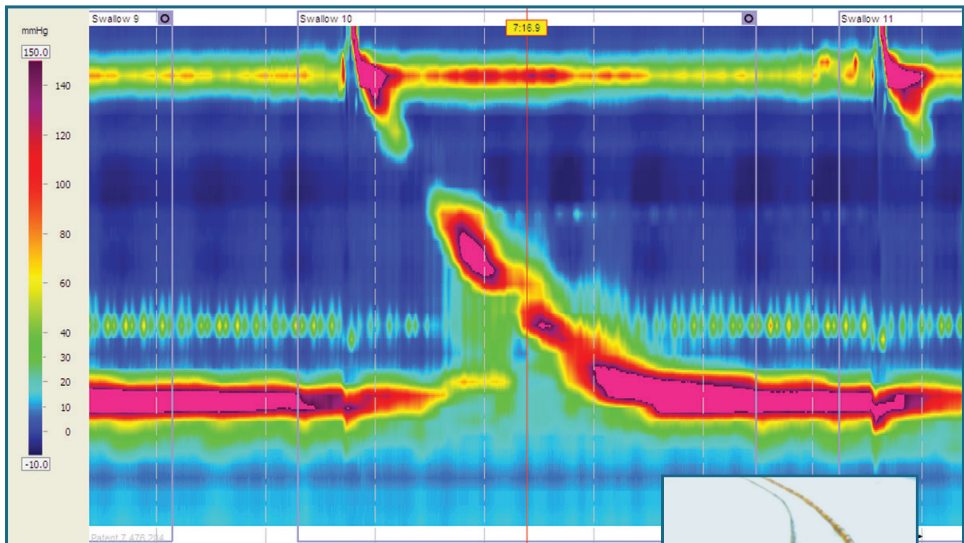
\*\*\* RSVP Required \*\*\*

All conference participants are invited to join the program faculty in the hotel lounge for food and beer/wine. We hope to see you there!

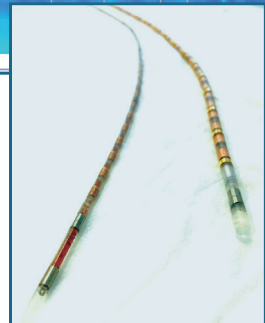
# Saturday, January 11, 2020

Hyatt House Mount Pleasant - Midtown, 1430 Midtown Ave, Mount Pleasant, SC 29464

- 7:00 to 7:30 a.m. Registration
- 7:30 to 8:00 a.m. Working Breakfast: The Nuts and Bolts  
Angelina Schache, MS, CCC-SLP, Caroline Warren, MS, CCC-SLP
- 8:00 to 8:15 a.m. Break, transition to lab; MUSC Health East Cooper Building
- 8:15 to 10:15 a.m. Group 1: Software Practice & Interpretation  
Group 2: Hands on Laboratory Practice
- 10:15 to 10:30 a.m. Break
- 10:30 to 12:30 p.m. Group 1: Hands on Laboratory Practice  
Group 2: Software Practice & Interpretation
- 12:30 to 12:45 p.m. Transition back to classroom
- 12:45 to 1:00 p.m. Wrap up; Q & A..... All Faculty
- 1:00 p.m. Adjourn - Submit CEU and evaluation forms - Thank you!



High-resolution manometry (HRM) is an instrumental evaluation that permits measurement of intraluminal pressure activity in the pharynx and esophagus.



# Faculty



**Gregory N. Postma, M.D.** is a Professor in the Department of Otolaryngology-Head and Neck Surgery at the Medical College of Georgia of Augusta University and is the Director of the Center for Voice, Airway and Swallowing Disorders since 2005.

In 1984, Dr. Postma received his medical degree from Hahnemann University in Philadelphia and he completed his residency in Otolaryngology at the University of North Carolina at Chapel Hill in 1993. He took a fellowship in laryngology and professional voice at

Vanderbilt University and joined the faculty at Wake Forest in 1996.

