



25th Annual rontiers in Pediatrics

December 2-4, 2022 Francis Marion Hotel Charleston, South Carolina

Presented by the Medical University of South Carolina Department of Pediatrics Office of Continuing Medical Education

Twenty-Fifth Annual

Frontiers in Pediatrics



C ourse Description

The Division of General Pediatrics, MUSC - Department of Pediatrics, is pleased to present a three-day Continuing Medical Education Course designed to meet the needs of pediatric primary care practitioners, including Pediatricians, Family Physicians, and Nurse Practitioners. The course is organized to allow extensive discussion with presenters by limiting pure lecture presentations.

Learning Objectives: At the completion of this conference you should be able to achieve the objectives listed under each topic. The conference will be presented in lecture format with question and answer sessions.

C redit Designation

The Medical University of South Carolina designates this live activity for a maximum of **16.0 AMA PRA Category 1 Credit(s)**TM. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

AAFP: Application for Continuing Medical Education credits has been filed with the American Academy of Family Physicians. Determination of credits is pending.

Nurses: Most states accept CMEs that apply to a specific nursing specialty as nursing continuing education. Please check with your respective State Board of Nursing to ascertain the equivalent number of contact hours offered for 16.0 AMA PRA Category 1 Credit(s)™.

PLEASE NOTE: You now receive your CME and CEU credits online! After the conference, you will be emailed instructions and a link to claim your credit online and print your credit certificate. On the registration form, please provide the email address that you actively use to ensure that you receive these important emails.

A ccreditation

The Medical University of South Carolina is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for Physicians.

D isclosure Statement

In accordance with the ACCME Essentials and Standards, anyone involved in planning or presenting this educational activity will be required to disclose any financial relationships with any ineligible companies. This information will be made available to participants at the beginning of the activity. Any financial relationships with these ineligible companies have been mitigated by the MUSC Office of CME. Speakers who incorporate information about off label or investigational use of drugs or devises will be asked to disclose that information at the beginning of their presentation

A mericans with Disabilities Act

It is the policy of the Medical University of South Carolina not to discriminate against any person on the basis of disabilities. If you feel you need services or the auxiliary aids mentioned in this act in order to fully participate in this continuing medical education activity, please call the Office of CME at (843) 876-1925 or attach a note to your registration. Offering in-person and virtual attendance



Frontiers in Pediatrics



C onference Director

James R. Roberts, MD, MPH, FAAP Professor Division of General Pediatrics Department of Pediatrics Medical University of South Carolina

Visiting Faculty

C onference Co-Directors

William T. Basco, Jr., MD, MS, FAAP Professor Director, Division of General Pediatrics Department of Pediatrics Medical University of South Carolina

J. Routt Reigart, MD, FAAP Professor Emeritus Division of General Pediatrics Department of Pediatrics

Medical University of South Carolina

Mike Guyton-Nunley, MD, FAAP, FACP

Medical Director, Prisma Health Division of Adolescent Medicine Clinical Assistant Professor USC School of Medicine Greenville, SC

Eugene R. Hershorin, MD

Professor of Clinical Pediatrics Division of Neurodevelopmental Pediatrics Department of Pediatrics University of Florida School of Medicine Jacksonville, FL

Albert Yan, MD

Professor of Pediatrics and Dermatology Children's Hospital of Philadelphia Perelman School of Medicine at the University of Pennsylvania Philadelphia, PA

${f M}$ edical University of South Carolina Faculty

Christina Abrams, MD Pediatric Sickle Cell Disease Clinical Director Assistant Professor of Pediatrics

Shean Aujla, MD Clinical Associate Professor of Pediatrics Director, Division of Pediatric Pulmonology

Michael J. Barr, PT, DPT, MSR Sports Medicine Manager MUSC Health Sports Medicine

Sonal Bhatia, MBBS Associate Professor of Pediatrics Division of Pediatric Neurology

Alec DeCastro, MD Associate Professor of Family Medicine Residency Program Director Chief of Primary Care Sports Medicine

Vanessa Diaz, MD, MSCR Professor of Family Medicine

Rochelle Hanson, Ph.D. Professor of Psychiatry and Behavioral Sciences National Crime Victims Research & Treatment Center

