

# Career Planning

## Preparing for 4<sup>th</sup> Yr



# Finding your Way to Match Day



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# Residency Timeline



- Jun 2022: ERAS seminar, data sources
- Jun-Sep 2022: create ERAS app, MSPE, LORs
- Aug-Sep 2022: ERAS workshops
- End of Sep 2022: Application Deadline
- Sep/Oct 2022: Application review begins
- Sep/Oct 2022: PD Interview Panel, “Big Interview”
- Oct 2022-Jan 2023: Interviews
- Jan 2023: ROL Seminar
- Feb 2023: Rank Order List Due
- March 2023: Match Day!

But wait.....



**IT'S ONLY DECEMBER 2021**

**WHAT CAN OR  
SHOULD I DO NOW**

What can or should I do  
now?



**CONTINUE TO  
GATHER DATA**

# Self-Reflection



- Critical Appraisal of your strengths and weaknesses
- What are your interests, values, skills
- Consider your “Noteworthy characteristics”

# Continue Specialty Exploration



- AAMC Careers in Medicine Website  
<https://www.aamc.org/cim/>
  - Choosing a Specialty and Residency Explorer
- Interest Groups
- Join Specialty Organizations
  - Residency Fairs
  - National Conferences

# Continue Specialty Exploration



- Pod Casts
  - “The Undifferentiated Medical Student” (TUMS)
  - “UnsCripted Medicine”
  - “Curbsiders” – Internal Medicine Podcast
  - “Behind the Knife” – Surgery Podcast
  - “The Nocturnists”

# 2021 Program Director's Survey



## Factors in Interview Selection

(%PDs citing factor, and Relative Rating of Factor 1-5)

- USMLE Step 1: 86.2%, Rating 3.7 (↓90%, 4.0)
- MSPE: 85.9%, Rating 4.0 (↑76%, Rating 4.0)
- LORs in specialty: 85.1%, Rating 4.2 (→84%, 4.3)
- Personal Statement: 83.8, Rating 3.9 (↑78%, 3.9)
- Diversity Characteristics: 80.9%, Rating 4.1 (New)
- Commitment to Specialty: 79.5%, Rating 4.4 (↑70%, 4.3)
- USMLE Step 2 CK: 78.8%, Rating 3.8 (→78%, 4.0)

# 2021 Program Director's Survey



## Factors in Interview Selection

Other > 70% Cited by Program Directors

- Having overcome significant obstacles: 75.5% (4.1)
- Grades in Required Clerkships: 74.6% (3.9)
- Any Failed attempt at USMLE: 74.1% (4.4)
- Professionalism and Ethics: 73.9% (4.5)
- Perceived interest in program: 72.3% (4.2)
- Leadership Qualities: 70.1% (4.2)

# 2021 Program Director's Survey



## Factors which will negatively impact your competitiveness

- Any failed attempt at USMLE
- Professionalism Issues
- NRMP Flag for Match Violation

# 2021 Program Director's Survey



<https://www.nrmp.org/wp-content/uploads/2021/08/2021-PD-Survey-Report.pdf>

# Current Considerations



- Clerkships/Selectives
- MSPE
- CV/Personal Statement
- LORs
- Step 2 CK

# Current Considerations



- **Clerkships/Selectives**
  - Develop your clinical skills
  - Be engaged, ask questions
  - Prepare for NBME Shelf Exam
  - Prepare for Step 2 CK
  - Identify Letter Writers
  - Evaluation comments are the bulk of the Medical Student Performance Evaluation

# Self-Reflection



- **Critically reflect on rotations and specialties**
  - Not only what you liked and didn't like **but why**
  - Adult vs. Pediatric vs. combination
  - Task oriented/procedural vs. cerebral vs. combination
  - Ambulatory vs. In-patient
  - Episodic vs. Long term relationships
  - Breadth vs. Highly specialized
  - Acute vs. Chronic
  - High vs. Low acuity

MSPE



**MEDICAL STUDENT  
PERFORMANCE EVALUATION**

# MSPE: What is It?



- Dean's Letter
- Summary of MUSC performance
- Not a LOR
- 4-6 pages
- AAMC guidelines
- September/October release (same day)

# MSPE: What's In It?



- Noteworthy Characteristics
- Extensions/Adverse actions
- Preclerkship performance
- Third Year performance (not M4)
  - Clerkship comments, ? NBME shelf scores
  - Failed clerkships/NBME exams
  - Selectives (not comments)

# MSPE: What's In It?



**Internal Medicine Clerkship**

**Month – Month 2021/2022**

**Overall Grade:  
Honors/High Pass/Pass/No Pass**

Honors and High Pass awarded to students who meet the designated criteria in clinical performance and the NBME exam, and pass the OSCE.

**Clinical Performance:** During this clerkship this student **Exceeded Expectations** for their level of training in (Overall Medical Knowledge, Patient Care Skills, Ability to Communicate with Others and Function on a Team, Level of Engagement and Willingness to Learn, and Professional Attitude and Behavior) (*delete this part if no Exceeded Expectations*) and **Met Expectations** in (Overall Medical Knowledge, Patient Care Skills, Ability to Communicate with Others and Function on a Team, Level of Engagement and Willingness to Learn, and Professional Attitude and Behavior).

