

BACKGROUND

- Venous thromboembolism (VTE) is a leading cause of morbidity and mortality after cancer surgery.
- Extended pharmacologic VTE prophylaxis (ePPx) decreases VTE risk and is recommended by professional societies.





Colon & Rectal Surgeons



AMERICAN COLLEGE of CHEST PHYSICIANS

Yet, local, regional and national studies show prescription of ePPx by surgeons is low.

MUSC Health Medical University of South Carolina

MSQC



The aim of this study is to obtain insight toward surgeon practices and attitudes regarding ePPx within a regional health system.

METHODS

- Semi-structured interviews were conducted with surgeons at MUSC CHS and in the RHN's.
- Interviews characterized provider **VTE** perceptions, prevention strategies, and barriers/facilitators to ePPX.
- An EMR-based decision support tool to improve ePPx utilization was demonstrated, and providers rated the tool.
- Transcripts were thematically coded thematically and analyzed.

How to Optimize Guideline Concordant Extended Venous Thromboembolism Prophylaxis After Cancer Surgery: A Qualitative Study on Surgeon Attitudes Within A Regional Health System

Megan Scharner¹, Shannon Phillips², Nivetha Baskar³, Natalie Koren¹, Maggie Westfal¹, Thomas Curran¹ 1. Department of Surgery, 2. College of Nursing, 3. Hollings Cancer Center

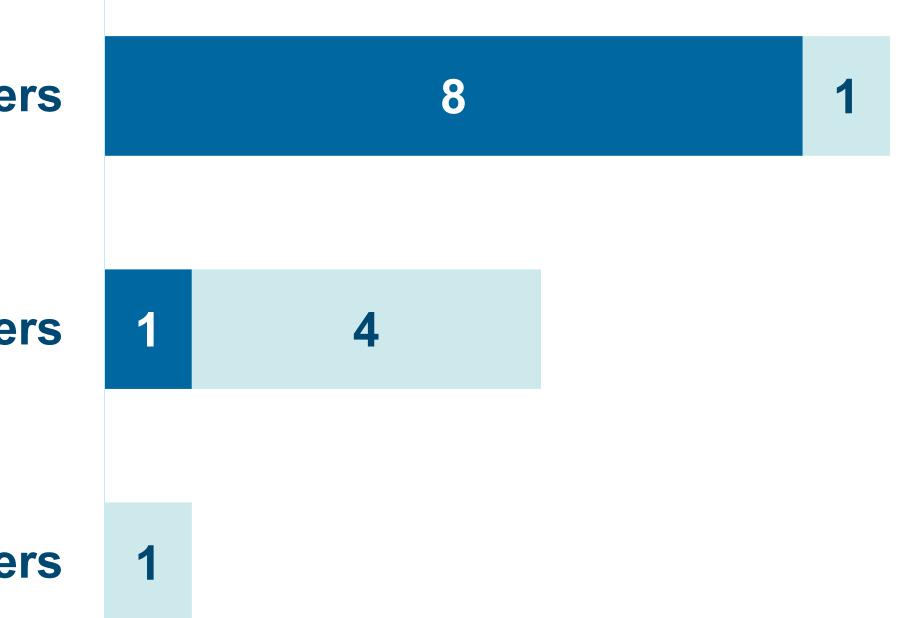
		11.77
R	ESU	JLT

		ePP
Provider Specialty	n	■ Acade
APP	2	
Colorectal Surgery	3	Routine Use
General Surgery	3	
Gynecology Oncology	3	Selective Use
Hepatobiliary Surgery	1	
Surgical Oncology	1	
Urology	2	Never Use

Thematic analysis of interviewee facilitators and barriers to ePPx

Theme	Theme Overview	Frequency Proportion	Illustrative Quote	
Barriers				
Cost	Medication cost is prohibitive to patient compliance with VTE prophylaxis.	47% (n = 7)	"Lovenox is sometimes cost prohibitive." (Provider 1)	
Patient comfort and fear	VTE prophylaxis route of administration or side effects cause patient fear, which is prohibitive to prophylaxis.	60% (n = 9)	"I think in general Lovenox and heparin injections are challenging for some of our patients to do." (Provider 8)	
Surgeon Training/Routine	Surgeon mentors, training, and length of practice can serve as barriers to VTE prophylaxis.	40% (n = 6)	"95% of my practice is driven by mentorship." (Provider 13)	
	Facilitators			
Guidelines and evidence	Society-based evidence and guidelines support VTE prophylaxis.	67% (n = 10)	"After [the patients] leave the hospital, most commonly they're discharged on Eliquis because the literature that we have has good data to support that." (Provider 8)	
Surgeon experience and patient outcomes	Surgeon experiences and anecdotal patient outcomes may influence their VTE prophylaxis routines.	43% (n = 7)	"I can think of 1 patient who almost certainly died of a DVT maybe a week or two after discharge, who refused all heparin. All everything." (Provider 7)	

PX Use By Practice Setting Community Setting lemic Setting



RESULTS

Thirteen surgeons and 2 APPs were interviewed; 5 were female.

Six surgeons practice in the community setting and 7 surgeons practice in the academic setting. **Both APPs practice in the academic** setting.

All providers were open to the EMR decision support tool.

CONCLUSIONS

Diverse attitudes toward ePPx were identified across providers.

Community surgeons were found to be more likely to prescribe ePPx selectively or never.

Surgeon education, utilization of an oral ePPx medication, and cost mitigation may improve ePPx adherence.

FUTURE DIRECTIONS

Identify patient barriers and facilitators to extended VTE prophylaxis.

Implement utilization of the EMR decision support tool and assess its utility in promoting guidelineconcordant VTE prophylaxis.

Provide provider and patient education to improve VTE ePPX prescription and adherence.