Lindsay Hoffman, BSN, RN, CPN, CDCES Inpatient Pediatric Diabetes Care Coordinator MUSC Children's Health

Lanier Jackson, MD Associate Professor of Pediatrics Division of Pediatric Cardiology **Richard Jones, MD** Assistant Professor Departments of Radiology and Pediatrics

Thomas Koch, MD Professor of Pediatrics Division of Pediatric Neurology

Kristal Matlock, MD Assistant Professor of Pediatrics Division of Pediatric Endocrinology

Robert Murphy, MD Associate Professor of Orthopaedic Surgery

Carla Newman, LISW Therapist National Crime Victims Research & Treatment Center

Harris S. Slone, MD Associate Professor of Orthopaedic Surgery MUSC Health Sports Medicine

Leslie Sorce, B.S. Case Manager National Crime Victims Research & Treatment Center

C. Wayne Weart, PharMD, BCPS, FASHP, FAPhA

Professor Emeritus Department of Clinical Pharmacy and Outcome Sciences Professor of Family Medicine SC College of Pharmacy - MUSC Campus

Juliana Wishnia, MS, RDN, LD Outpatient Pediatric Diabetes Care Coordinator MUSC Children's Health



Twenty-Fifth Annual Frontiers in Pediatrics

Course Schedule

At the end of each presentation, learners should be better able to fulfill the respective objectives stated.

Friday, December 2

7:15 Registration and Breakfast

7:55 Welcome/Login Virtual Attendees

8:00 Management of Pediatric Asthma: Review of Current Guidelines Shean Aujla, MD

Address adherence and comorbidities in your asthma practice; Make decisions on personalized management of asthmatics utilizing current GINA and NIH asthma guidelines; Create appropriate "yellow zone" asthma plan interventions to tackle exacerbations at home

9:00 Advice from a Pediatric Dermatologist to the Primary Care Practitioner: Part I Albert Yan, MD

Review common skin infections to better recognize and treat them; Review important birthmarks to identify key clinical features and relevant systemic manifestations; Review skin findings of popular trends encouraged by social media users that have deleterious effects on preteens and teens

10:00 Break

10:30 Clinical Approach to a Floppy Child

Sonal Bhatia, MBBS

Define hypotonia and its classification; Recognize the initial presentation of hypotonia in a child; Elicit important features on clinical history and physical examination pertinent to a hypotonic child; List common causes of hypotonia in the pediatric age group with a brief overview on investigations and management with a special emphasis on Acute Flaccid Myelitis (AFM)

11:30 Advice from a Pediatric Dermatologist to the Primary Care Practitioner: Part 2 Albert Yan. MD

Review common skin infections to better recognize and treat them; Review important birthmarks to identify key clinical features and relevant systemic manifestations; Review skin findings of popular trends encouraged by social media users that have deleterious effects on preteens and teens

12:30 Lunch on your own

1:45Pediatric New Drug Update 2022

C. Wayne Weart, Pharm.D.

Discuss the FDA Warnings and label changes that relate to medication safety and how this information should be applied in the selection and monitoring of evidence-based pharmacotherapy to achieve better patient related outcomes; Describe the current information concerning newly FDA approved medications (pharmacology, pharmacokinetics, efficacy and safety data, drug interactions, dosing, monitoring and cost) in the selection of evidence-based pharmacotherapy; Compare and contrast these selected newer agents to the existing therapies and be able to recommend an appropriate medication regimen for a specific patient.

2:45 **Exercise in the COVID Era**

Lanier Jackson, MD

Describe the benefits of exercise in the pediatric population; Identify risk factors for myocarditis; Discuss the natural history of myocarditis

3:45 Break

4:15 **Pediatric Headaches: Assessment and Treatment Options** *Thomas Koch*, MD

Comfortably assess complaints of headache, appropriately obtain necessary studies and initiate first-line treatments.

5:15 Adjourn





Twenty-Fifth Annual Frontiers in Pediatrics

Course Schedule Continued

At the end of each presentation, learners should be better able to fulfill the respective objectives stated.

