

## QUEER in Crisis:

LGBTQ+ Allyship in a National State of Emergency

Brandyn Sewers, LMSW (He / Him)

Behavioral Health Specialist PALSS, Inc.

## Financial Disclosures:

Brandyn Sewers, LMSW has no relevant financial relationship(s) with ACCME-defined commercial interests to disclose.



## Learning Objectives:

By the end of this session, participants will be able to:

- Summarize key socio-political dynamics effecting the LGBT+ community.
- Identify and apply methods of professional allyship in micro, mezzo, and macro scopes of practice.
- Evaluate their current demonstration of allyship and identify at least one action step for increasing support for LGBT+ community.

## Terminology Review...

LGBT+: Lesbian, Gay, Bisexual, Transgender, +

LGBTQIA+: Lesbian, Gay, Bisexual, Transgender, Queer, Intersex, Asexual, +

25LGBTQIA+: Two-Spirit, Lesbian, Gay, Bisexual, Transgender, Queer, Intersex, Asexual,+

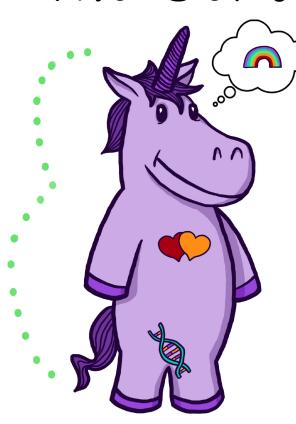
Queer: [varies by person] individual or community that falls outside of gender / sexuality norms.

**Diverse SOGIE**: All individuals who identify as having diverse / expansive sexual orientation, gender identity, and/or gender expression.

Same Gender Loving: Term to describe sexual orientation, created and used by Black and AA people who see "gay" and "lesbian" as being associated with whiteness.

