

Advanced Care Planning Discussion Questions

1. What is Advanced Care Planning?
 - a. Learning about the type of health care decisions you might need and letting others (family and health care providers) know about those decisions through an Advance Directive – a legal document – that goes into effect ONLY if you can't speak for yourself.
2. When is the best time to begin discussing advanced care directives for someone?
 - a. It is important to have these conversations early before you need it. Talk to your doctor during your next visit.
3. Describe why advanced care planning is important.
 - a. Advanced Care Planning can ensure you get the care you want for yourself in an emergency.
4. What might happen if someone did not plan their care goals with their loved ones before an accident?
 - a. Your family may not be aware of what is important to you, and they will have the burden of trying to figure out what to do in an emergency without certainty of your wishes.