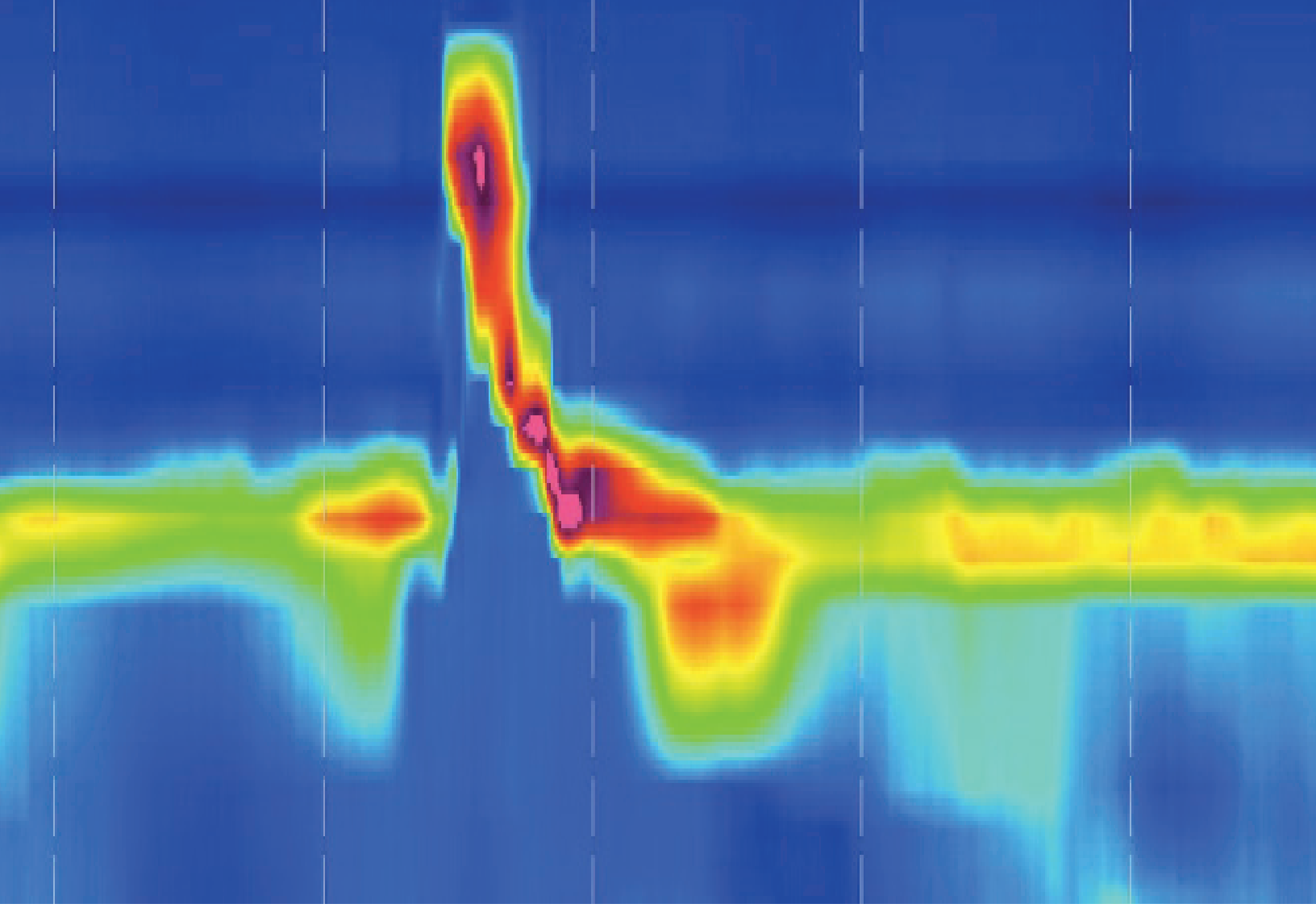


**The Medical University of South Carolina**
**Department of Otolaryngology – Head & Neck Surgery**

# The Charleston Pharyngoesophageal Manometry Training Program

January 31 - February 1, 2025

**FRIDAY LECTURES: In-Person & Virtual Live Stream**
Hyatt Place Towne Centre Mt. Pleasant, SC

**SATURDAY LAB SESSIONS: In-Person Only** - *Limited to the first 24 registrants!*
MUSC Health East Cooper Medical Pavilion