**NBME:** Student also performed exceptionally well on the NBME Internal Medicine Subject Exam, scoring XX equated percent correct.

*(If student fails NBME on first attempt, please include the following language)*

NBME: Student passed the NBME Internal Medicine Subject Exam on the second attempt.

**Comments:** Include comments in this section (delete this text)

# MSPE: Process



- MSPE writer preferences
- Noteworthy Characteristics
- May-Aug MSPE writer meeting (1 hour)
- Review (Aug-Sep)
- Release of MSPE with ERAS application
- MAP Advisor/CiM Advisor/CiM Team

# CV and Personal Statement



- ERAS Worksheet: <https://students-residents.aamc.org/media/9711/download>
- Personal Statement
  - Experiences (Personal/patient interactions)
  - Your Story
  - Why that Specialty
  - How are you a good fit
- CAE

# Letters of Recommendation



- Think (and ask?) this year
  - Four
  - Specialty specific
  - Don't have to write them now
- ERAS Process - Summer
  - You create LOR slots (#)
  - Cover sheet
  - Upload

# Letters of Recommendation



- Special Considerations
- Chair Letters
  - Internal Medicine
  - General Surgery
  - OB/GYN
  - Pediatrics (some programs)

# Current Consideration



- Spring Specialty CiM Advisor Meeting
  - Requirements:
    - ✦ ICU Rotation
    - ✦ Externship
    - ✦ Advanced Medical or Surgical Elective
  - Schedule

# Current Considerations



- Spring Specialty CiM Advisor Meeting
  - Timing for Step 2 CK
  - Electives
    - Away Rotations?
    - General Knowledge vs. Focused depth
    - Longitudinal Research
    - Research
- Concierge Advising (Gabrielle, Dr. Hill)

# 2021 Program Directors Survey



- Culture, expectations, values, priorities of each specialty is different
- NRMP Data and reports

<https://www.nrmp.org/main-residency-match-data/>

# NRMP PD Survey 2021



- **Dermatology**

- Research: 70.6%, Rating 3.5
- LORS: 100%, Rating 4.6
- Audition Elective: 47.1%, Rating 4.1

- **Orthopedics**

- Research: 61.1%, Rating 3.8
- LORS: 88.9%, Rating 4.4
- Audition Elective: 61%, Rating 4.5

- **Otolaryngology**

- Research: 78.6%, Rating 4.4
- LORS: 96%, Rating 4.5
- Audition Elective: 53.6%, Rating 4.2

## **All Specialties Data**

Research: 41.1%, 3.6

LORS: 85.1%, 4.2

Audition Elective:  
44.8%, 4.2

# NRMP PD Survey 2021



- **Emergency Medicine**

- Research: 36.5%, 3.4
- LORS: 90.5%, 4.8
- Audition Elective: 63.5%, 4.6

- **Plastics**

- Research: 80%, Rating 4.2
- LORS: 85.1%, Rating 5.0
- Audition Elective: 44.8%, Rating 4.3

- **General Surgery**

- Research: 63%, Rating 3.9
- LORS: 93.4%, Rating 4.3
- Audition Elective: 32.9%, Rating 4.0

## **All Specialties Data**

Research: 41.1%, 3.6

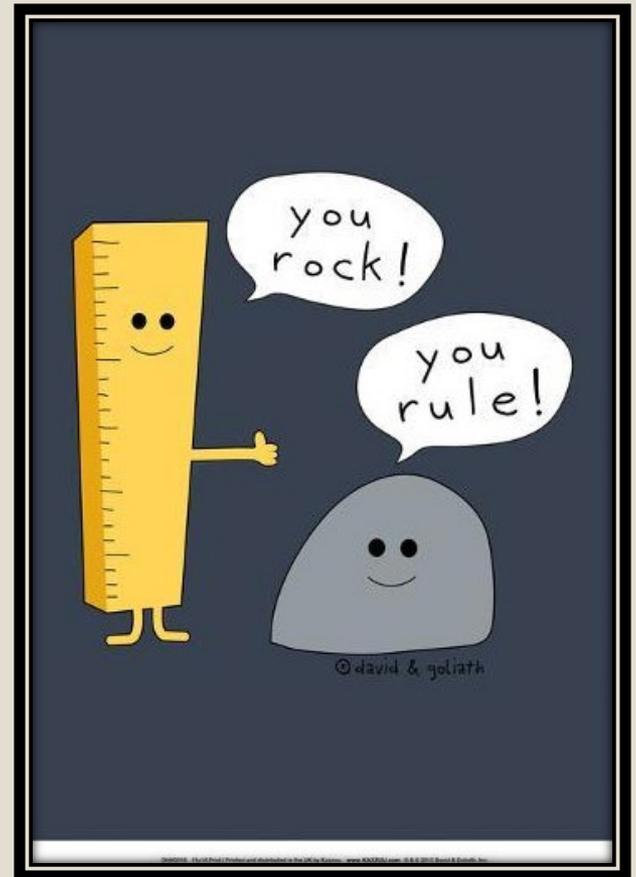
LORS: 85.1%, 4.2

Audition Elective:  
44.8%, 4.2

# Data...it Rocks & Rules



- NRMP Charting Outcomes
- NRMP PD Survey
- NRMP Match results
- MUSC MFTM
- Alumni Match data
- Residency Explorer
- Texas Star Data





# We are here for you!