Saturday, December 3

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7:30	Registration and Breakfast							
7:55	Welcome/Login Virtual Attendees							
8:00	Eugene R. Hershorin, MD Explain the changes in codi: visits; Utilize the extended t	ding for Mental Health Visits in a Primary Care Pediatric Office <i>gene R. Hershorin,</i> MD plain the changes in coding for visits that occurred on January 1, 2021; modifiers to maximize payment for mental health its; Utilize the extended time codes for longer mental health visits; Utilize time based coding for mental health its and the documentation requirements for coding by time.						
9:00	The World of Eating Disorders in the Adolescent & Young Adult (AYA) Population Mike Guyton-Nunley, MD Identify and evaluate Adolescent & Young Adult (AYA) at risk for disordered eating behaviors; Determine the need for hospitalization for those struggling with an eating disorder; Refer patients to a higher level of care appropriately and efficiently							
10:00	Break							
10:30	Updates in Sickle Cell Disease Management for the Primary Care Provider Christina Abrams, MD Identify anticipatory guidance to be discussed with families with children with sickle cell disease; Describe areas of co-management of sickle cell disease in primary care practices; Discuss early management for common complications of sickle cell disease which can be completed in an outpatient setting; Identify new therapeutics and possible side effects for children and adolescents with sickle cell disease.							
11:30	Outpatient Management of COVID-19 Vanessa Diaz, MD Identify outpatient treatment options for COVID-19; Describe eligibility criteria for COVID-19 monoclonal antibody infusion; Discuss effectiveness of outpatient treatment options for COVID-19							
12:30	Lunch on your Own							
2:00	Optional Workshops	Please see following page for						
4:15	Adjourn	Saturday Afternoon Workshop options!						
S unday, December 4								
7:30	Registration and Breakfast							
7:55	Welcome/Login Virtual Attendees							
8:00	Medical Ethics and Confidentiality in AYA Care + a Dash of PrEP Mike Guyton-Nunley, MD Provide legal and medically ethical care to AYA confidentially; Determine when confidentiality surrounding care of AYA needs to be broken; Start prescribing PrEP to patients whom it will benefit							
9:00	Things that Go Bump In the Day <i>Robert Murphy,</i> MD Discuss case based presentation exploring pearls & pitfalls in the evaluation and management of common musculoskeletal/ orthopaedic presentations to a pediatrics clinic to include toe walking, back pain, limp, sports overuse complaints, and flatfoot							

10:00 **The Diagnosis and Treatment of Depression in a Primary Care Pediatric Office** *Eugene R. Hershorin*, MD Identify the risk of depression in visits to a pediatric office. I Itilize the tools and knowl

Identify the risk of depression in visits to a pediatric office; Utilize the tools and knowledge to assess for depression; Examine and make a diagnosis of depression in a pediatric office; Discuss the proper treatment for depression in pediatric patient and be comfortable initiating the treatment

Twenty-fifth Annual Frontiers in Pediatrics



Saturday Afternoon Workshops

Please select either two, 1-hour workshops or one, 2-hour workshop

1-HOUR WORKSHOPS - Session 1: 2:00-3:00 pm; Session 2: 3:15-4:15 pm.

<u>Workshop 1:</u> Identifying Patients Experiencing Traumatic Stress in Pediatric Primary Care Settings ** Not available for virtual registrations**

Rochelle F. Hanson, Ph.D.; Carla Newman, LISW; Leslie Sorce, B.S.

Learning Objectives: Identify tools to screen for trauma-related behavioral health problems; List barriers and facilitators to support use of brief trauma screening; Discuss ways to share positive trauma screening with caregivers; Describe the benefits of integrating behavioral health services for trauma-affected youth into primary care settings

Workshop 2: Imaging Diagnosis of Common Pediatric Muskuloskeletal Disorders ** This is the only workshop available for virtual attendees**

Richard Jones, MD

Learning Objectives: Review the characteristic appearance of multiple common pediatric musculoskeletal disoders; Discuss the role of medical imaging in their diagnosis and management

2-HOUR WORKSHOP: Saturday, 2:00-4:00 pm. You may not attend any other workshops. ** Not available for virtual registrations**

<u>Workshop 3:</u> Pediatric Diabetes -Updates in Management and New Technologies Kristal Matlock, MD , Lindsay Hoffman, BSN, RN, Juliana Wishnia, MS, RDN, LD

Learning Objectives: Accurate assessment glycemic control and the role of continuous glucose monitors; Awareness of new medications and technology for pediatric diabetes