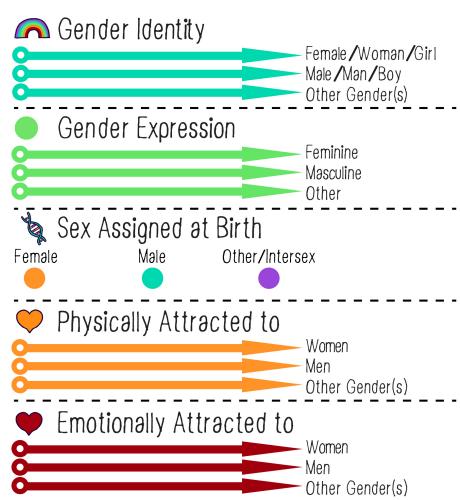
## The Gender Unicorn





To learn more, go to: www.transstudent.org/gender

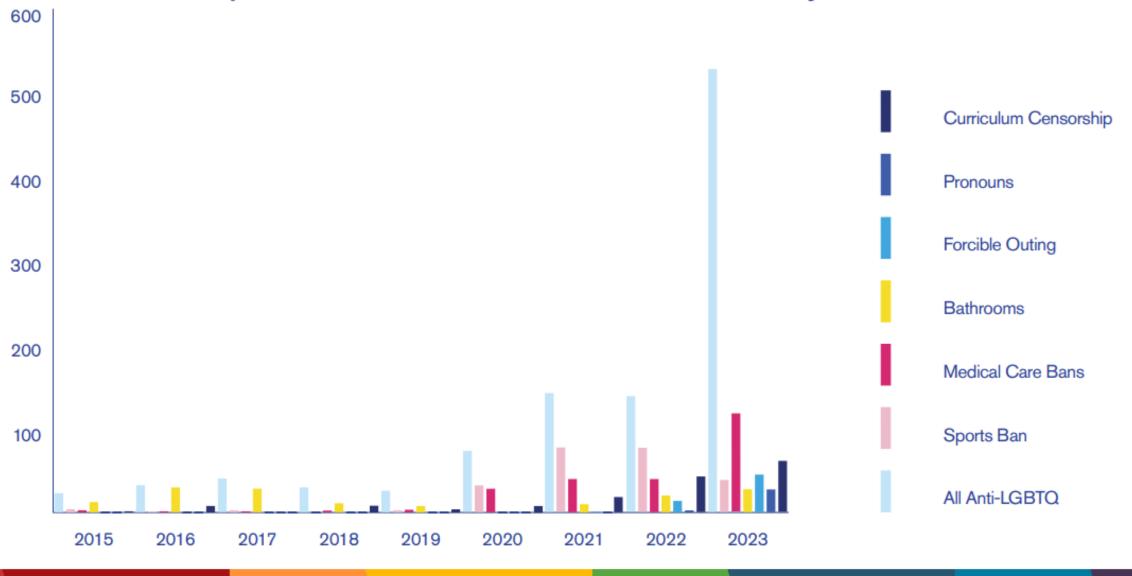
Design by Landyn Pan and Anna Moore



"For the first time in HRC's nearly halfcentury history, we're declaring national state of emergency for LGBT+ people in the United States."

-Kelley Robinson (she/her)
HRC President
June 6, 2023

### Snapshot of Anti-LGBTQ+ Bills Introduced by Year

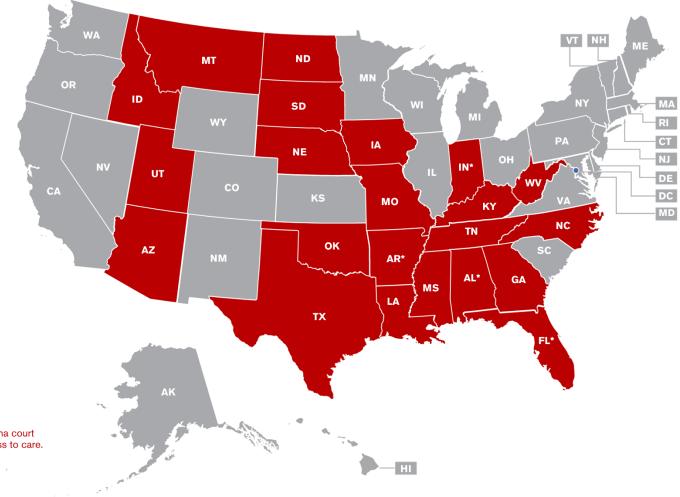


Legislation type:	# of States
Non-discrimination law:	23
Conversion therapy ban:	13
Gender affirming care ban:	21
Bathroom ban:	10
Sports participation ban:	24
LGBT+ Erasure law:	4
"Don't say LGBTQ+" law:	7
Pronoun refusal law:	6
Forced student outing:	6
Anti-Drag Ban:	2
	Non-discrimination law: Conversion therapy ban: Gender affirming care ban: Bathroom ban: Sports participation ban: LGBT+ Erasure law: "Don't say LGBTQ+" law: Pronoun refusal law: Forced student outing:



### **Gender-Affirming Care Bans Impacting Youth**

97,000 trans youth 13-17 have been impacted by bans and restrictions to gender-affirming care.



LAW OR POLICY BANNING GENDER AFFIRMING CARE HAS PASSED UP TO AGE 18

\*In Alabama, Arkansas, Florida and Indiana court injunctions are ensuring continued access to care.

last updated 09/15/23

101,500 high schooled aged trans youth are living in states with sports participation bans.

### 247,000+ gender expansive folks

are unable to use bathrooms / locker rooms consistent with their gender while in K-12 public school buildings.

273,600 LGBTQ+ high school aged youth are living in states with "Don't say LGBTQ+" legislation.

## 13,100 gender expansive youth

live in states with forced student outing laws.

### 24,100 gender expansive youth

live in states with school-based pronoun bans.

## 8 in 10 LGBTQ+ adults report that gender affirming care bans make them feel less safe as an LGBTQ+ person.

# 8 in 10 LGBTQ+ adults report that gender affirming care bans worsen harmful stereotypes, discrimination, hate and stigma towards the LGBTQ+ community.

