



Tradd Street, Charleston, SC

51st Annual
OB/GYN
Spring Symposium

March 26-28, 2022

Francis Marion Hotel
Historic Charleston, South Carolina

Presented and Sponsored by the Medical University of South Carolina
Department of Obstetrics and Gynecology, College of Medicine

musc.edu/cme



51st Annual OB/GYN Spring Symposium

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COURSE FACULTY

CONFERENCE CO-CHAIRS

Ryan Cuff, M.D.

Assistant Professor of Maternal Fetal Medicine

Christopher G. Goodier, M.D.

Associate Professor of Maternal Fetal Medicine

Michelle Meglin, M.D.

Assistant Professor of Obstetrics & Gynecology

VISITING FACULTY

Cynthia Gyamfi-Bannerman, M.D., MSc

Samuel SC Yen Endowed Chair

Professor and Chair

Department of Obstetrics, Gynecology, and Reproductive Sciences

UC San Diego Health Sciences

Dr. Christine Isaacs, M.D.

Professor

General Ob/Gyn, Academic Specialist Division Chief

Virginia Commonwealth University School of Medicine

Medical Director of Midwifery Services

Michael K. Lindsay, M.D., MPH

Luella Klein Professor

Director Division of Maternal-Fetal Medicine

Department of Gynecology and Obstetrics

Emory University School of Medicine

HOST FACULTY

Mallory Alkis, M.D.

Maternal-Fetal Medicine Division

Assistant Professor of Obstetrics and Gynecology

Paige Babb

Prenatal Genetic Counselor

Angela Dempsey, M.D., MPH

Professor of Obstetrics and Gynecology

Matthew Finneran, M.D.

Maternal-Fetal Medicine Division

Assistant Professor of Obstetrics and Gynecology

Barbara Head, M.D.

Maternal-Fetal Medicine Division

Associate Professor of Obstetrics and Gynecology

Gweneth Lazenby, M.D.

Professor of Obstetrics and Gynecology

Mike Moxley, M.D.

Vice President and Chief Officer for Diversity, Health Equity, & Inclusion

Department of OB/GYN

Roper St. Francis Healthcare

Mount Pleasant, South Carolina

Jerlinda Ross, M.D.

Assistant Professor of Obstetrics and Gynecology

John A. Schnorr, M.D.

Director, Division of Reproductive Endocrinology

Coastal Fertility Associates, Mt. Pleasant, SC

Raksha Soora, M.D.

Clinical Assistant Professor of OBGYN

David Soper, M.D.

Paul B. Underwood, III Professor of Obstetrics and Gynecology

Senior Medical Director, Women's Health

Vice Chairman, Clinical Affairs

Scott A. Sullivan, M.D., MSCR

Professor of Maternal Fetal Medicine

Director, Division of Maternal Fetal Medicine

Steven Swift, M.D.

Professor of Obstetrics & Gynecology

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SATURDAY, MARCH 26, 2022

- 7:00 am Registration and Continental Breakfast
- 7:55 Welcome and Opening Remarks
- 8:00 Endometriosis: How can those Small Lesions Cause Infertility?
John A. Schnorr, MD
Assess infertile patients for the possibility of endometriosis. Educate patients on the pathophysiology of infertility from endometriosis. Evaluate for additional causes of infertility and implement therapeutic strategies for the treatment of infertility from endometriosis.
- 8:30 Social Determinants of Health, **Jerlinda Ross, MD**
Identify social determinants of health. Recognize the effect of neighborhood / zip codes on patient outcomes. Associate what health behaviors are influenced by environmental factors.
- 9:00 Intrahepatic Cholestasis of Pregnancy
Mallory Alkis, MD
Describe how to recognize the clinical presentation, perform the appropriate workup and counsel patients on the implications of cholestasis of pregnancy. Manage cholestasis as an outpatient, including treatment, antenatal testing and delivery timing. Translate recently published studies on the management of cholestasis and apply them to your current practices.
- 9:30 Panel Discussion with Dr. Alkis, Dr. Ross, Dr. Schnorr
- 10:00 Break
- 10:30 Updates in Gynecologic Ultrasound
Raksha Soora, MD
Evaluate the diagnostic capabilities of 3D Ultrasound and its application in gynecologic management. Identification of Mullerian anomalies, IUD displacement and position, determination of endometrial pathology, early pregnancy location and assess the applicability of the "sliding sign" in gynecologic ultrasound and its clinical relevance.
- 11:00 COVID-19 Pandemic in New York City, Perspectives from Pregnancy in Defining the COVID Literature
Cynthia Gyamfi-Bannerman, MD
Review the evolution of the pandemic in NYC and review early literature about the COVID pandemic in pregnancy generated at Columbia University. Review literature and current guidelines surrounding COVID in pregnancy from the scientific community.