2-HOUR WORKSHOP: Saturday, 2:00-4:00 pm. You may not attend any other workshops. ** Not available for virtual registrations**

Workshop 4: Evaluation and Treatment of Sports Related Injuries and Ailments in Pediatric Athletes LIMIT 40 PEOPLE. Alec DeCastro, MD. Harris S. Slone, MD; Michael J. Barr, PT, DPT, MSR

Learning Objectives: Discuss clinical assessments and management of sports related concussion; Demonstrate the use of SCAT5 and ACE concussion evaluation tools; Determine appropriate clinical evaluation for Sudden Cardiac Death in pediatric athlete; Describe mechanisms of injury and clinical presentation for common pediatric sports related injuries of the ankle, knee, and shoulder; Demonstrate examination techniques to support the diagnosis of common pediatric sports related injuries of the ankle, knee, and shoulder; Determine what imaging studies should be ordered and when to refer to a sports med/orthopedic surgeon or to physical therapy



Frontiers in Pediatrics



Access to Recorded Presentations

The MUSC Office of CME, with the permission of each speaker, will be recording each presentation of the conference. The videos will be posted online after the conference and be available for those who are not able to live stream the entire conference. Viewing the videos will offer the same amount of CME credit and can be viewed for up to 14 days following the posting date. The non-refundable fee for this service is \$100.00 and is only available to individuals registered for the conference. Access to the videos will be granted to attendees who purchase this option in advance of the conference.

Credit Designation: The Medical University of South Carolina designates this enduring material for a maximum of 1.0 AMA PRA Category 1 $Credit(s)^{TM}$ for each video. Physicians should only claim the credit commensurate with the extent of their participation in the activity.



C ancellations

A refund will be made upon written request prior to **November 2, 2022;** however, \$100.00 will be retained for administrative costs. No refunds will be made after November 2, 2022. We reserve the right to cancel the program if necessary. Full registration fees will be refunded for cancelled programs. The Medical University of South Carolina cannot be responsible for reimbursement of airline or other transportation fares, hotel or rental car charges, including penalties. *By registering for this conference, you acknowledge and agree to this cancellation policy.*



H oliday Magic in Historic Charleston

Holiday Festival of Lights November 11- December 31, 2022 James Island County Park

The journey begins with a magical drive along 3 miles of forest paths aglow with light sculptured art. With over 600 displays located throughout the park, the Holiday Festival of Lights is a magical sight to see!

As you drive, surprises spring from behind every bend...a shrimp boat afloat on the horizon...a towering oak reaching skyward with boughs illuminated against the night sky.

Local history looms larger than life with a Charleston Row House and Old Man Winter showers oaks with his icy breath.

Travel down memory lane, where storybook sea creatures and glittering dinosaurs rise up out of the dark... and mittened children hurl electric snowballs.

You'll soon find a myriad of themes as you wind your way through the park.



R egistration Fees

Register by September 30, 2022 for the Early Bird Rate!

	Early Bird	Full Rate
	(on or before 9/30)	(on or after 10/1)
In-Person Attendance	\$500	\$550
Virtual Attendance	\$550	\$600
Access to Recorded Videos (Optional)	\$100	\$100

The fee for in-person attendance includes tuition, breaks, online syllabus and certificates of attendance. The fee for virtual attendance includes tuition, online syllabus, and certificates of attendance. **Please note: for virtual registrations, a minimum number of participants must register to be able to offer the virtual meeting. If this minimum is not met, you will be notified by November 17, 2022, and will be given the option to change to in-person registration or receive a full refund. If the virtual registration option is canceled, the video access option would also be canceled and a refund will be issued to anyone that purchased access to the videos.**

Please make your check payable to Medical University of South Carolina and mail with the registration form included in this brochure to: **Elizabeth Gossen**, MUSC Office of CME, 96 Jonathan Lucas Street HE 221A, MSC 754, Charleston, SC 29425

Pre-registrations will be accepted until November 28, 2022 or until conference capacity is reached. After November 28, 2022 you must call the MUSC Office of CME at 843-876-1925 to see if space is still available.