# 75% of LGBTQ+ youth say that anti-LGBTQ hate crimes and threats of violence against LGBTQ spaces give them stress or anxiety

# 71% of LGBTQ+ youth report that state laws restricting rights of LGBT young people have negatively impacted their MH

## 86% of gender expansive youth say debates around anti-trans bills have negatively impacted their MH.

### No Charges Against Georgia Police in Death of Queer Environmental Activist Shot 57 Times

Elon Musk and Libs of TikTok Team Up on Transgender Harvard Law Instructor

OCTOBER 07 2023 10:30 AM

Gay Wisconsin Principal Alleges Discrimination, Says His Boss Said He'd Indoctrinate Students

OCTOBER 06 2023 10:47 AM

Transgender Man's Decomposing Body Found in Closet of Abusive

OCTOBER 04 2023 10:59 AM

Alabama Officials Trash \$16,500 in Teacher Manuals Because They Ex

OCTOBER 05 2023 3:00 PM

OCTOBER 07 2023 9:00 AM

OCTOBER 06 2023 3:43 PM

Conversion Therapy Remains Far Too Common, Study Finds

OCTOBER 06 2023 9:00 AM

Meet the Virginia Buddhist Who Is Leading a Charge to Ban Books

Were Too 'Woke': Report

OCTOBER 02 2023 12:08 PM

Providing Gender-Affirming Care to Youth Is Now a Felony After Judge Rules Law Can Go Into Effect

Schools Keep Receiving Bomb Threats After Libs Of TikTok Posts About Them

OCTOBER 04 2023 4:00 PM

Florida Judge Cites 'Transgender Ideology' in Ruling Siding with Teacher Fired for Misgendering Trans Student

Wisconsin School District Gets Restraining Order Against Gays Against Groomers Leader

Gay Couple Beaten by Homophobic Gang Armed With Nail-Spiked Piece of Wood

OCTOBER 06 2023 11:46 AM

Tennessee Neo-Nazis Show Up to Support Far-Right Mayoral Candidate

OCTOBER 05 2023 2:16 PM

Child Rapper's Viral Transphobic Song Shocks Audiences

OCTOBER 07 2023 10:00 AM

OCTOBER 06 2023 8:55 PM

Allyship: "an active, consistent, and ongoing practice of unlearning and re-evaluating, in which a person in a position of privilege and power seeks to operate in solidarity with a targeted group."

-Anti-Oppression Network

## Educate ~ Validate ~ Advocate

Micro: yourself and those around you

Mezzo: your organization and local community

Macro: your elected officials and the general public

"Practicing allyship is not linear or constant and requires ongoing self-reflection and learning."

-Anti-Oppression Network

What does your allyship look like?

### Action Continuum:

Actively Participating

Denying, Ignoring Recognizing, No Action Recognizing, Action Educating Self

Educating Others

Supporting, Encouraging Initiating, Preventing

**Supporting Oppression >>>>>>>>> Confronting Oppression** 

## Is Your Activism Steeped in White Supremacy?

(A Checklist from Handbook for a Post-Roe America by Robin Marty)

- 1. Are you listening to BIPOC Voices or speaking over them?
- 2. Are you being performative?
- 3. Are you demanding education?
- 4. Are you using your privilege to cause harm rather than help?
- 5. Are you taking resources from groups already doing the work?
- 6. Are you using POC as shields?
- 7. Is your advocacy embedded in your daily actions too?

In what ways are you already supporting the LGBT+ community?
What forms of allyship come naturally to you?
What skills / knowledge / resources do you have that could be helpful?

#### Weaknesses

In what ways do you struggle to support the LGBTQ+ community?

What forms of allyship feel foreign or uncomfortable?

What skills / knowledge / resources could you benefit from gaining to better support the LGBTQIA+ community?

## SWOT Analysis:

#### **Opportunities**

What would be a natural next step for increasing your allyship?

Are there situations or events where you can engage in active support for LGBTQIA+ folx?

#### **Threats**

What gets in the way of supporting the LGBTQIA+ community?

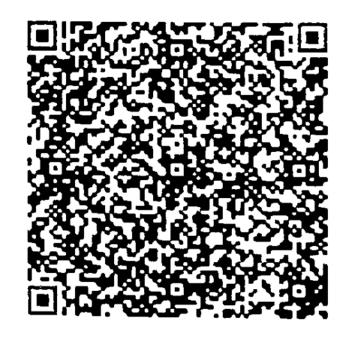
What are the potential social / emotional / political / legal repercussions for engaging in \_\_\_\_\_ allyship?