He is the author or co-author of more than 110 peer-reviewed publications, edited three books, and has written 60 chapters and invited articles. He has given more than 600 presentations on a wide array of laryngologic topics. He has been selected as one of America's Top Doctors, a reference that identifies the top one percent of physicians in the nation, for a number of years.



**Ashli K. O'Rourke, M.D.**, is originally from Orlando, Florida. She attended Florida State University where she received her Bachelors and Masters degrees in Speech – Language Pathology & Audiology. She practiced clinical speech-language pathology for over seven years at Emory University Hospitals in the Atlanta area, specializing in dysphagia evaluation and management.

Dr. O'Rourke attended medical school at the Medical College of Georgia, graduating in 2005. She completed both her general surgery internship and her otolaryngology – head and neck surgery residency at the University of Virginia in Charlottesville, Virginia. She went on to complete a fellowship in Laryngology – Voice and Swallowing Disorders at the Medical College of Georgia.

Dr. O'Rourke has been board certified through the American Board of Otolaryngology since 2012. Her career interests include swallowing disorders (dysphagia), voice disturbances, and airway concerns. Her research interests include the use of high resolution manometry in the evaluation and treatment of oropharyngeal dysphagia.



**Kate W. Davidson, MS, CCC-SLP** is a Speech-language pathologist and Research Associate at the Medical University of South Carolina. She is Assistant Lab Director of the Swallowing Cross-System Collaborative at Northwestern University in Evanston, Illinois.

Kate received her Masters degree in Communication Sciences and Disorders from the Medical University of South Carolina in 2010 and completed her Clinical Fellowship under the direction of Dr. Bonnie Martin-Harris, Dr. Terry Day and Julie Blair at MUSC in 2011.

Her clinical focus is in adult swallowing disorders and her research interests include standardization of the videofluoroscopic swallow study and the use of high-resolution pharyngeal manometry as an assistive biofeedback device for swallow rehabilitation.

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## Registration

---> For easy online registration please go to: [musc.edu/ent/cme](http://musc.edu/ent/cme)

Name \_\_\_\_\_ Last 4 digits of SSN \_\_\_\_\_

Preferred name for name badge \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

E-mail address \_\_\_\_\_ Fax \_\_\_\_\_

Telephone #1 \_\_\_\_\_ Telephone #2 \_\_\_\_\_

Practice name \_\_\_\_\_

I am an \_\_\_\_ MD \_\_\_\_ NP \_\_\_\_ PA \_\_\_\_ SLP \_\_\_\_ OT \_\_\_\_ Tech \_\_\_\_ Other \_\_\_\_\_

Specialty \_\_\_\_\_

	Register on or before 12/10/19	Register after 12/10/19
<input type="checkbox"/> Physicians	\$325.00	\$375.00
<input type="checkbox"/> Non-Physicians	\$325.00	\$375.00
SLP's can receive ASHA CEU credit		
Network Reception: <input type="checkbox"/> I will attend <input type="checkbox"/> I will not attend	\$0.00	\$0.00

An electronic syllabus will be available online for all participants prior to the conference at no charge.  
Check here for a printed syllabus.

☐ Yes, I want to purchase a printed syllabus \$40.00 \$40.00

☐ Dietary restrictions: \_\_\_\_\_

## Payment must accompany registration

☐ Check payable to:  
MUSC Otolaryngology – Head & Neck Surgery  
2020 Pharyngoesophageal Conference  
135 Rutledge Avenue, MSC 550  
Charleston, SC 29425-5500

☐ Visa ☐ MasterCard ☐ AMEX ☐ Discover

Card # \_\_\_\_\_

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For additional conference information:

843-876-0943 | [taylojul@musc.edu](mailto:taylojul@musc.edu)

## Cancellations

Refunds for cancellation can be given if requested in writing before December 10, 2019. A \$50.00 administrative fee will be retained if you cancel. **No refunds will be made on or after December 10, 2019.**

This conference is subject to cancellation and if this should happen, persons registered for this conference will be notified by telephone, using the telephone number listed on the registration form. Registration fees will be refunded in full. In the event of cancellation, MUSC cannot be responsible for airline tickets or travel expenses of any nature.