

Therapy Update in Primary Care

Speaker Objectives,

February 17-20, 2025

- Feel comfortable discussing the presumed pathophysiology of heart failure syndromes (HFpEF & HFrEF).
- Treat an ambulatory patient with heart failure with reduced ejection fraction with currently recommended, guideline-directed medical therapy.
- Identify a patient not responding to traditional therapy who might benefit from enrollment in a clinical trial.
- Recognize a patient with heart failure who is struggling and feel comfortable reaching out to a heart failure specialist.
- Define osteopenia and osteoporosis.
- Identify the modifiable and non-modifiable risk factors associated with osteoporosis.
- Recognize the long-term health impacts of osteoporotic fractures.
- Determine who should be considered for treatment using various diagnostic and screening tools.
- Distinguish between the different medications available to treat osteoporosis and their side effect profiles.
- Identify 3 clinically relevant drug-drug interactions in primary care.
- Discuss best practices for preventing harm from drug-drug interactions. Apply clinical decision support tools to patient care scenarios.
- Manage early stages of CKD in Primary Care.
- Approach Hypertension treatment confidently. Troubleshoot electrolyte abnormalities.
- Recognize when to refer to Nephrology.
- Competent with establishing an accurate diagnosis of asthma.
- Recognize why albuterol is less favored than an ICS containing reliever medication for asthma. Discuss triggers for initiation of biologic therapy for asthma.
- Versed with establishing an accurate diagnosis of chronic obstructive pulmonary disease (COPD).
- Recognize when guidelines suggest using a triple combination inhaler.
- Discuss the importance of non-pharmacologic therapy for COPD.
- Differentiate these terms: HTN, secondary HTN, resistant HTN.
- Describe proper technique for blood pressure measurements.
- Manage common clinical scenarios with uncontrolled HTN.

- Discuss updates to ACIP vaccination recommendations in the adult population.
- Apply knowledge utilizing vaccine schedules and ACIP recommendations to a patient case.
- Trigger Points and Myofascial Pain: What's Old, What's New, and What's Relevant
- Appropriately identifying myofascial trigger and appropriately develop a plan of care based on the current spectrum of therapeutic options available.
- Review the epidemiology of male infertility and its relation to overall health.
- Summarize general aspects of male infertility workup and treatment options.
- Review fertility implications of testosterone replacement therapy and understand possible treatment pathways.
- Interpret the clinical evidence supporting changes to atrial fibrillation (AF) care as represented in the 2023 ACC/AHA guidelines.
- Translate treatment guidelines into clinical practice for patients with AF to support optimal patient care.
- Identify patient- and health-related factors associated with increased risk of AF, including cardiovascular comorbidities.
- Implement evidence-based strategies for diabetes diagnosis and screening.
- Develop individualized treatment plans based on patient-centered goals.
- Utilize pharmacotherapy effectively in the management of diabetes.
- Manage diabetes-related complications.