Hotel Information

The Francis Marion Hotel 387 King Street, Charleston, SC 29403

The Francis Marion Hotel, historic Charleston's landmark full service hotel, is in the heart of Charleston's historic district. Located at the newly restored Marion Square, the Francis Marion Hotel is only a few blocks from the Charleston Visitor Center, South Carolina Aquarium, restaurants, boutiques, galleries, museums, antique shops and night life. The hotel offers valet parking, spa, concierge, retail shops and the Swamp Fox Restaurant & Bar.

Special group rates start at **\$185.00**, plus tax, per night. A limited number of guest rooms have been reserved and are being offered on a first come, first serve basis. The room block will be held until **Tuesday, November 1, 2022** however the room block may be filled prior to this date. In such a case, neither the group rate nor guest room availability can be guaranteed. Therefore, we recommend you make your reservation as soon as possible. Reservations can be made by calling the hotel directly at 843-722-0600 or 877-756-2121 and identifying yourself as being a participant in this meeting, or by following the online directions below.

Link for online reservations: reservations.travelclick.com/76320?groupID=3239396 or us the following QR Code



Online Booking Code: FRONTIERS22

Parking: Valet parking at the hotel is available at \$28.00 plus tax, per day and can be added to your guest folio. In addition, self-parking is available at \$20.00 per day (cash). Rates are subject to change without notice.



Registration Form

25th Annual Frontiers in Pediatrics December 2-4 2022 - Francis Marion Hotel • Historic Charleston, SC By completing this form, you agree to the cancellation policy outlined in the brochure.

Last Name (please print clearly)	First Name ner (specify)		N	Aiddle Initial	
Email		ID Number (last four d	igits of your SSN)	Phone	
Address	City		State	- :	Zip
☐ YES I give permission to the MUSC C companies that will be exhibiting at	Office of CME to s and/or supporti	share my name, city, and ng the conference thro	d state with oth ugh educationa	er attendees an 11 grant	d the
□ NO I do not give permission to the M companies that will be exhibiting at	IUSC Office of CI and/or supporti	ME to share my name, c ng the conference thro	ity, and state wi ugh educationa	th other attende l grant	ees and the
What is your primary medical specialty?	Pediatrics	☐ Family Me	edicine	□ Other_	
Please check your tuition category: In-person Attendance Virtual Attendance Access to Recorded Videos (Optional)		Early Bird (on or before 9/30) \$550 \$550 \$100	Full Rate (on or after 10, □ \$550 □ \$600 □ \$100	(1)	
The fee for in-person attendance includes tuition tuition, online syllabus, and certificates of attend to be able to offer the virtual meeting. If this min change to in-person registration or receive a full canceled and a refund will be issued to anyone Saturday Afternoon Workshops (No additional charge	ance. Please note: nimum is not met, l refund. If the virt that purchased ac	for virtual registrations, a you will be notified by N tual registration option is	a minimum num ovember 17, 2022 canceled, the vio	ber of participan 2, and will be give leo access optior	ts must register en the option to 1 would also be
Option 1: (Select Two 1-Hour Workshops Session 1: 2:00-3:00 pm (select one)	Radiology	Patients Experiencing Tra	umatic Stress in I	Pediatric Primary	v Care Settings
Session 2: 3:15-4:15 pm (select one)	□ Radiology □ Identifying F	Patients Experiencing Tra	umatic Stress in I	Pediatric Primary	v Care Settings
Option 2: (Select One 2-hour workshop) Workshop 3: 2:00-4:00 pm Workshop 4: 2:00-4:00 pm (Limit 40 People)	Pediatric Dia	abetes - Updates in Manag Treatment of Sports Rela			Athletes
Payment must accompany registrat	ion:				
Check Payable to Medical University of Sou	ıth Carolina	Master Card	🗌 Visa	AX	Discover
Cardholder's Name					
Card Number		Expiration Date		(CVV Code
 Please use ONE of these methods to register (do Mail registration form with check or credit card Elizabeth Gossen, MUSC - Office of CME 96 Jonathan Lucas Street HE 221A, MSC 	information to		n se		
• Telephone: (843) 876-1925 - Registration by cred	lit card only		LLIGARES LLI LLIGARES LLIG Real from 2 de 1		
• Fax: (843) 876-1931 - Registration by credit card o	only				
• Online: To register through the online portal, pl	ease use your can	iera on the QR Code			

• Online: To register through the online portal, please use your camera on the QR Code