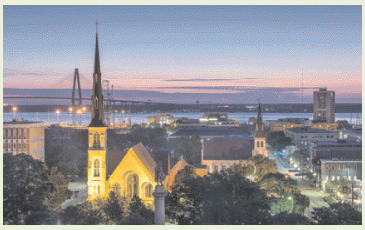
**Course Director: Ashli K. O'Rourke, M.D.**
Evelyn Trammell Institute for Voice and Swallowing

MUSC
Medical University
of South Carolina

# The Charleston Pharyngoesophageal Manometry Training Program

## Medical University of South Carolina | Otolaryngology - Head & Neck Surgery

This 1.5 day introductory/ intermediate program, designed for speech language-pathologists and physicians, will consist of didactic sessions to introduce participants to the basics of high-resolution pharyngeal manometry (HRPM). Hands on training experiences and case based examples will then serve to expand participants' understanding of the clinical applications of HRPM. Both pharyngeal and esophageal examinations as well as adult and pediatric populations will be covered. We will focus on the diagnostic and therapeutic capabilities of HRPM as well as protocols for pharyngeal dysphagia patients.



### Charleston

**#1 Best US City (10th year)**
**#23 World's Best City**
*Travel & Leisure 2022*

**#1 U.S. Small City**
**Listed 11 years running!**
*Condé Nast Traveler Readers' Choice Awards 2022*

## MUSC Course Director

**Ashli K. O'Rourke, M.D.**
Professor and Director of Laryngology
Mark & Evelyn Trammell Endowed Chair in Otolaryngology
Evelyn Trammell Institute for Voice and Swallowing

## MUSC Course Co-Director

**Kate W. Davidson, MS, CCC-SLP**
Speech-Language Pathologist, Research Associate

## Guest Speakers

**Gregory N. Postma, M.D.**
Professor and Vice Chairman
Department of Otolaryngology-Head & Neck Surgery
Medical College of Georgia at Augusta University

**Nancy Swiader, D.O.**
Assistant Professor
Department of Pediatrics
Division of Gastroenterology and Nutrition
Medical University of South Carolina

## MUSC Faculty

**Maris Krekelberg, MS, CCC-SLP**
Speech-Language Pathologist, Research Associate

**Kirsten Meenan, M.D.**
Assistant Professor
Department of Otolaryngology-Head & Neck Surgery
Division of Laryngology/Voice & Swallowing

**Melissa Walser, MSPAS, PA-C**
Department of Otolaryngology-Head & Neck Surgery
Division of Laryngology/Voice & Swallowing

