College of Medicine Academic Coaching Program

The Academic Coaching Program is an integrated and essential element of the preclinical curriculum. The program model is designed to provide students with a safe space for informed reflection on academic, personal and professional performance to ensure student wellbeing.

Who are the Academic Coaches?

The program is comprised of 15 preclinical teaching faculty leaders who assist students with the review of practices for mastery of the curriculum content, establishing strategies, and reaching goals that will lead to high levels of academic/professional achievement and personal satisfaction. Academic coaches serve as anchors and



guides during medical training. They play a distinct role in helping students understand the culture of medicine, their contribution to it, and how to name and achieve their goals.

Coaches spend time getting to know individual students' strengths and areas for growth during structured one-on-one sessions. The goal of academic coaching is to cultivate a new generation of empathetic, engaged, and resilient student physicians who are positioned to transform patient care.

Additional details about the Academic Coaching Program

- An overview of the academic coaching program is presented at the year one orientation.
- The academic coaches meet with their group of students for a mandatory introductory session during orientation.
- They also meet with their individual students after the first practice exam to provide the student with feedback and identify and work through obstacles getting in the way of academic success.
- Each coach receives the exam mastery summary report for each of their assigned students. The coach then meets individually with each student after the first block exam to review the student's exam mastery summary report and review resources available to the student.
- Coaches also collaborate closely with the Associate Dean of Student Affairs and Student Wellness and the Director of Student Support and Wellness to plan and strategize to identify tools and resources that could be helpful to students in their time in medical school and future careers.