- 11:30 Antenatal Corticosteroids for Late Preterm Infants: Where Are We Today?
Cynthia Gyamfi-Bannerman, MD
Review the history of antenatal corticosteroids and review the results of the ALPS trial. Discuss the planned long term follow up.
- 12:00 Panel Discussion with Dr. Soora and Dr. Gyamfi-Bannerman
- 12:30 Adjourn

SUNDAY, MARCH 27, 2022

- 7:15 am Registration and Continental Breakfast
- 8:00 Management of Second Trimester Pregnancy Loss
Angela Dempsey, MD
Counsel patients diagnosed with fetal demise in the second trimester regarding management options. Treat patients using an evidence-based regimen for induction of second trimester fetal demise. Manage the most common challenges or complications during second trimester induction for fetal demise.
- 8:30 Maternal Mortality in the United States: Challenges, Progress and Opportunities, Part 1
Michael K. Lindsay, MD
Describe how to measure and interpret the maternal mortality ratio. Discuss the role of maternal mortality review committees. Address strategies to prevent maternal deaths.
- 9:00 Diagnosis and Management of Vulvar Pruritus and Pain
David Soper, MD
Describe the vulvar anatomy. Develop a differential diagnosis for women presenting with vulvar pruritus or pain. Manage non-neoplastic epithelial disorders and dermatoses of the vulva.
- 9:30 Panel Discussion with Dr. Dempsey, Dr. Lindsay, Dr. Soper
- 10:00 Break
- 10:30 Reinstitution of Maternal Mortality Review in Georgia and Lessons Learned, Part 2
Michael K. Lindsay, MD
Describe how key stakeholders formed a partnership to reinstitute maternal mortality review. Outline how findings from mortality review informed prevention efforts. Discuss key opportunities for prevention of maternal mortality in Georgia.

CONTINUED ON FOLLOWING PAGE

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SUNDAY, MARCH 27, 2022 (CONTINUED)

11:00 **Pharmacologic Management of Gestational Diabetes**
Matthew Finneran, MD
Identify patients with gestational diabetes who require pharmacologic treatment for gestational diabetes. Counsel patients on the risks and benefits of various treatment options. Identify patients at risk for oral hypoglycemia drug failure. Initiate weight-based insulin therapy in appropriate patients. Be familiar with newer technology for glucose surveillance in pregnancy.

11:30 **Overactive Bladder: Beyond Anticholinergics**
Steven Swift, MD
Diagnose Overactive bladder using H&P. Treat uncomplicated overactive bladder using best practices. Counsel patients about new and emerging therapies for overactive bladder.

12:00 **Panel Discussion with Dr. Lindsay, Dr. Finneran, Dr. Swift**

12:30 **Adjourn**

11:00 **Advances in Prenatal Genetics**
Barbara B. Head, MD

Develop an understanding of current prenatal screening and associated recommendations. Develop a strategy to incorporate carrier testing into well woman care. Understand available testing options in order to determine what is appropriate for the individual patient.

Expanded Carrier Screening in Clinical Practice
Paige Babb, Prenatal Genetic Counselor

Individuals should be able to reflect on their current practices and identify potential areas of improvement. Providers will be equipped to increase carrier screening offerings to their patient population by different methods.

11:30 **From the Cradle to Clinic: Pathways on the Journey to a Health Care Workforce that Reflects the Community We Serve**

Michael D. Moxley, MD

Implement strategies to develop a workforce that resembles the population being served. Eliminate the barriers to health equity through the provision of respectful care. Implement anti-racist principles in educational and clinical settings

12:00 **Panel Discussion with Ms. Babb, Dr. Sullivan, Dr. Head, Dr. Moxley**

12:30 **Adjourn until 2023**

MONDAY, MARCH 28, 2022

7:15 am **Registration and Continental Breakfast**

8:00 **Female Sexual Dysfunction...Facts & Fiction (Part 1)**
Christine Isaacs, MD
Discuss the prevalence of sexual dysfunction disorders in women. Overcome barriers that exist in identifying sexual disorders. Illustrate the current model of the Female Sexual Response Cycle.

8:30 **Updates in the Treatment of Sexually Transmitted Infections**
Gweneth Lazenby, MD
Discuss diseases, treat gonorrhea according to current national guidelines and treat Trichomonas according to current national guidelines.

9:00 **Female Sexual Dysfunction...Facts & Fiction (Part 2)**
Christine Isaacs, MD
Be able to evaluate criteria for establishing female sexual dysfunction (FSD) as a diagnosis. Assess common medication(s) affecting FSD. Initiate interventions to aid the patient with distressing female sexual dysfunction(s).