### Action Steps

 $What \textit{ specific action steps will you commit to taking to increase your \textit{ support to the LGBTQIA+ community moving forward?}\\$ 

#### References

- Adams, M., Bell, L., & Griffin, P. (1997). THE ACTION CONTINUUM. Routledge. https://mrc.ucsf.edu/sites/g/files/tkssra4291/f/Allyship\_continuum\_STEPUP\_Action\_Continuum.pdf
- ADVOCATE. (n.d.). Advocate.com. Gay News, LGBT Rights, Politics, Entertainment; PRIDE PUBLISHING INC. Retrieved October 9, 2023, from https://www.advocate.com/
- Center of Excellence on LGBTQ+ Behavioral Health Equity. (n.d.). Sexual Orientation, Gender Identity & Expression Glossary of Terms. In Center of Excellence on LGBTQ+ Behavioral Health Equity. Retrieved October 9, 2023, from <a href="https://lgbtqequity.org/wp-content/uploads/2023/04/SOGIE-Glossary-4.23.pdf">https://lgbtqequity.org/wp-content/uploads/2023/04/SOGIE-Glossary-4.23.pdf</a>
- Human Rights Campaign. (n.d.). National State of Emergency for LGBTQ+ Americans. Human Rights Campaign. Retrieved September 28, 2023, from https://www.hrc.org/campaigns/national-state-of-emergency-for-lgbtq-americans
- Human Rights Campaign. (2021, October). Dismantling An Epidemic of Violence. Human Rights Campaign Digital Reports. https://reports.hrc.org/dismantling-a-culture-of-violence? ga=2.153921983.606725920.1694702808-43401146.1694462917
- Human Rights Campaign. (2023a). Fatal Violence Against the Trans and Nonbinary Community in 2023. Human Rights Campaign. https://www.hrc.org/resources/fatal-violence-against-the-transgender-and-nonbinary-community-in-2023.
- Human Rights Campaign. (2023b). IMPACT OF GENDER AFFIRMING CARE BANS ON LGBTQ+ ADULTS 1 IMPACT OF GENDER AFFIRMING CARE BANS ON LGBTQ+ ADULTS. In Human Rights Campaign. https://hrc-prod-requests.s3-us-west-2.amazonaws.com/GAC-Ban-Memo-Final.pdf
- Human Rights Campaign. (2023c). LGBTQ+ AMERICANS FIGHT BACK: A GUIDEBOOK FOR ACTION A GUIDEBOOK FOR ACTION. In Human Rights Campaign. https://hrc-prod-requests.s3-us-west-2.amazonaws.com/LGBTQ-Guidebook-for-Action.pdf
- Human Rights Campaign. (2023d). LGBTQ+ AMERICANS UNDER ATTACK: A REPORT AND REFLECTION ON THE 2023 STATE LEGISLATIVE SESSION LGBTQ+ AMERICANS UNDER ATTACK: A REPORT AND REFLECTION ON THE 2023 STATE LEGISLATIVE SESSION. In Human Rights Campaign. https://hrc-prod-requests.s3-us-west-2.amazonaws.com/Anti-LGBTQ-Legislation-Impact-Report.pdf
- Marty, R. (2021). New Handbook for a Post-Roe America (pp. 134-137). Seven Stories Press.
- THE ANTI-OPPRESSION NETWORK. (n.d.). THE ANTI-OPPRESSION NETWORK. Retrieved October 9, 2023, from https://theantioppressionnetwork.com/
- The Trevor Project. (2023). Issues Impacting LGBTQ Youth Polling Presentation Content Warning. In Trevor Project. <a href="https://www.thetrevorproject.org/wp-content/uploads/2023/01/Issues-Impacting-LGBTQ-Youth-MC-Poll\_Public-2.pdf">https://www.thetrevorproject.org/wp-content/uploads/2023/01/Issues-Impacting-LGBTQ-Youth-MC-Poll\_Public-2.pdf</a>
- Trevor News. (2023, January 19). New Poll Emphasizes Negative Impacts of Anti-LGBTQ Policies on LGBTQ Youth. The Trevor Project. https://www.thetrevorproject.org/blog/new-poll-emphasizes-negative-impacts-of-anti-lgbtq-policies-on-lgbtq-youth/
- UCSF Multicultural Resource Center. (n.d.). Allyship. Multicultural Resource Center; The Regents of the University of California. Retrieved October 9, 2023, from https://mrc.ucsf.edu/allyship



### Brandyn Sewers, LMSW

PALSS, Inc

brandyn.sewers@palss.org

803-760-3348

Additional Resources:

