



Tradd Street, Charleston, SC

52nd Annual
OB/GYN
Spring Symposium

March 11-13, 2023

Francis Marion Hotel
Historic Charleston, South Carolina

Presented and Sponsored by the Medical University of South Carolina
Department of Obstetrics and Gynecology, College of Medicine

musc.edu/cme



52nd Annual OB/GYN Spring Symposium

March 11-13, 2023 • Francis Marion Hotel • Historic Charleston, SC



COURSE FACULTY

CONFERENCE CHAIR

Rachael Cowherd, M.D.

Assistant Professor of Obstetrics & Gynecology

VISITING FACULTY

Elizabeth Gagliardi, MD

Assistant Professor, Harvard Medical School

Director Gynecologic Surgery,

Department of Obstetrics and Gynecology

Beth Israel Deaconess Medical Center

Lisa Hollier, M.D.

Medical Officer, Maternal Mortality Prevention Team,

Centers for Disease Control and Prevention

Magdy Milad, MD, MS

Albert B. Gerbie Professor

Chief, Minimally Invasive Gynecologic Surgery Fellowship Director,

FMIGS Medical Director,

Center for Complex Gynecology Northwestern Medicine Chicago,
IL

HOST FACULTY

Paige Babb

Prenatal Genetic Counselor

Lauren Brown, M.D.

Assistant Professor of Obstetrics & Gynecology

Lisa Bystri, M.D.

Associate Professor of Obstetrics & Gynecology

Christopher G. Goodier, M.D.

Associate Professor of Maternal Fetal Medicine

Roger Newman, M.D.

Professor and Maas Chair for Reproductive Sciences

Department of Obstetrics and Gynecology

Ashlyn Savage, M.D.

Professor of Obstetrics and Gynecology

John Schnorr, M.D.

Director, Division of Reproductive Endocrinology

Coastal Fertility Associates, Mt. Pleasant, SC

Sarah Shea, M.D.

Assistant Professor of Maternal Fetal Medicine

David Soper, M.D.

Paul B. Underwood, III Professor of Obstetrics and Gynecology

Senior Medical Director, Women's Health

Vice Chairman, Clinical Affairs

Steven Swift, M.D.

Professor of Obstetrics and Gynecology

Division Director Urogynecology

Rebecca Wineland, M.D.

Assistant Professor of Maternal Fetal Medicine



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SATURDAY, MARCH 11, 2023

- 7:00 am **Registration and Continental Breakfast**
- 7:55 **Welcome and Opening Remarks**
- 8:00 **Are Pregnancy Rates 100% Yet?: Current status of Infertility Treatment**
John A. Schnorr, MD
The cost effective approach to an infertility evaluation. Options for fertility treatment for couples with unexplained infertility. Options for fertility treatment for couples with advanced age or decreased ovarian reserve. Options for single women desiring to preserve future fertility
- 8:45 **CardioObstetrics: Closing Gaps in Care to Improve Outcomes**
Lisa Hollier, MD
Discuss the contribution of cardiovascular disease and cardiomyopathy to maternal mortality in the US. Recognize causes and contributing factors of cardiovascular mortality. Identify collaborative solutions to reduce maternal cardiovascular mortality
- 9:30 **Break**
- 9:45 **Pregnancy-Related Deaths: Data from Maternal Mortality Review Committees in 36 US States, 2017-2019,**
Lisa Hollier, MD
Discuss underlying causes of pregnancy-related death in national data. Contrast the causes of pregnancy-related deaths by race/ethnicity. Use data from MMRC's for strategic implementation of prevention strategies
- 10:30 **Benign Vulvar Disease Before and After Menopause**
Lisa Bystry, MD
Confidently prescribe for resitant or recurrent fungal or anerobic infections. Determine the diagnosis for the bothersome itching and formulate a treatment plan. Counsel and treat genitourinary syndrome of menopause symptoms.
- 11:15 **Break**
- 11:30 **Antenatal Fetal Surveillance**
Christopher Goodier, MD
Discuss risk factors for fetal demise. Distinguish antenatal fetal surveillance methods. Recognize effectiveness of various antenatal fetal surveillance methods. Outline indications for antenatal fetal surveillance.
- 12:15 **Revisting the Classics: Aneuploidy Screening Edition**
Paige Babb, Prenatal Genetic Counselor
Compare and contrast the capabilities and limitations of aneuploidy serum screening and noninvasive prenatal screening Identify alternative testing methods to be utilized in various clinical situations. Recognize limitations of screening methodologies and understand benefits of diagnostic testing.
- 1:00 **Adjourn**

SUNDAY, MARCH 12, 2023

- 7:15 am **Registration and Continental Breakfast**
- 8:00 **Recognition of Serious Infections and Toxic Shock Syndrome**
David Soper, MD
Identify the patient with a serious infection. Initiate care for patients with serious infections. Describe toxic shock syndromes
- 8:45 **Power sources and the Gynecologic Surgery**
Magdy Milad, MD
Discuss the difference between cautery and electrosurgery. Describe appropriate waveforms and techniques using electrosurgical devices to obtain optimal tissue effect. Differentiate vessel sealing technologies and their applications and limitations. Review the concerns raised about surgical plume.
- 9:30 **Break**
- 9:45 **Habits of a Highly Effective Surgeon**
Magdy Milad, MD
Discuss some important habits of competent surgeons. Describe strategies to improve surgical competence. Review factors that may improve patient outcomes and satisfaction
- 10:30 **Overactive Bladder: What Works and What's New**
Steven Swift, MD
Counsel patients on newer treatments for overactive bladder. Use medications to treat overactive bladder recognizing medical co-morbidities. Familiarize oneself with new in office neuromodulation techniques.
- 11:15 **Break**

CONTINUED ON FOLLOWING PAGE

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SUNDAY, MARCH 12, 2023 (CONTINUED)

11:30 **Advances in Minimally-Invasive Gynecologic Surgery**
Elizabeth Gagliardi, MD
Review and identify surgical approaches to endometriosis resection. Discuss historical changes and evaluate the reasoning behind contained morcellation and the be able to conceptualize the C-excite method of extraction. Identify and create a surgical plan to approach isthmocele repair. Review the reasoning behind and steps to vNOTES hysterectomy.

12:15 **Adjourn**

11:30 **Fetal Growth Restriction**
Rebecca Wineland, MD
Define fetal growth restriction (FGR). Identify etiologies for FGR. Antepartum management of FGR. Delivery timing for FGR.

12:15 **Adjourn until 2023**

MONDAY, MARCH 13, 2023

7:15 am **Registration and Continental Breakfast**

8:00 **Breastfeeding: The Ultimate Liquid Gold**
Lauren Brown, MD
Discuss how to ACTUALLY support your patients with breastfeeding. Identify and be familiar with available helpful products. Analyze how to increase milk supply but also decrease it. Troubleshoot some common postpartum issues. Discuss who to ask for help. Evaluate when to quit.

8:45 **Estimating Fetal Base Deficit as an Alternative to Intrapartum Fetal Heart Rate Assessment**
Roger Newman, MD
Describe the pathogenesis of fetal metabolic acidosis and identify thresholds associated with HIE and CP. Estimate fetal Base Deficit (BD) based on clinical scenarios and FHR patterns. Utilize fetal BD estimation to guide clinical decision making to help prevent fetal metabolic acidosis and adverse perinatal outcomes. Time the occurrence of fetal injury when adverse neurodevelopmental outcomes are diagnosed

9:30 **Break**

9:45 **The Obesity Epidemic and Pregnancy Considerations**
Sarah Shea, MD
Perform proper assessment and management of obese patients prior to conception. Counsel patients regarding the risks and expectations of pregnancies complicated by obesity. Provide excellent prenatal and postpartum care to obese patients.

10:30 **Updates in the Management of Dysplasia and Abnormal Cervical Cancer Screening**
Ashlyn Savage, MD
Apply risk-based strategy to the management of abnormal cervical cancer screening tests. Demonstrate how to use the ASCCP mobile app to quickly access guidelines. Consider HPV vaccination in women undergoing treatment for HSIL of the cervix.

11:15 **Break**



East Battery Home, Charleston, SC

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CONFERENCE DESCRIPTION

The 52nd Annual OB/GYN Spring Symposium will provide engaging, evidence-based updates on a range of obstetrical and gynecological challenges, aimed at enabling clinicians to update their practice, improve the quality of care for their patients, and optimize patient outcomes and satisfaction. The symposium focuses on enhancing participants' knowledge of new evidence and trends in the field and highlighting practical applications for this knowledge. Conference faculty include nationally known guest faculty and distinguished MUSC faculty. Content is chosen for this CME activity based on needs assessment and educational gaps derived from local, regional and national data including peer review, literature updates and specialty society information. Content is presented through key updates on emerging topics, expert presentations, and interactive panel discussions. Please see the agenda for a detailed description of topics and learning objectives to be addressed within this three day conference.

