BLADDER CANCER

THREE DISEASES

- 1. Superficial low grade
- 2. Invasive high grade
- 3. Carcinoma-in-situ (CIS)

CLINICAL STAGING

TO Ta Noninvasive low grade

Tis Ca-in-situ

T1 Invades submucosa onlyT2 Invades <u>superficial</u> muscle

T3 Invades deep muscle or perivesical fat

T4 Invades contiguous organs

SUPERFICIAL LOW GRADE

Symptoms: Hematuria

Diagnosis: Bladder biopsy. Typical appearance on cystoscopy

Urine cytology highly unreliable

Treatment: TURBT

Laser ablation

Recurrence rate 60-70%

Long term surveillance cystoscopies essential

Tend to not progress in stage or grade

Topical therapy BCG for multiple tumors or frequent recurrences

INVASIVE HIGH GRADE

Symptoms: Hematuria, bladder irritative symptoms, and sx of mets

Diagnosis: TURBT (deep), with random biopsies for CIS

Staging: Clinical + CT scan Chest X-ray

Bone scan if sx suggest or alk phos elevated

Treatment:

T1: TURB with <u>close</u> followup cystoscopies and cytology may suffice

T2&3: Radical cystectomy only treatment capable of cure

Radiation Chemotherapy

T4: Chemoradiation, ?? exenteration

50% 5 year survival overall

Death usually from mets, not local recurrence

CARCINOMA IN SITU

Symptoms: Hematuria (usually microscopic), bladder irritative symptoms

Diagnosis: Cystoscopic appearance

Bladder biopsies Urine cytology, FISH

Treatment: Topical intravesical

BCG Mitomycin

Other: Thiotepa, doxorubicin, interferon

Cystectomy for failures of topical Rx