Gendered Language Examples and More Inclusive Terms to Use Instead (updated October, 2021)

| Gendered Language | More Inclusive Language |
| :--- | :--- |
| Boyfriend/Girlfriend, Husband, Wife | Partner, Significant Other, Spouse |
| Brother, Sister | Sibling |
| Niece/Nephew | Nibling |
| Aunt/Uncle | Pibling |
| Daughter/Son | Child |
| Father/Mother | Parent |
| Man/Woman | Person |
| Ladies/Gentlemen | Folx, Everyone, Y'all, Friends |
| Mr./Mrs./Ms. | Mx. |

Outdated Terms and More Correct Terms to Use Instead

| Outdated and/or Offensive | Correct and Up to Date |
| :--- | :--- |
| Biological Man/Woman | Cisgender |
| FTM (female-to-male)/MTF (male to <br> female) | AFAB (assigned female at birth)/ AMAB <br> (assigned male at birth) |
| Hermaphrodite | Intersex |
| Homosexual | Gay, Lesbian |
| Lifestyle/Preference | Orientation/Identity |
| Passing | Assumed gender/identity |
| Preferred Name | Name, Name in Use |
| Preferred Pronouns | Personal Pronouns, Pronouns |
| Sex Change | Gender Affirmation |
| Sexual Preference | Sexual Orientation |
| Special Rights | Equal Rights |
| Transgendered, a transgender | Trans/transgender, a transgender <br> person |
| Transexual | Trans, Transgender |

## Personal Pronoun Cheat Sheet

| Pronouns | Subject | Object | Possessive <br> Adjective | Possessive <br> Pronoun | Reflexive |
| :--- | :--- | :--- | :--- | :--- | :--- |
| He | He runs | That's him. | His car. | That's his | He calls <br> himself |
| She | She runs | That's her. | Her car. | That's hers | She calls <br> herself |


| They | They run | That's <br> them. | Their car. | That's <br> theirs | They call <br> themself |
| :--- | :--- | :--- | :--- | :--- | :--- |
| Ae | Ae runs | That's aer | Aer car | That's aers | Ae call <br> aerself |
| Ey | Ey runs | That's em | Eir car | That's eirs | Ey call <br> emself |
| It | Per runs | That's per | Pers car | That's pers | Per calls <br> perself |
| Per | Ve runs | That's ver | Vis car | That's vis | Ve calls <br> verself |
| Ve | Xe runs | That's xem | Xyr car | That's xyrs | Xe calls <br> xemself |
| Ze | Ze runs | That's hir | Hir car | That's hirs | Ze calls <br> hirself |
| Zie | Zie runs | That's zir | Zir car | That's zirs | Zie calls <br> zirself |