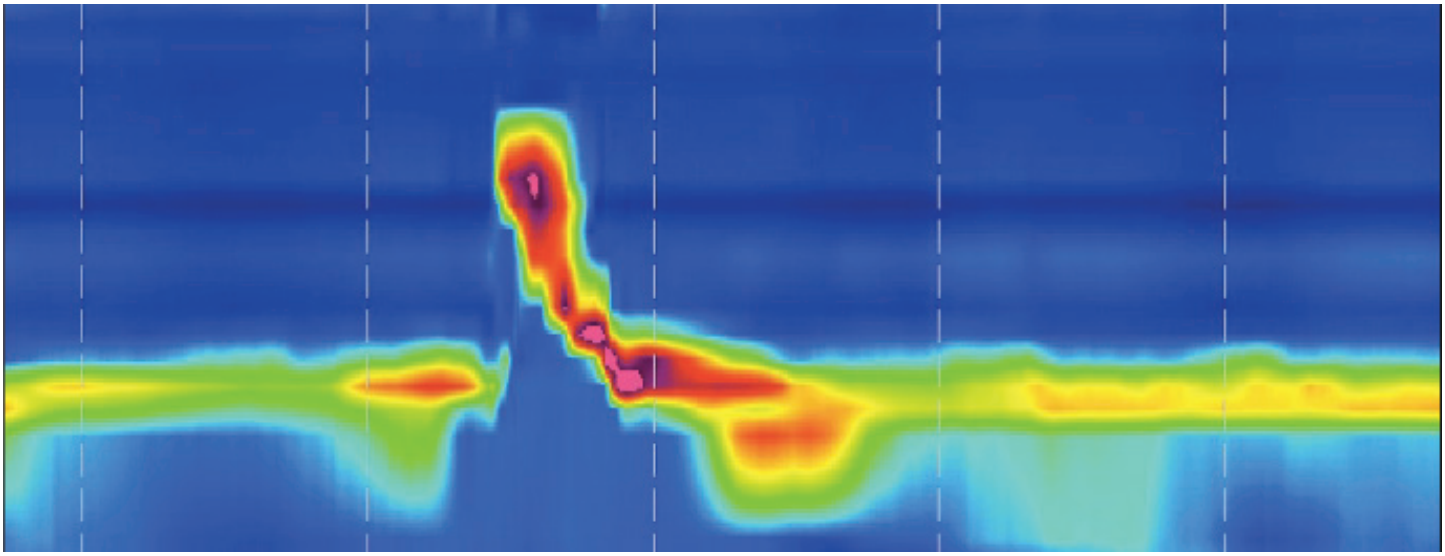
## Learning Objectives

Upon completion, the participant should be better able to:

- Name at least two potential benefits of incorporating HRPM into laryngology and/or speech pathology clinical practices.
- Identify normal versus abnormal pharyngeal patterns on high resolution pharyngeal manometry tracings.
- Identify basic pharyngeal regions using HRPM.
- Explain the role of manometry in the diagnosis of dysphagia for children.
- Identify patient populations that are appropriate for manometric studies.
- Explain the role of HRPM in the evaluation and treatment of swallowing disorders.

# 2025 Program Overview

**Charleston, SC | Also Virtual Live Stream***



HRPM is an emerging technology that is changing the diagnosis and management of pharyngeal dysphagia in exciting ways.

## Accreditation

The Medical University of South Carolina is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

## Physician Credit Statement

The Medical University of South Carolina designates this live activity for a maximum of 13 *AMA PRA Category 1 Credit(s)™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

ASHA CE APPROVED PROVIDER | Medical University of South Carolina

## Credit Designation

**Intermediate Level**
**___ ASHA CEUs**

___ credits for lectures in person or virtual*
___ credits for lectures + lab in person only

*Live Stream is for Friday lectures only

## Americans with Disabilities Act

It is the policy of the Medical University of South Carolina not to discriminate against any person on the basis of disabilities. If you feel you need services or the auxiliary aids mentioned in this act in order to fully participate in this continuing medical education activity, please call the Department of Otolaryngology – Head and Neck Surgery at 843-876-0943 or attach a note to your registration.

## Disclosure

In accordance with the ACCME Standards for Integrity and Independence in Accredited Continuing Education anyone involved in planning or presenting this educational activity will be required to isclose any fnancial relationships with any ineligible companies. An ineligible company is any entity whose primary business is producing, marketing, selling, reselling, or distributing healthcare products used by or on patients. Any fnancial relationships with these ineligible companies have been mitigated by the MUSC Office of CME. Speakers who incorporate information about of-label or investigational use of drugs or devices will be asked to disclose that information at the beginning of their presentation.