TARGET AUDIENCE & SCOPE OF PRACTICE

The conference is designed for care providers in the field of Women's Health with particular interest in reproductive issues and overall wellbeing. Obstetrician gynecologists, nurse practitioners, physician assistants, midwives, registered nurses, and other interested health professionals are encouraged to attend.

ELECTRONIC SYLLABUS - PLEASE NOTE!

We're going green! In our efforts to "go green", the syllabus will be provided on our website, www.musc.edu/cme. Information will be emailed to you the week prior to the conference so that you may download a copy. Internet connection will also be available in the meeting room.

CANCELLATIONS

A refund for conference registration will be made upon written request prior to **February 8, 2023**; however, \$100 will be retained for administrative costs. No refunds will be made after February 8, 2023. We reserve the right to cancel the program if necessary. Full registration fees will be refunded for canceled programs. The Medical University cannot be responsible for reimbursement of airline or other transportation fees, hotel or rental car charges, including penalties. *By registering for this conference, you acknowledge and agree to this cancellation policy.*

CREDIT DESIGNATION

The Medical University of South Carolina designates this live activity for a maximum of **12.0 AMA PRA Category 1 Credit(s)**[™]. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

ACOG: Application has been approved by the American College of Obstetricians and Gynecologists.

Nursing Credit: Most states accept CMEs that apply to a specific nursing specialty as nursing continuing education. Please check with your respective State Board of Nursing to ascertain the equivalent number of contact hours offered for **12.0 AMA PRA Category 1 Credit(s)**[™].

DISCLOSURE

In accordance with the ACCME Standards for Integrity and Independence in Accredited Continuing Education anyone involved in planning or presenting this educational activity will be required to disclose any financial relationships with any ineligible companies. An ineligible company is any entity whose primary business is producing, marketing, selling, reselling, or distributing healthcare products used by or on patients. Any financial relationships with these ineligible companies have been mitigated by the MUSC Office of CME. Speakers who incorporate information about off-label or investigational use of drugs or devices will be asked to disclose that information at the beginning of their presentation.

ACCREDITATION

The Medical University of South Carolina is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

AMERICANS WITH DISABILITIES ACT

It is the policy of the Medical University of South Carolina not to discriminate against any person on the basis of disabilities. If you feel you need services or the auxiliary aids mentioned in this act in order to fully participate in this continuing medical education activity, please call the Office of CME at 843-876-1925 or attach a note to your registration form by February 8, 2023.

MORE INFORMATION

For more information, please contact the MUSC Office of CME at 843-876-1925 or email Monica Conetta, conetta@musc.edu.

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REGISTRATION INFORMATION

	Early Bird <i>Received On or By 1/31/23</i>	Regular <i>Received After 1/31/23</i>
Physicians in Practice (In person)	\$645	\$695
Physician in Practice (Virtual)	\$695	\$725
Residents, Nurses, NPs, PAs, CNM (In-person)	\$575	\$625
Residents, Nurses, NPs, PAs, CNM (Virtual)	\$625	\$675

The fee for in-person attendance includes tuition, breaks, online syllabus and certificates of attendance. The fee for virtual attendance includes tuition, online syllabus, and certificates of attendance. Please note: for virtual registrations, a minimum number of participants must register to be able to offer the virtual meeting. If this minimum is not met, you will be notified by February 27, 2023, and will be given the option to change to in-person registration or receive a full refund. If the virtual registration option is canceled, the video access option would also be canceled and a refund will be issued to anyone that purchased access to the videos.

Pre-registrations will be accepted until March 8, 2023 or until the conference capacity is reached. After this date, you must contact the MUSC Office of CME (cmeoffice@musc.edu or 843-876-1925) to see if space is still available.

REGISTRATION METHODS

(Please use ONE of these methods to register. Do not mail if previously faxed or telephoned).

- **Mail** registration form with check made out to "Medical University of South Carolina" or credit card information to:

ACCESS TO RECORDED PRESENTATIONS

The MUSC Office of CME, with the permission of each speaker, will be recording each presentation of the conference. The videos will be posted online after the conference and be available for those who are not able to live stream the entire conference. Viewing the videos will offer the same amount of CME credit and can be viewed for up to 14 days following the posting date. The non-refundable fee for this service is \$100.00 and is only available to individuals registered for the conference. Access to the videos will be granted to attendees who purchase this option in advance of the conference. **Credit Designation:** The Medical University of South Carolina designates this enduring material for a maximum of 0.5 *AMA PRA Category 1 Credit(s)*TM for each video. Physicians should only claim the credit commensurate with the extent of their participation in the activity.

ACCOMMODATIONS INFORMATION

THE FRANCIS MARION HOTEL • 387 KING STREET, CHARLESTON, SC 29401 • (843) 722-0600

The Francis Marion Hotel, historic Charleston's landmark full service hotel, is in the heart of Charleston's historic district. Located at the newly restored Marion Square, the Francis Marion Hotel is only a few blocks from the Charleston Visitor Center, South Carolina Aquarium, restaurants, boutiques, galleries, museums, antique shops and night life. The hotel offers valet parking, spa, concierge, retail shops and the Swamp Fox Restaurant & Bar.

Special group rates start at **\$259.00**, plus tax, per night. A limited number of guest rooms have been reserved and are being offered on a first come, first serve basis. The room block will be held until Wednesday, **February 8, 2023** however the room block may be filled prior to this date. In such a case, neither the group rate nor guest room availability can be guaranteed. Therefore, we recommend you make your reservation as soon as possible. Reservations can be made by calling the hotel directly at 843-722-0600 or 877-756-2121 and identifying yourself as being a participant in this meeting, or by following the online directions below.

Link for online reservations: <https://reservations.travelclick.com/76320?groupID=3677246>

Online Booking Code: OBGYN23

Parking: Valet parking at the hotel is available at \$28.00 plus tax, per day and can be added to your guest folio. In addition, self-parking is available at \$20.00 per day (cash). Rates are subject to change with notice.

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REGISTRATION FORM

By Registering for this conference, you acknowledge and agree to the cancellation policy stated in this brochure.

Name _____ Personal ID# XXX - XX - _____
As you would like it printed on your name badge. (Please Limit Credentials to 7 Characters) *Please use the last four digits of your SSN*

Address _____

City _____ State _____ Zip Code _____

Specialty _____ Degree/Credentials _____

Daytime Phone (_____) _____ - _____ Business Fax (_____) _____ - _____

Email _____

- ☐ YES I give permission to the MUSC Office of CME to share my name, city, and state with other attendees and the companies that will be exhibiting at and/or supporting the conference through educational grants.
- ☐ NO I do not give permission to the MUSC Office of CME to share my name, city, and state with other attendees and the companies that will be exhibiting at and/or supporting the conference through educational grants.

REGISTRATION FEES

	Early Bird Fees <i>Received on or by 1/31/23</i>	Regular Fees <i>Received after 1/31/23</i>
Physicians in Practice (In-person)	<input type="radio"/> \$645	<input type="radio"/> \$695
Physicians in Practice (Virtual)	<input type="radio"/> \$695	<input type="radio"/> \$725
Residents, Nurses, NPs, PAs, CNMs (In-person)	<input type="radio"/> \$575	<input type="radio"/> \$625
Residents, Nurses, NPs, PAs, CNMs (Virtual)	<input type="radio"/> \$625	<input type="radio"/> \$675

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ACCESS TO RECORDED PRESENTATIONS**

Yes, I would like access to the recorded videos for an additional fee ☐ \$100 ☐ \$100
No, I do not want access to the recorded videos for an additional fee ☐ N/A ☐ N/A

**The videos will be posted online after the conference. Viewing the videos will offer the same amount of CME credit and can be viewed for up to 14 days following the post date

Payment must accompany registration:

☐ Enclosed Check Payable to MUSC ☐ MasterCard ☐ Visa ☐ Discover ☐ American Express

Cardholder's Name _____

Card Number _____ Expiration Date _____ CVV Code _____

REGISTRATION METHODS (Please use ONE of these methods to register. Do not mail if previously faxed or telephoned).

- **Mail** registration form with check made out to "Medical University of South Carolina" or credit card information to:
Office of CME, Medical University of South Carolina, 96 Jonathan Lucas Street, HE 221 Suite A, MSC 754, Charleston, SC 29425
- **Telephone:** (843) 876-1925 – Registration by credit card only
- **Email/Scan** completed registration form to cmeoffice@muscd.edu
- **Online:** Visit www.musc.edu/cme and select "CME Conferences" on the left hand side, then scroll down to find this activity, select the blue "Register" button, and follow directions as prompted.