9:30 **Panel Discussion with Dr. Isaacs, Dr. Lazenby**

10:00 **Break**

10:30 **Key Updates in Obstetrics**
Scott Sullivan, MD
Incorporate the latest Covid-19 data and guidance into your practice. Update your pregnancy hypertension protocols. Manage recurrent preterm birth risk in light of the PROLONG trial data.



East Battery Home, Charleston, SC

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CONFERENCE DESCRIPTION

The 51st Annual OB/GYN Spring Symposium will provide engaging, evidence-based updates on a range of obstetrical and gynecological challenges, aimed at enabling clinicians to update their practice, improve the quality of care for their patients, and optimize patient outcomes and satisfaction. The symposium focuses on enhancing participants' knowledge of new evidence and trends in the field and highlighting practical applications for this knowledge. Conference faculty include nationally known guest faculty and distinguished MUSC faculty. Content is chosen for this CME activity based on needs assessment and educational gaps derived from local, regional and national data including peer review, literature updates and specialty society information. Content is presented through key updates on emerging topics, expert presentations, and interactive panel discussions. Please see the agenda for a detailed description of topics and learning objectives to be addressed within this three day conference.

TARGET AUDIENCE & SCOPE OF PRACTICE

The conference is designed for care providers in the field of Women's Health with particular interest in reproductive issues and overall wellbeing. Obstetrician gynecologists, nurse practitioners, physician assistants, midwives, registered nurses, and other interested health professionals are encouraged to attend.

ELECTRONIC SYLLABUS - PLEASE NOTE!

We're going green! In our efforts to "go green", the syllabus will be provided on our website, www.musc.edu/cme. Information will be emailed to you the week prior to the conference so that you may download a copy. Internet connection will also be available in the meeting room.

CANCELLATIONS

A refund for conference registration will be made upon written request prior to **February 16, 2022**; however, \$100 will be retained for administrative costs. No refunds will be made after February 16, 2022. We reserve the right to cancel the program if necessary. Full registration fees will be refunded for canceled programs. The Medical University cannot be responsible for reimbursement of airline or other transportation fees, hotel or rental car charges, including penalties. *By registering for this conference, you acknowledge and agree to this cancellation policy.*

CREDIT DESIGNATION

The Medical University of South Carolina designates this live activity for a maximum of **12.0 AMA PRA Category 1 Credit(s)™**. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

ACOG: Application has been approved by the American College of Obstetricians and Gynecologists.

Nursing Credit: Most states accept CMEs that apply to a specific nursing specialty as nursing continuing education. Please check with your respective State Board of Nursing to ascertain the equivalent number of contact hours offered for **12.0 AMA PRA Category 1 Credit(s)™**.

DISCLOSURE

In accordance with the ACCME Standards for Integrity and Independence in Accredited Continuing Education anyone involved in planning or presenting this educational activity will be required to disclose any financial relationships with any ineligible companies. An ineligible company is any entity whose primary business is producing, marketing, selling, reselling, or distributing healthcare products used by or on patients. Any financial relationships with these ineligible companies have been mitigated by the MUSC Office of CME. Speakers who incorporate information about off-label or investigational use of drugs or devices will be asked to disclose that information at the beginning of their presentation.

ACCREDITATION

The Medical University of South Carolina is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

AMERICANS WITH DISABILITIES ACT

It is the policy of the Medical University of South Carolina not to discriminate against any person on the basis of disabilities. If you feel you need services or the auxiliary aids mentioned in this act in order to fully participate in this continuing medical education activity, please call the Office of CME at 843-876-1925 or attach a note to your registration form by February 16, 2022.

MORE INFORMATION

For more information, please contact the MUSC Office of CME at 843-876-1925 or email Monica Conetta, conetta@musc.edu.

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REGISTRATION INFORMATION

	Early Bird <i>Received On or By 1/31/22</i>	Regular <i>Received After 1/31/22</i>
Physicians in Practice	\$645	\$695
Residents, Nurses, NPs, PAs, CNM	\$575	\$625

The fee for in-person attendance includes tuition, breaks, online syllabus, and certificates of attendance. The fee for live streaming the meeting includes tuition, online syllabus, and certificates of attendance.

Pre-registrations will be accepted until March 15, 2022 or until the conference capacity is reached. After this date, you must contact the MUSC Office of CME (cmeoffice@musc.edu or 843-876-1925) to see if space is still available.

REGISTRATION METHODS

(Please use ONE of these methods to register. Do not mail if previously faxed or telephoned).

- **Mail** registration form with check made out to “Medical University of South Carolina” or credit card information to:
Office of CME, Medical University of South Carolina, 96 Jonathan Lucas Street, HE 221 Suite A, MSC 754, Charleston, SC 29425
- **Telephone:** (843) 876-1925 – Registration by credit card only
- **Fax:** (843) 876-1931 – Registration by credit card only
- **Online:** Visit www.musc.edu/cme and select “CME Conferences” on the left hand side, then scroll down to find this activity, select the blue “Register” button, and follow directions as prompted.