MUSC
Medical University of South Carolina

# Friday Lectures | In-Person & Live Stream - Hyatt Place Towne Center, Mt. Pleasant

# Saturday Hands-On Labs | In-Person Only

## FRIDAY, JANUARY 31

| | | |
|---|---|---|
| 7:30 to 8:00 a.m. | Registration and Breakfast with Exhibitors | |
| 8:00 to 8:15 a.m. | Introduction to Manometry | Ashli K. O'Rourke, M.D. |
| 8:15 to 9:00 a.m. | The Basics of Manometry & Impedance | Gregory N. Postma, M.D. |
| 9:00 to 10:00 a.m. | Normal Manometric Pharyngeal Swallowing | Kate W. Davidson, MS, CCC-SLP |
| 10:00 to 10:15 a.m. | Break | |
| 10:15 to 11:15 a.m. | Normal Manometric Esophageal Swallowing | Ashli K. O'Rourke, M.D. |
| 11:15 to 11:45 a.m. | Lunch (provided on site) | |
| 11:45 to 12:45 p.m. | The Interpretation of Abnormal Pharyngeal Manometry | Ashli K. O'Rourke, M.D. |
| 12:45 to 1:30 p.m. | The Interpretation of Abnormal Esophageal Manometry | Gregory N. Postma, M.D. |
| 1:30 to 1:45 p.m. | Break | |
| 1:45 to 2:45 p.m. | The Pediatric Perspective on Pharyngeal Manometry | Nancy Swiader, D.O. |
| 2:45 to 3:45 p.m. | Pharyngeal Manometry as a Biofeedback Tool | Kate Davidson, M.D |
| 3:45 to 4:45 p.m. | Case Presentations | Maris Krekelberg & Kate Davidson |
| 4:45 to 5:00 p.m. | Questions | All faculty |
| 5:00 p.m. | Adjourn -Thank you! | |

## SATURDAY, FEBRUARY 1

| | | |
|---|---|---|
| 7:30 to 8:00 a.m. | Registration and Breakfast | |
| 8:00 to 8:30 a.m. | Nuts & Bolts: Setting up the Exam and Avoiding Pitfalls | Melissa Walser, PA-C |

## HANDS-ON LABS

| | |
|---|---|
| 8:30 to 8:45 a.m. | Transition to Groups in Hands-On Labs |
| 8:45 to 10:45 a.m. | Group 1: Software Practice & Interpretation<br>Group 2: Hands on Laboratory Practice |
| 10:45 to 11:00 a.m. | Break |
| 11:00 to 1:00 p.m. | Group 1: Hands on Laboratory Practice<br>Group 2: Software Practice & Interpretation |
| 1:00 to 1:15 p.m. | Adjourn - Thank you! |

# The Charleston Pharyngoesophageal Manometry Training Program

January 31 - February 1, 2025 | Charleston, SC & Virtual Live Stream

Hyatt Place Towne Centre, Mt. Pleasant | MUSC Health East Cooper Medical Pavilion

Medical University of South Carolina | Department of Otolaryngology - Head & Neck Surgery

## Registration

***For easy online registration please go to: **https://cmetracker.net/MUSC/Publisher?page=pubOpen#/EventID/2367025*****

Name _____ Preferred name for name badge_____

Address _____

City_____ State_____ Zip _____

E-mail address_____ Telephone _____

Practice name _____

I am an ___ MD ___DO ___NP ___PA ___SLP ___RN ___Other_____

Specialty _____

It's OK to share my name, city & state with the conference commercial supporters ____ Yes ____ No

| | Early Bird through 11/15/24 | Regular 11/16/24 - 12/31/24 | Late 1/1- 1/30/25 |
|---|---|---|---|
| **Friday Lectures** | | | |
| ❑ **In-Person:** Includes tuition, electronic syllabus, breakfasts, Friday lunch, and network reception | $375.00 | $400.00 | $425.00 |
| ❑ **Virtual:** Includes tuition for live stream, electronic syllabus | $375.00 | $400.00 | $425.00 |
| **Saturday Lab** ***Register early - limited to 24 seats - first come first served!*** | | | |
| ❑ **In-Person only** Includes hands on lab | $225.00 | $250.00 | $275.00 |

❑ Dietary restrictions: _____

## Payment must accompany registration

Check payable to: Medical University of South Carolina
Mail to:
MUSC Office of CME
96 Jonathan Lucas Street
HE601, MSC 754
Charleston, SC 29425

Register online if paying by credit card.

