

## Smoking Cessation: Additional Resources

- Local Charleston Counseling Resources:
  - MUSC Tobacco Treatment Program to help you quit
    - Call: 843-792-9101
    - Online: <https://muschealth.org/medical-services/tobacco-treatment-program>
  - MUSC Lung Cancer Screening
    - Talk to your doctor if you are 55-77 years old, have a 30 pack-year history and are still smoking or recently quit
    - Call: 843-792-1178
    - Online: <https://www.hollingscancercenter.org/patient-care/cancer-types/lung/screening.html>
  
- National Phone Based Support:
  - National Cancer Institute: for more information and counseling
    - Live Chat Online: [www.smokefree.gov](http://www.smokefree.gov)
    - State Counselors: 800-QUIT-NOW or 800-784-8669
    - National Counselors: 877-44U-QUIT or 877-448-7848
  - American Lung Association: for more information and counseling
    - Online: [www.lung.org](http://www.lung.org)
    - Call: 1-800-LUNGUSA or 1-800-586-4872
  - American Cancer Society: for more information
    - Online: [www.cancer.org](http://www.cancer.org)
    - Call: 1-800-227-2345