

Domestic Violence: Action Steps and Resources

1. Start a conversation about domestic violence with a friend or loved one in a sensitive way based on what you learned today.
2. Find out what resources are available in your community for victims of domestic violence by talking to your doctor, going online or looking at the Additional Resources provided
3. Make a safety plan for yourself or someone you know who is affected by domestic violence
 - a. <http://www.thehotline.org/help/path-to-safety/>
 - b. <http://www.thehotline.org/wp-content/uploads/sites/3/2015/05/Hotline-safetyplan.pdf>
 - c. http://www.ncdsv.org/images/DV_Safety_Plan.pdf

Emergency Services and National Resources:

- National Domestic Violence Hotline:
 - Call: 1-800-799-7233 (SAFE)
 - Text: 1-800-787-3224
 - Website: <https://www.thehotline.org>
- FAQ: <https://www.acog.org/~media/For%20Patients/faq083.pdf>

Charleston Resources:

- Charleston Resource: <https://www.domesticshelters.org/help/sc/charleston>
- My Sister's House
 - 24-hour Confidential Crisis Line: 843-744-3242 or 800-273-4673 (HOPE)
 - Provides a Domestic Abuse Shelter, Advocacy, support groups, counseling, children's program
- Origin SC (formerly Family Services Inc.)
 - Website: <https://originsc.org/domestic-violence-victims-program/>
 - Phone: 843-735-7802
 - Provides free counseling services for victims, covers safety planning and financial services
- Thrive SC
 - Website: <https://www.thrivesaveslives.org>
 - Address: 1120 Sea Island Crossing Lane, Charleston/Mt. Pleasant
 - Provides transitional housing and educational resources
- Tri-County Speaks
 - Website: <https://tricountyspeaks.org/>
 - Hotline: (843)-745-0144 or Office: (843)-577-9882
 - Provides 24-hour hotline and victim advocacy for sexual assault
- MUSC's National Crime Victims Center
 - Website: <https://muschealth.org/medical-services/psychiatry/nevc>
 - Phone: 843-792-8209
 - Provides support and educational resources; in Charleston, SC
- Sexual Assault (SANE) Exams are performed in the MUSC emergency room if

assault occurred within 120 hours