For additional conference information:
843-876-1925 | cmeoffice@musc.edu

## Cancellations

Refunds for cancellation can be given if requested in writing before December 31, 2024. A $100.00 administrative fee will be retained if you cancel. **No refunds will be made on or after December 31, 2024.**

This conference is subject to cancellation and if this should happen, persons registered for this conference will be notified by telephone, using the telephone number listed on the registration form. Registration fees will be refunded in full. In the event of cancellation, MUSC cannot be responsible for airline tickets or travel expenses of any nature.

# The Charleston Pharyngoesophageal Manometry Training Program

## Medical University of South Carolina | Otolaryngology - Head & Neck Surgery

**Ashli O'Rourke, M.S., M.D.** is a Professor and Director of Laryngology in the Department of Otolaryngology - Head & Neck Surgery (O-HNS) at the Medical University of South Carolina. She began her professional career as a speech-language pathologist (SLP), earning her master's degree in Speech-Language Pathology and Audiology from Florida State University. After more than seven years of clinical speech therapy practice at Emory University Hospital, she attended medical school at the Medical College of Georgia. She completed her residency in Otolaryngology – Head and Neck Surgery at the University of Virginia in Charlottesville and her fellowship in Laryngology – Voice and Swallowing disorders at the Medical College of Georgia. She is board certified through the American Board of Otolaryngology and serves as a Senior Examiner for the Board. She is a Councilor on the Board of Directors for the Dysphagia Research Society and holds the Mark & Evelyn Trammell Endowed Chair in Otolaryngology.

**Gregory N. Postma, M.D.** is a Professor in the Department of O-HNS at the Medical College of Georgia of Augusta University and is the Director of the Center for Voice, Airway and Swallowing Disorders since 2005.

In 1984, Dr. Postma received his medical degree from Hahnemann University in Philadelphia and he completed his residency in Otolaryngology at the University of North Carolina at Chapel Hill in 1993. He took a fellowship in laryngology and professional voice at Vanderbilt University and joined the faculty at Wake Forest in 1996.

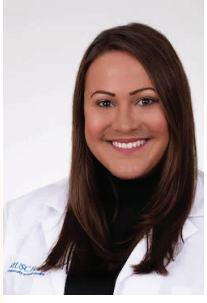
He is the author or co-author of more than 110 peer-reviewed publications, edited three books, and has written 60 chapters and invited articles. He has given more than 600 presentations on a wide array of laryngologic topics. He has been selected as one of America's Top Doctors, a reference that identifies the top one percent of physicians in the nation for the past 20 years.

**Kate W. Davidson, MS, CCC-SLP** is a speech-language pathologist and research associate at MUSC. She is Assistant Lab Director of the Swallowing Cross-System Collaborative at Northwestern University in Evanston, Illinois. She received her Master's degree in Communication Sciences and Disorders from MUSC in 2010 and completed her Clinical Fellowship at MUSC in 2011.

**Nancy Swiader, D.O.** is a Clinical Assistant Professor at MUSC. She specializes in Pediatric Gastroenterology. She attended medical school at Midwestern University and Arizona Colllege of Osteopathic Medicine. She completed her Residency at Barbara Bush Children's Hospital and her Fellowship at Nationwide Children's Hospital.

**Maris Krekelberg, MS, CCC-SLP** is a speech-language pathologist and research associate at MUSC. She earned her Master's degree in Speech-Language Pathology from the University of Arizona in 2022 and completed her Clinical Fellowship at Wake Forest Baptist Voice and Swallowing Center in 2023.

**Melissa Walser, PA-C.** is a Physician Assistant in the Department of Otolaryngology-Head and Neck Surgery at MUSC. She received her Bachelor of Science degree in Biology at the University of South Carolina and her Master of Science in Physician Assistant Studies at South University in West Palm Beach, FL. She is board certified under the NCCPA.



**Kirsten Meenan, M.D.** is an Assistant Professor of Laryngology in the Department of Otolaryngology - Head and Neck Surgery at the MUSC. She attended medical school at Drexel University College of Medicine and completed her residency in Otolaryngology - Head and Neck Surgery at the University of Maryland. She completed her laryngology fellowship at the University of California, Los Angeles under the direction of Drs. Gerald Berke and Dinesh Chhetri. She is certified by the American Board of Otolaryngology.