ACCESS TO RECORDED PRESENTATIONS

The MUSC Office of CME, with the permission of each speaker, will be recording each presentation of the conference. The videos will be posted online after the conference and be available for those who are not able to live stream the entire conference. Viewing the videos will offer the same amount of CME credit and can be viewed for up to 14 days following the posting date. The non-refundable fee for this service is \$100.00 and is only available to individuals registered for the conference. Access to the videos will be granted to attendees who purchase this option in advance of the conference. **Credit Designation:** The Medical University of South Carolina designates this enduring material for a maximum of 0.5 *AMA PRA Category 1 Credit(s)*[™] for each video. Physicians should only claim the credit commensurate with the extent of their participation in the activity.

ACCOMMODATIONS INFORMATION

THE FRANCIS MARION HOTEL • 387 KING STREET, CHARLESTON, SC 29401 • (843) 722-0600

The Francis Marion Hotel, historic Charleston's landmark full service hotel, is in the heart of Charleston's historic district. Located at the newly restored Marion Square, the Francis Marion Hotel is only a few blocks from the Charleston Visitor Center, South Carolina Aquarium, restaurants, boutiques, galleries, museums, antique shops and night life. The hotel offers valet parking, spa, concierge, retail shops and the Swamp Fox Restaurant & Bar.

Special group rates start at **\$259.00**, plus tax, per night. A limited number of guest rooms have been reserved and are being offered on a first come, first serve basis. The room block will be held until Wednesday, **February 23, 2022** however the room block may be filled prior to this date. In such a case, neither the group rate nor guest room availability can be guaranteed. Therefore, we recommend you make your reservation as soon as possible. Reservations can be made by calling the hotel directly at 843-722-0600 or 877-756-2121 and identifying yourself as being a participant in this meeting, or by following the online directions below.

Link for online reservations: <https://reservations.travelclick.com/76320?groupID=3181128>

Online Booking Code: OBGYN22

Parking: Valet parking at the hotel is available at \$28.00 plus tax, per day and can be added to your guest folio. In addition, self-parking is available at \$18.00 per day (cash). Rates are subject to change with notice.

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REGISTRATION FORM

By Registering for this conference, you acknowledge and agree to the cancellation policy stated in this brochure.

Name _____ Personal ID# XXX - XX - _____
As you would like it printed on your name badge. (Please Limit Credentials to 7 Characters) *Please use the last four digits of your SSN*

Address _____

City _____ State _____ Zip Code _____

Specialty _____ Degree/Credentials _____

Daytime Phone (_____) _____ - _____ Business Fax (_____) _____ - _____

Email _____

- ☐ YES I give permission to the MUSC Office of CME to share my name, city, and state with other attendees and the companies that will be exhibiting at and/or supporting the conference through educational grants.
- ☐ NO I do not give permission to the MUSC Office of CME to share my name, city, and state with other attendees and the companies that will be exhibiting at and/or supporting the conference through educational grants.

REGISTRATION FEES

	Early Bird Fees <i>Received on or by 1/31/22</i>	Regular Fees <i>Received after 1/31/22</i>
Physicians in Practice (Virtual or in-person)	<input type="radio"/> \$645	<input type="radio"/> \$695
Residents, Nurses, NPs, PAs, CNMs (Virtual or in-person)	<input type="radio"/> \$575	<input type="radio"/> \$625

PLEASE SELECT THE REGISTRATION TYPE

- ☐ In- Person Registration ☐ Virtual Registration

ACCESS TO RECORDED PRESENTATIONS**

- | | | |
|---|-----------------------------|-----------------------------|
| Yes, I would like access to the recorded videos for an additional fee | <input type="radio"/> \$100 | <input type="radio"/> \$100 |
| No, I do not want access to the recorded videos for an additional fee | <input type="radio"/> N/A | <input type="radio"/> N/A |

**The videos will be posted online after the conference. Viewing the videos will offer the same amount of CME credit and can be viewed for up to 14 days following the post date

Payment must accompany registration:

- ☐ Enclosed Check Payable to MUSC ☐ MasterCard ☐ Visa ☐ Discover ☐ American Express

Cardholder's Name _____

Card Number _____

Expiration Date _____

REGISTRATION METHODS (Please use ONE of these methods to register. Do not mail if previously faxed or telephoned).

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Office of CME, Medical University of South Carolina, 96 Jonathan Lucas Street, HE 221 Suite A, MSC 754,
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- **Email/Scan** completed registration form to cmeoffice@musc.edu
- **Online:** Visit www.musc.edu/cme and select "CME Conferences" on the left hand side, then scroll down to find this activity, select the blue "Register" button, and follow directions as prompted.