

Free Peer Recovery Doula Services

For qualified patients

WHAT IS A PEER RECOVERY DOULA?

A peer recovery doula is a trained person who uses their lived experience to support birthing persons **in recovery from substance use disorder** emotionally and physical through pregnancy, birth and postpartum.



OUR FREE SERVICES INCLUDE:

- **Help Before Birth:** Visits to talk about your pregnancy, find resources and prepare for birth
- **Support During Birth:** Continuous care during labor to make you feel safe, supported and empowered
- **Help After Birth:** Visits to support you and your baby

**YOU MAY BE ELIGIBLE IF YOUR DUE
DATE IS JUNE THROUGH NOVEMBER
2025**

**APPLY HERE RECEIVE SUPPORT FROM AN
EXPERIENCED & TRAINEE DOULA**

Contact us if you have any
questions:

 rebirthed@musc.edu

